

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|-------|--------------------------------|--------|--------|--------|--------|--------|--------|--------|---------|--------|--------|--------|--------|
| Bahn 01 (72) | | | 5,2 km 155 Hm 22 Posten | | | | | | | | | | | | |
| | | | 1(31) | 2(32) | 3(33) | 4(34) | 5(35) | 6(36) | 7(37) | 8(52) | 9(38) | 10(39) | 11(40) | 12(41) | 13(42) |
| | | | 14(43) | 15(44) | 16(45) | 17(46) | 18(47) | 19(48) | 20(49) | 21(50) | 22(100) | Ziel | | | |
| 1 Sören Lösch USV Jena | HE | 33:02 | 1:39 | 3:25 | 4:21 | 5:38 | 8:31 | 9:10 | 11:37 | 12:55 | 13:43 | 18:40 | 19:37 | 21:21 | 22:21 |
| | | | 1:39 | 1:46 | 0:56 | 1:17 | 2:53 | 0:39 | 2:27 | 1:18 | 0:48 | 4:57 | 0:57 | 1:44 | 1:00 |
| | | | 23:19 | 24:05 | 26:17 | 27:01 | 27:49 | 30:28 | 31:18 | 32:21 | 32:45 | 33:02 | | | |
| | | | 0:58 | 0:46 | 2:12 | 0:44 | 0:48 | 2:39 | 0:50 | 1:03 | 0:24 | 0:17 | | | |
| 2 Christoph Brandt SSV Planeta Radebeul | HE | 35:59 | 1:37 | 3:35 | 4:36 | 6:59 | 9:50 | 10:28 | 13:10 | 14:20 | 15:21 | 19:33 | 20:43 | 22:33 | 23:34 |
| | | | 1:37 | 1:58 | 1:01 | 2:23 | 2:51 | 0:38 | 2:42 | 1:10 | 1:01 | 4:12 | 1:10 | 1:50 | 1:01 |
| | | | 24:40 | 25:26 | 28:05 | 28:53 | 29:49 | 32:52 | 34:03 | 35:10 | 35:39 | 35:59 | | | |
| | | | 1:06 | 0:46 | 2:39 | 0:48 | 0:56 | 3:03 | 1:11 | 1:07 | 0:29 | 0:20 | | | |
| 3 Sören Riechers Bielefelder TG | HE | 36:51 | 1:48 | 3:48 | 4:36 | 6:22 | 8:57 | 9:40 | 12:37 | 13:52 | 14:42 | 18:29 | 19:30 | 21:17 | 22:16 |
| | | | 1:48 | 2:00 | 0:48 | 1:46 | 2:35 | 0:43 | 2:57 | 1:15 | 0:50 | 3:47 | 1:01 | 1:47 | 0:59 |
| | | | 23:36 | 24:22 | 27:47 | 28:50 | 29:52 | 32:48 | 34:46 | 36:05 | 36:34 | 36:51 | | | |
| | | | 1:20 | 0:46 | 3:25 | 1:03 | 1:02 | 2:56 | 1:58 | 1:19 | 0:29 | 0:17 | | | |
| 4 Teodor Yordanov OC München | HE | 36:59 | 1:45 | 3:52 | 4:37 | 6:02 | 9:18 | 9:58 | 12:27 | 13:36 | 14:32 | 19:10 | 20:10 | 22:13 | 23:19 |
| | | | 1:45 | 2:07 | 0:45 | 1:25 | 3:16 | 0:40 | 2:29 | 1:09 | 0:56 | 4:38 | 1:00 | 2:03 | 1:06 |
| | | | 24:21 | 25:09 | 28:11 | 28:54 | 29:51 | 32:47 | 34:57 | 36:17 | 36:43 | 36:59 | | | |
| | | | 1:02 | 0:48 | 3:02 | 0:43 | 0:57 | 2:56 | 2:10 | 1:20 | 0:26 | 0:16 | | | |
| 5 Bjarne Friedrichs MTV Seesen | HE | 37:29 | 2:22 | 3:59 | 4:48 | 6:07 | 8:44 | 9:33 | 11:59 | 14:08 | 15:06 | 19:37 | 20:30 | 22:34 | 23:36 |
| | | | 2:22 | 1:37 | 0:49 | 1:19 | 2:37 | 0:49 | 2:26 | 2:09 | 0:58 | 4:31 | 0:53 | 2:04 | 1:02 |
| | | | 24:37 | 25:25 | 28:03 | 30:06 | 31:04 | 34:08 | 35:39 | 36:44 | 37:12 | 37:29 | | | |
| | | | 1:01 | 0:48 | 2:38 | 2:03 | 0:58 | 3:04 | 1:31 | 1:05 | 0:28 | 0:17 | | | |
| 6 Paul Lützkendorf OLV Weimar | HE | 37:34 | 1:40 | 3:39 | 4:26 | 5:49 | 8:25 | 9:06 | 13:05 | 14:07 | 15:55 | 19:37 | 20:38 | 23:01 | 24:13 |
| | | | 1:40 | 1:59 | 0:47 | 1:23 | 2:36 | 0:41 | 3:59 | 1:02 | 1:48 | 3:42 | 1:01 | 2:23 | 1:12 |
| | | | 25:45 | 26:37 | 29:28 | 30:21 | 31:14 | 34:29 | 35:42 | 36:47 | 37:17 | 37:34 | | | |
| | | | 1:32 | 0:52 | 2:51 | 0:53 | 0:53 | 3:15 | 1:13 | 1:05 | 0:30 | 0:17 | | | |
| 7 Christoph Prunsche TuS Lübbecke | HE | 38:47 | 2:04 | 3:57 | 4:49 | 6:09 | 9:11 | 9:53 | 12:26 | 13:31 | 14:42 | 20:00 | 21:10 | 24:23 | 25:25 |
| | | | 2:04 | 1:53 | 0:52 | 1:20 | 3:02 | 0:42 | 2:33 | 1:05 | 1:11 | 5:18 | 1:10 | 3:13 | 1:02 |
| | | | 26:28 | 27:22 | 30:06 | 31:22 | 32:22 | 35:52 | 36:53 | 37:55 | 38:28 | 38:47 | | | |
| | | | 1:03 | 0:54 | 2:44 | 1:16 | 1:00 | 3:30 | 1:01 | 1:02 | 0:33 | 0:19 | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|---|-----|-------|---|--------|--------|--------|--------|--------|--------|--------|---------|--------|--------|--------|--------|
| Bahn 01 (72) | | | 5,2 km 155 Hm 22 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(31) | 2(32) | 3(33) | 4(34) | 5(35) | 6(36) | 7(37) | 8(52) | 9(38) | 10(39) | 11(40) | 12(41) | 13(42) |
| | | | 14(43) | 15(44) | 16(45) | 17(46) | 18(47) | 19(48) | 20(49) | 21(50) | 22(100) | Ziel | | | |
| 8 Matthias Kretzschmar Post SV Dresden | HE | 38:58 | 1:46 | 3:27 | 4:14 | 5:30 | 9:57 | 11:22 | 14:06 | 15:20 | 16:30 | 21:06 | 22:02 | 24:11 | 25:17 |
| | | | 1:46 | 1:41 | 0:47 | 1:16 | 4:27 | 1:25 | 2:44 | 1:14 | 1:10 | 4:36 | 0:56 | 2:09 | 1:06 |
| | | | 26:40 | 27:29 | 30:33 | 31:34 | 32:33 | 35:41 | 36:37 | 38:04 | 38:36 | 38:58 | | | |
| | | | 1:23 | 0:49 | 3:04 | 1:01 | 0:59 | 3:08 | 0:56 | 1:27 | 0:32 | 0:22 | | | |
| 9 Philipp Müller Post SV Dresden | HE | 39:44 | 2:11 | 4:05 | 4:55 | 6:11 | 9:32 | 10:08 | 13:45 | 14:39 | 15:27 | 21:42 | 22:36 | 25:43 | 26:40 |
| | | | 2:11 | 1:54 | 0:50 | 1:16 | 3:21 | 0:36 | 3:37 | 0:54 | 0:48 | 6:15 | 0:54 | 3:07 | 0:57 |
| | | | 27:36 | 28:26 | 31:39 | 32:23 | 33:21 | 36:27 | 37:45 | 38:55 | 39:25 | 39:44 | | | |
| | | | 0:56 | 0:50 | 3:13 | 0:44 | 0:58 | 3:06 | 1:18 | 1:10 | 0:30 | 0:19 | | | |
| 10 Felix Späth OLG Siegerland | HE | 39:46 | 1:32 | 3:25 | 4:12 | 5:39 | 8:08 | 8:51 | 13:29 | 14:37 | 15:47 | 22:52 | 24:00 | 26:14 | 27:14 |
| | | | 1:32 | 1:53 | 0:47 | 1:27 | 2:29 | 0:43 | 4:38 | 1:08 | 1:10 | 7:05 | 1:08 | 2:14 | 1:00 |
| | | | 28:19 | 29:13 | 32:05 | 32:51 | 33:46 | 36:52 | 37:49 | 39:03 | 39:31 | 39:46 | | | 13:03 |
| | | | 1:05 | 0:54 | 2:52 | 0:46 | 0:55 | 3:06 | 0:57 | 1:14 | 0:28 | 0:15 | | | |
| 11 Mark Otto Kaulsdorfer OLV | H20 | 40:06 | 1:59 | 4:12 | 5:10 | 6:41 | 9:56 | 10:41 | 13:37 | 14:40 | 15:42 | 20:00 | 21:04 | 23:06 | 24:07 |
| | | | 1:59 | 2:13 | 0:58 | 1:31 | 3:15 | 0:45 | 2:56 | 1:03 | 1:02 | 4:18 | 1:04 | 2:02 | 1:01 |
| | | | 25:11 | 25:59 | 29:30 | 30:24 | 31:55 | 35:43 | 37:24 | 39:17 | 39:48 | 40:06 | | | |
| | | | 1:04 | 0:48 | 3:31 | 0:54 | 1:31 | 3:48 | 1:41 | 1:53 | 0:31 | 0:18 | | | |
| 12 Wieland Kundisch USV TU Dresden | HE | 40:34 | 1:46 | 3:49 | 4:42 | 6:22 | 9:05 | 9:47 | 13:11 | 14:19 | 15:22 | 22:20 | 23:27 | 25:25 | 26:31 |
| | | | 1:46 | 2:03 | 0:53 | 1:40 | 2:43 | 0:42 | 3:24 | 1:08 | 1:03 | 6:58 | 1:07 | 1:58 | 1:06 |
| | | | 27:48 | 28:36 | 31:24 | 33:11 | 34:16 | 37:26 | 38:37 | 39:45 | 40:15 | 40:34 | | | |
| | | | 1:17 | 0:48 | 2:48 | 1:47 | 1:05 | 3:10 | 1:11 | 1:08 | 0:30 | 0:19 | | | |
| 13 Florian Flechsig USV TU Dresden | HE | 41:07 | 2:12 | 3:58 | 5:53 | 8:56 | 13:16 | 13:54 | 16:29 | 17:40 | 18:34 | 23:14 | 24:12 | 26:09 | 27:15 |
| | | | 2:12 | 1:46 | 1:55 | 3:03 | 4:20 | 0:38 | 2:35 | 1:11 | 0:54 | 4:40 | 0:58 | 1:57 | 1:06 |
| | | | 28:18 | 29:07 | 32:08 | 33:16 | 34:56 | 37:57 | 39:02 | 40:23 | 40:49 | 41:07 | | | |
| | | | 1:03 | 0:49 | 3:01 | 1:08 | 1:40 | 3:01 | 1:05 | 1:21 | 0:26 | 0:18 | | | |
| 14 Sebastian Bergmann SV TU Ilmenau | HE | 41:32 | 2:01 | 4:11 | 5:08 | 6:52 | 9:45 | 10:31 | 14:23 | 15:49 | 16:53 | 22:47 | 24:29 | 26:27 | 27:31 |
| | | | 2:01 | 2:10 | 0:57 | 1:44 | 2:53 | 0:46 | 3:52 | 1:26 | 1:04 | 5:54 | 1:42 | 1:58 | 1:04 |
| | | | 28:45 | 29:33 | 32:15 | 32:58 | 33:54 | 37:12 | 39:31 | 40:38 | 41:11 | 41:32 | | | |
| | | | 1:14 | 0:48 | 2:42 | 0:43 | 0:56 | 3:18 | 2:19 | 1:07 | 0:33 | 0:21 | | | |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | | | |
|---------------------|--|-----|---|--------|--------|--------|--------|--------|--------|--------|--------|---------|--------|--------|--------|--------|
| Bahn 01 (72) | | | 5,2 km 155 Hm 22 Posten (Forts.) | | | | | | | | | | | | | |
| | | | | 1(31) | 2(32) | 3(33) | 4(34) | 5(35) | 6(36) | 7(37) | 8(52) | 9(38) | 10(39) | 11(40) | 12(41) | 13(42) |
| | | | | 14(43) | 15(44) | 16(45) | 17(46) | 18(47) | 19(48) | 20(49) | 21(50) | 22(100) | Ziel | | | |
| 15 | Alexander Lubina DJK Adler 07 Bottrop | HE | 41:58 | 1:49 | 3:43 | 4:36 | 6:07 | 8:56 | 9:43 | 12:36 | 13:51 | 15:06 | 19:24 | 20:31 | 23:02 | 24:14 |
| | | | | 1:49 | 1:54 | 0:53 | 1:31 | 2:49 | 0:47 | 2:53 | 1:15 | 1:15 | 4:18 | 1:07 | 2:31 | 1:12 |
| | | | | 25:31 | 26:18 | 31:09 | 32:29 | 33:38 | 36:40 | 37:55 | 41:04 | 41:37 | 41:58 | | | |
| | | | | 1:17 | 0:47 | 4:51 | 1:20 | 1:09 | 3:02 | 1:15 | 3:09 | 0:33 | 0:21 | | | |
| 16 | Florian Pasda USV Jena | H20 | 42:05 | 2:14 | 4:06 | 5:30 | 7:01 | 10:28 | 11:07 | 15:17 | 16:34 | 17:35 | 21:54 | 22:57 | 25:00 | 26:09 |
| | | | | 2:14 | 1:52 | 1:24 | 1:31 | 3:27 | 0:39 | 4:10 | 1:17 | 1:01 | 4:19 | 1:03 | 2:03 | 1:09 |
| | | | | 27:13 | 28:01 | 31:33 | 32:27 | 33:54 | 37:37 | 39:18 | 41:16 | 41:47 | 42:05 | | | |
| | | | | 1:04 | 0:48 | 3:32 | 0:54 | 1:27 | 3:43 | 1:41 | 1:58 | 0:31 | 0:18 | | | |
| 17 | Andrej Sonnenberg Osnabrücker TB | HE | 43:30 | 5:44 | 7:25 | 8:32 | 10:17 | 13:15 | 14:00 | 16:28 | 17:44 | 18:44 | 25:29 | 26:30 | 28:36 | 29:36 |
| | | | | 5:44 | 1:41 | 1:07 | 1:45 | 2:58 | 0:45 | 2:28 | 1:16 | 1:00 | 6:45 | 1:01 | 2:06 | 1:00 |
| | | | | 30:34 | 31:24 | 34:19 | 35:21 | 36:18 | 40:23 | 41:14 | 42:41 | 43:10 | 43:30 | | | |
| | | | | 0:58 | 0:50 | 2:55 | 1:02 | 0:57 | 4:05 | 0:51 | 1:27 | 0:29 | 0:20 | | | |
| 18 | Leo Graumann ESV Lok Berlin-Schöneeweide | H20 | 44:03 | 2:05 | 4:09 | 5:16 | 8:36 | 12:22 | 13:06 | 17:22 | 18:36 | 19:37 | 23:55 | 24:59 | 27:08 | 28:11 |
| | | | | 2:05 | 2:04 | 1:07 | 3:20 | 3:46 | 0:44 | 4:16 | 1:14 | 1:01 | 4:18 | 1:04 | 2:09 | 1:03 |
| | | | | 29:16 | 30:03 | 33:37 | 34:25 | 35:57 | 39:42 | 41:19 | 43:12 | 43:46 | 44:03 | | | |
| | | | | 1:05 | 0:47 | 3:34 | 0:48 | 1:32 | 3:45 | 1:37 | 1:53 | 0:34 | 0:17 | | | |
| 19 | Fabian Kopp TV Oberkirch | HE | 44:18 | 1:52 | 4:10 | 5:02 | 6:39 | 10:15 | 11:06 | 15:49 | 17:20 | 18:47 | 23:12 | 24:33 | 27:32 | 28:57 |
| | | | | 1:52 | 2:18 | 0:52 | 1:37 | 3:36 | 0:51 | 4:43 | 1:31 | 1:27 | 4:25 | 1:21 | 2:59 | 1:25 |
| | | | | 30:13 | 31:09 | 34:34 | 35:56 | 37:02 | 40:38 | 42:09 | 43:32 | 44:01 | 44:18 | | | |
| | | | | 1:16 | 0:56 | 3:25 | 1:22 | 1:06 | 3:36 | 1:31 | 1:23 | 0:29 | 0:17 | | | |
| 20 | Leon Kollenbach Ski-Club Helsa | H20 | 44:47 | 2:01 | 4:14 | 5:21 | 7:26 | 11:11 | 12:04 | 15:05 | 16:26 | 18:02 | 24:07 | 25:19 | 28:29 | 29:39 |
| | | | | 2:01 | 2:13 | 1:07 | 2:05 | 3:45 | 0:53 | 3:01 | 1:21 | 1:36 | 6:05 | 1:12 | 3:10 | 1:10 |
| | | | | 31:06 | 32:03 | 35:42 | 36:52 | 38:02 | 41:22 | 42:50 | 43:58 | 44:27 | 44:47 | | | |
| | | | | 1:27 | 0:57 | 3:39 | 1:10 | 1:10 | 3:20 | 1:28 | 1:08 | 0:29 | 0:20 | | | |
| 21 | Immanuel Berger Gundelfinger Turnerschaft | HE | 44:49 | 2:03 | 3:55 | 5:57 | 7:41 | 10:30 | 11:08 | 14:46 | 16:54 | 18:02 | 23:21 | 24:51 | 28:18 | 29:18 |
| | | | | 2:03 | 1:52 | 2:02 | 1:44 | 2:49 | 0:38 | 3:38 | 2:08 | 1:08 | 5:19 | 1:30 | 3:27 | 1:00 |
| | | | | 30:27 | 31:32 | 34:12 | 37:25 | 38:20 | 41:47 | 42:51 | 44:00 | 44:32 | 44:49 | | | |
| | | | | 1:09 | 1:05 | 2:40 | 3:13 | 0:55 | 3:27 | 1:04 | 1:09 | 0:32 | 0:17 | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|---|-----|-------|---|--------|--------|--------|--------|--------|--------|--------|---------|--------|--------|--------|--------|
| Bahn 01 (72) | | | 5,2 km 155 Hm 22 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(31) | 2(32) | 3(33) | 4(34) | 5(35) | 6(36) | 7(37) | 8(52) | 9(38) | 10(39) | 11(40) | 12(41) | 13(42) |
| | | | 14(43) | 15(44) | 16(45) | 17(46) | 18(47) | 19(48) | 20(49) | 21(50) | 22(100) | Ziel | | | |
| 22 Arne Fuchs OLG Siegerland | H20 | 45:53 | 2:19 | 4:35 | 5:30 | 7:11 | 10:39 | 11:30 | 14:13 | 15:52 | 17:00 | 23:55 | 25:29 | 27:42 | 28:50 |
| | | | 2:19 | 2:16 | 0:55 | 1:41 | 3:28 | 0:51 | 2:43 | 1:39 | 1:08 | 6:55 | 1:34 | 2:13 | 1:08 |
| | | | 30:06 | 31:07 | 35:09 | 36:03 | 37:57 | 41:55 | 43:28 | 44:57 | 45:34 | 45:53 | 4:11 | | |
| | | | 1:16 | 1:01 | 4:02 | 0:54 | 1:54 | 3:58 | 1:33 | 1:29 | 0:37 | 0:19 | *53 | | |
| 23 Valtteri Kolehmainen OLG Regensburg | HE | 45:58 | 2:16 | 4:37 | 5:31 | 7:11 | 10:53 | 12:39 | 15:36 | 16:58 | 18:05 | 24:42 | 25:42 | 29:58 | 31:05 |
| | | | 2:16 | 2:21 | 0:54 | 1:40 | 3:42 | 1:46 | 2:57 | 1:22 | 1:07 | 6:37 | 1:00 | 4:16 | 1:07 |
| | | | 32:29 | 33:31 | 36:25 | 37:36 | 38:41 | 42:07 | 43:41 | 45:06 | 45:41 | 45:58 | 28:58 | | |
| | | | 1:24 | 1:02 | 2:54 | 1:11 | 1:05 | 3:26 | 1:34 | 1:25 | 0:35 | 0:17 | *58 | | |
| 24 Toby Scott OLV Steinberg | HE | 46:01 | 1:52 | 3:42 | 4:31 | 6:10 | 9:07 | 9:55 | 13:09 | 15:52 | 16:48 | 21:13 | 22:22 | 25:24 | 26:34 |
| | | | 1:52 | 1:50 | 0:49 | 1:39 | 2:57 | 0:48 | 3:14 | 2:43 | 0:56 | 4:25 | 1:09 | 3:02 | 1:10 |
| | | | 27:54 | 28:55 | 32:29 | 37:25 | 39:09 | 42:37 | 43:48 | 45:08 | 45:41 | 46:01 | 27:34 | | |
| | | | 1:20 | 1:01 | 3:34 | 4:56 | 1:44 | 3:28 | 1:11 | 1:20 | 0:33 | 0:20 | *117 | | |
| 25 Daniel Janischowsky OLG Regensburg | H20 | 46:21 | 2:16 | 4:28 | 5:20 | 7:12 | 10:43 | 11:37 | 14:39 | 16:05 | 17:38 | 23:18 | 24:35 | 28:35 | 29:52 |
| | | | 2:16 | 2:12 | 0:52 | 1:52 | 3:31 | 0:54 | 3:02 | 1:26 | 1:33 | 5:40 | 1:17 | 4:00 | 1:17 |
| | | | 31:23 | 32:18 | 36:36 | 37:37 | 38:38 | 42:21 | 44:22 | 45:31 | 46:03 | 46:21 | | | |
| | | | 1:31 | 0:55 | 4:18 | 1:01 | 1:01 | 3:43 | 2:01 | 1:09 | 0:32 | 0:18 | | | |
| 26 Andrei Kraemer Post SV Dresden | HE | 46:47 | 2:04 | 4:03 | 4:52 | 6:21 | 9:21 | 10:04 | 15:17 | 20:32 | 21:28 | 25:31 | 26:48 | 30:12 | 31:17 |
| | | | 2:04 | 1:59 | 0:49 | 1:29 | 3:00 | 0:43 | 5:13 | 5:15 | 0:56 | 4:03 | 1:17 | 3:24 | 1:05 |
| | | | 32:42 | 33:38 | 37:24 | 39:10 | 40:12 | 43:42 | 44:41 | 45:56 | 46:29 | 46:47 | | | |
| | | | 1:25 | 0:56 | 3:46 | 1:46 | 1:02 | 3:30 | 0:59 | 1:15 | 0:33 | 0:18 | | | |
| 27 Karsten Leideck USV TU Dresden | HE | 47:01 | 2:13 | 4:12 | 5:08 | 6:56 | 12:55 | 13:34 | 16:39 | 18:19 | 19:27 | 23:59 | 25:03 | 28:21 | 29:26 |
| | | | 2:13 | 1:59 | 0:56 | 1:48 | 5:59 | 0:39 | 3:05 | 1:40 | 1:08 | 4:32 | 1:04 | 3:18 | 1:05 |
| | | | 30:35 | 31:25 | 34:40 | 38:09 | 40:10 | 43:40 | 44:59 | 46:05 | 46:41 | 47:01 | | | |
| | | | 1:09 | 0:50 | 3:15 | 3:29 | 2:01 | 3:30 | 1:19 | 1:06 | 0:36 | 0:20 | | | |
| 28 Wolfram Pohl TV 1894 Coburg-Neuses | H20 | 47:25 | 2:23 | 4:48 | 5:44 | 8:06 | 11:39 | 12:28 | 16:11 | 18:10 | 19:15 | 24:18 | 25:32 | 29:54 | 31:23 |
| | | | 2:23 | 2:25 | 0:56 | 2:22 | 3:33 | 0:49 | 3:43 | 1:59 | 1:05 | 5:03 | 1:14 | 4:22 | 1:29 |
| | | | 32:37 | 33:43 | 37:18 | 38:46 | 39:47 | 43:28 | 45:23 | 46:36 | 47:09 | 47:25 | | | |
| | | | 1:14 | 1:06 | 3:35 | 1:28 | 1:01 | 3:41 | 1:55 | 1:13 | 0:33 | 0:16 | | | |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | | | |
|---------------------|--|-----|---|--------|--------|--------|--------|--------|--------|--------|--------|---------|--------|--------|--------|--------|
| Bahn 01 (72) | | | 5,2 km 155 Hm 22 Posten (Forts.) | | | | | | | | | | | | | |
| | | | | 1(31) | 2(32) | 3(33) | 4(34) | 5(35) | 6(36) | 7(37) | 8(52) | 9(38) | 10(39) | 11(40) | 12(41) | 13(42) |
| | | | | 14(43) | 15(44) | 16(45) | 17(46) | 18(47) | 19(48) | 20(49) | 21(50) | 22(100) | Ziel | | | |
| 29 | Jan Felix Topp TSV Worpswede | HE | 47:41 | 2:17 | 4:36 | 5:36 | 7:19 | 11:08 | 11:54 | 15:38 | 16:55 | 18:07 | 24:37 | 25:46 | 29:25 | 30:34 |
| | | | | 2:17 | 2:19 | 1:00 | 1:43 | 3:49 | 0:46 | 3:44 | 1:17 | 1:12 | 6:30 | 1:09 | 3:39 | 1:09 |
| | | | | 31:50 | 32:44 | 36:42 | 38:58 | 40:18 | 43:46 | 45:26 | 46:50 | 47:22 | 47:41 | | | |
| | | | | 1:16 | 0:54 | 3:58 | 2:16 | 1:20 | 3:28 | 1:40 | 1:24 | 0:32 | 0:19 | | | |
| 30 | Christoph Hofmeister MTK Bad Harzburg | HE | 47:43 | 2:11 | 4:15 | 5:29 | 7:00 | 12:39 | 13:30 | 17:21 | 18:46 | 20:32 | 26:03 | 27:15 | 31:32 | 32:45 |
| | | | | 2:11 | 2:04 | 1:14 | 1:31 | 5:39 | 0:51 | 3:51 | 1:25 | 1:46 | 5:31 | 1:12 | 4:17 | 1:13 |
| | | | | 33:58 | 34:54 | 38:06 | 38:59 | 40:05 | 43:45 | 45:25 | 46:47 | 47:23 | 47:43 | | | |
| | | | | 1:13 | 0:56 | 3:12 | 0:53 | 1:06 | 3:40 | 1:40 | 1:22 | 0:36 | 0:20 | | | |
| 31 | Lennart Weckeck SC Klecken | HE | 48:59 | 2:31 | 4:28 | 5:31 | 7:06 | 10:21 | 11:53 | 14:34 | 16:57 | 20:56 | 25:46 | 27:08 | 29:37 | 30:54 |
| | | | | 2:31 | 1:57 | 1:03 | 1:35 | 3:15 | 1:32 | 2:41 | 2:23 | 3:59 | 4:50 | 1:22 | 2:29 | 1:17 |
| | | | | 32:06 | 33:05 | 37:16 | 39:19 | 40:50 | 44:47 | 46:24 | 48:01 | 48:40 | 48:59 | | | |
| | | | | 1:12 | 0:59 | 4:11 | 2:03 | 1:31 | 3:57 | 1:37 | 1:37 | 0:39 | 0:19 | | | |
| 32 | Philipp Dombert Bielefelder TG | HE | 49:07 | 2:22 | 4:52 | 6:00 | 7:53 | 11:53 | 12:44 | 16:10 | 18:06 | 19:26 | 25:46 | 27:03 | 29:37 | 31:05 |
| | | | | 2:22 | 2:30 | 1:08 | 1:53 | 4:00 | 0:51 | 3:26 | 1:56 | 1:20 | 6:20 | 1:17 | 2:34 | 1:28 |
| | | | | 32:56 | 34:01 | 37:44 | 39:06 | 40:15 | 44:10 | 46:19 | 47:55 | 48:43 | 49:07 | | | |
| | | | | 1:51 | 1:05 | 3:43 | 1:22 | 1:09 | 3:55 | 2:09 | 1:36 | 0:48 | 0:24 | | | |
| 33 | Thomas Rewig USV TU Dresden | HE | 49:14 | 2:37 | 6:53 | 7:55 | 9:34 | 13:06 | 14:17 | 17:29 | 18:55 | 20:02 | 26:41 | 27:50 | 31:31 | 32:48 |
| | | | | 2:37 | 4:16 | 1:02 | 1:39 | 3:32 | 1:11 | 3:12 | 1:26 | 1:07 | 6:39 | 1:09 | 3:41 | 1:17 |
| | | | | 34:25 | 35:25 | 38:44 | 39:33 | 40:37 | 44:02 | 45:47 | 48:12 | 48:55 | 49:14 | | | |
| | | | | 1:37 | 1:00 | 3:19 | 0:49 | 1:04 | 3:25 | 1:45 | 2:25 | 0:43 | 0:19 | | | |
| 34 | Bastian Dumnitz OLV Uslar 1976 | HE | 49:41 | 2:09 | 4:29 | 5:23 | 7:28 | 11:01 | 11:52 | 16:05 | 18:08 | 19:10 | 26:21 | 27:48 | 31:35 | 32:42 |
| | | | | 2:09 | 2:20 | 0:54 | 2:05 | 3:33 | 0:51 | 4:13 | 2:03 | 1:02 | 7:11 | 1:27 | 3:47 | 1:07 |
| | | | | 34:02 | 34:56 | 39:04 | 41:19 | 42:25 | 45:55 | 47:22 | 48:52 | 49:22 | 49:41 | | | |
| | | | | 1:20 | 0:54 | 4:08 | 2:15 | 1:06 | 3:30 | 1:27 | 1:30 | 0:30 | 0:19 | | | |
| 35 | Markus Dresel SC Klecken | HE | 50:04 | 2:08 | 4:35 | 5:41 | 7:08 | 12:10 | 12:57 | 15:56 | 17:44 | 19:56 | 28:32 | 29:37 | 33:54 | 35:37 |
| | | | | 2:08 | 2:27 | 1:06 | 1:27 | 5:02 | 0:47 | 2:59 | 1:48 | 2:12 | 8:36 | 1:05 | 4:17 | 1:43 |
| | | | | 36:38 | 37:33 | 40:28 | 41:30 | 42:37 | 45:59 | 47:14 | 48:56 | 49:45 | 50:04 | | | |
| | | | | 1:01 | 0:55 | 2:55 | 1:02 | 1:07 | 3:22 | 1:15 | 1:42 | 0:49 | 0:19 | | | |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | | | |
|---------------------|---|-----|---|--------|--------|--------|--------|--------|--------|--------|--------|---------|--------|--------|--------|--------|
| Bahn 01 (72) | | | 5,2 km 155 Hm 22 Posten (Forts.) | | | | | | | | | | | | | |
| | | | | 1(31) | 2(32) | 3(33) | 4(34) | 5(35) | 6(36) | 7(37) | 8(52) | 9(38) | 10(39) | 11(40) | 12(41) | 13(42) |
| | | | | 14(43) | 15(44) | 16(45) | 17(46) | 18(47) | 19(48) | 20(49) | 21(50) | 22(100) | Ziel | | | |
| 36 | Magnus Struckmann Braunschweiger MTV | H20 | 51:53 | 2:16 | 4:32 | 5:30 | 7:40 | 12:38 | 13:30 | 17:38 | 20:12 | 21:22 | 29:45 | 31:09 | 33:40 | 34:54 |
| | | | | 2:16 | 2:16 | 0:58 | 2:10 | 4:58 | 0:52 | 4:08 | 2:34 | 1:10 | 8:23 | 1:24 | 2:31 | 1:14 |
| | | | | 36:08 | 37:05 | 41:07 | 42:00 | 43:56 | 47:53 | 49:25 | 50:53 | 51:34 | 51:53 | | | |
| | | | | 1:14 | 0:57 | 4:02 | 0:53 | 1:56 | 3:57 | 1:32 | 1:28 | 0:41 | 0:19 | | | |
| 37 | Marvin Goericke Berliner TSC | HE | 52:36 | 1:41 | 3:19 | 4:03 | 6:00 | 12:49 | 13:27 | 16:17 | 17:38 | 19:19 | 26:04 | 27:20 | 31:04 | 32:16 |
| | | | | 1:41 | 1:38 | 0:44 | 1:57 | 6:49 | 0:38 | 2:50 | 1:21 | 1:41 | 6:45 | 1:16 | 3:44 | 1:12 |
| | | | | 34:18 | 35:27 | 38:26 | 39:52 | 43:02 | 47:01 | 49:34 | 51:23 | 52:08 | 52:36 | | | |
| | | | | 2:02 | 1:09 | 2:59 | 1:26 | 3:10 | 3:59 | 2:33 | 1:49 | 0:45 | 0:28 | | | |
| 38 | Cedric Guthier TSG Bad König | H20 | 52:51 | 2:15 | 4:23 | 5:14 | 6:48 | 13:14 | 15:00 | 18:00 | 20:07 | 21:17 | 26:36 | 27:34 | 30:34 | 31:58 |
| | | | | 2:15 | 2:08 | 0:51 | 1:34 | 6:26 | 1:46 | 3:00 | 2:07 | 1:10 | 5:19 | 0:58 | 3:00 | 1:24 |
| | | | | 33:22 | 34:29 | 38:40 | 41:10 | 45:04 | 49:23 | 50:51 | 52:00 | 52:32 | 52:51 | | | |
| | | | | 1:24 | 1:07 | 4:11 | 2:30 | 3:54 | 4:19 | 1:28 | 1:09 | 0:32 | 0:19 | | | |
| 39 | Daniel Heininger OC München | HE | 53:38 | 3:54 | 6:12 | 7:11 | 8:46 | 13:53 | 14:40 | 17:54 | 19:24 | 20:46 | 27:37 | 28:51 | 32:53 | 34:14 |
| | | | | 3:54 | 2:18 | 0:59 | 1:35 | 5:07 | 0:47 | 3:14 | 1:30 | 1:22 | 6:51 | 1:14 | 4:02 | 1:21 |
| | | | | 35:45 | 36:55 | 41:41 | 43:47 | 45:55 | 49:39 | 51:10 | 52:44 | 53:21 | 53:38 | | | |
| | | | | 1:31 | 1:10 | 4:46 | 2:06 | 2:08 | 3:44 | 1:31 | 1:34 | 0:37 | 0:17 | | | |
| 40 | Roman Schulte-Zurhausen DJK Adler 07 Bottrop | HE | 53:53 | 2:15 | 4:14 | 5:12 | 6:45 | 11:27 | 12:29 | 15:37 | 17:03 | 18:34 | 24:50 | 26:15 | 35:44 | 37:01 |
| | | | | 2:15 | 1:59 | 0:58 | 1:33 | 4:42 | 1:02 | 3:08 | 1:26 | 1:31 | 6:16 | 1:25 | 9:29 | 1:17 |
| | | | | 38:24 | 39:37 | 42:51 | 43:41 | 44:51 | 48:16 | 49:50 | 52:22 | 53:11 | 53:53 | | | |
| | | | | 1:23 | 1:13 | 3:14 | 0:50 | 1:10 | 3:25 | 1:34 | 2:32 | 0:49 | 0:42 | | | |
| 41 | Anton Kamolz Post SV Dresden | H20 | 54:32 | 3:53 | 5:48 | 6:43 | 8:37 | 16:09 | 16:51 | 20:27 | 26:38 | 27:30 | 31:59 | 33:02 | 35:04 | 36:19 |
| | | | | 3:53 | 1:55 | 0:55 | 1:54 | 7:32 | 0:42 | 3:36 | 6:11 | 0:52 | 4:29 | 1:03 | 2:02 | 1:15 |
| | | | | 37:19 | 38:05 | 43:03 | 44:08 | 45:30 | 50:43 | 52:09 | 53:42 | 54:15 | 54:32 | | 19:51 | 22:12 |
| | | | | 1:00 | 0:46 | 4:58 | 1:05 | 1:22 | 5:13 | 1:26 | 1:33 | 0:33 | 0:17 | | *57 | *38 |
| 42 | Sebastian Fleiß Berliner TSC | H20 | 54:57 | 2:15 | 4:14 | 5:22 | 6:58 | 11:04 | 11:57 | 15:16 | 16:46 | 20:11 | 30:15 | 31:15 | 36:04 | 37:07 |
| | | | | 2:15 | 1:59 | 1:08 | 1:36 | 4:06 | 0:53 | 3:19 | 1:30 | 3:25 | 10:04 | 1:00 | 4:49 | 1:03 |
| | | | | 38:33 | 39:38 | 43:43 | 45:10 | 46:23 | 50:55 | 52:17 | 53:54 | 54:31 | 54:57 | | | |
| | | | | 1:26 | 1:05 | 4:05 | 1:27 | 1:13 | 4:32 | 1:22 | 1:37 | 0:37 | 0:26 | | | |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | | | |
|---------------------|------------------------------|-----|---|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|--------|--------|--------|
| Bahn 01 (72) | | | 5,2 km 155 Hm 22 Posten (Forts.) | | | | | | | | | | | | | |
| | | | | 1(31) | 2(32) | 3(33) | 4(34) | 5(35) | 6(36) | 7(37) | 8(52) | 9(38) | 10(39) | 11(40) | 12(41) | 13(42) |
| | | | | 14(43) | 15(44) | 16(45) | 17(46) | 18(47) | 19(48) | 20(49) | 21(50) | 22(100) | Ziel | | | |
| 43 | Torben Boell | HE | 55:15 | 3:16 | 5:40 | 6:52 | 9:20 | 13:35 | 14:33 | 18:01 | 19:21 | 20:35 | 27:44 | 29:03 | 35:50 | 37:04 |
| | TSC Eintracht Dortmund 48/9! | | | 3:16 | 2:24 | 1:12 | 2:28 | 4:15 | 0:58 | 3:28 | 1:20 | 1:14 | 7:09 | 1:19 | 6:47 | 1:14 |
| | | | | 38:22 | 39:45 | 44:15 | 45:28 | 47:15 | 51:17 | 52:47 | 54:15 | 54:57 | 55:15 | | | |
| | | | | 1:18 | 1:23 | 4:30 | 1:13 | 1:47 | 4:02 | 1:30 | 1:28 | 0:42 | 0:18 | | | |
| 44 | Colin Vavra | H20 | 56:55 | 2:34 | 5:00 | 6:30 | 8:41 | 12:46 | 14:30 | 19:00 | 20:45 | 23:31 | 30:40 | 31:53 | 37:44 | 39:00 |
| | Gundelfinger Turnerschaft | | | 2:34 | 2:26 | 1:30 | 2:11 | 4:05 | 1:44 | 4:30 | 1:45 | 2:46 | 7:09 | 1:13 | 5:51 | 1:16 |
| | | | | 40:22 | 41:23 | 45:53 | 47:17 | 48:41 | 52:23 | 54:53 | 56:01 | 56:36 | 56:55 | | | |
| | | | | 1:22 | 1:01 | 4:30 | 1:24 | 1:24 | 3:42 | 2:30 | 1:08 | 0:35 | 0:19 | | | |
| 45 | Dean Hagedorn | HE | 57:24 | 2:46 | 5:31 | 6:42 | 8:32 | 13:05 | 14:02 | 18:09 | 20:16 | 21:52 | 31:22 | 33:04 | 36:33 | 38:01 |
| | TuS Lübbecke | | | 2:46 | 2:45 | 1:11 | 1:50 | 4:33 | 0:57 | 4:07 | 2:07 | 1:36 | 9:30 | 1:42 | 3:29 | 1:28 |
| | | | | 39:57 | 41:01 | 45:09 | 47:19 | 49:01 | 53:21 | 54:46 | 56:20 | 57:02 | 57:24 | | | |
| | | | | 1:56 | 1:04 | 4:08 | 2:10 | 1:42 | 4:20 | 1:25 | 1:34 | 0:42 | 0:22 | | | |
| 46 | Niklas Glowka | HE | 57:43 | 2:39 | 5:35 | 6:48 | 9:10 | 13:07 | 14:17 | 19:01 | 20:47 | 22:13 | 30:11 | 31:36 | 35:23 | 36:57 |
| | TSC Eintracht Dortmund 48/9! | | | 2:39 | 2:56 | 1:13 | 2:22 | 3:57 | 1:10 | 4:44 | 1:46 | 1:26 | 7:58 | 1:25 | 3:47 | 1:34 |
| | | | | 38:22 | 39:33 | 43:39 | 44:59 | 47:01 | 51:23 | 52:53 | 56:42 | 57:26 | 57:43 | | | |
| | | | | 1:25 | 1:11 | 4:06 | 1:20 | 2:02 | 4:22 | 1:30 | 3:49 | 0:44 | 0:17 | | | |
| 47 | Jakob Schach | HE | 58:25 | 3:46 | 6:32 | 7:39 | 9:37 | 14:07 | 15:04 | 19:57 | 21:46 | 23:32 | 30:32 | 32:07 | 35:36 | 37:17 |
| | SV Wannweil | | | 3:46 | 2:46 | 1:07 | 1:58 | 4:30 | 0:57 | 4:53 | 1:49 | 1:46 | 7:00 | 1:35 | 3:29 | 1:41 |
| | | | | 39:08 | 40:13 | 44:56 | 45:53 | 47:30 | 52:45 | 54:30 | 57:29 | 58:05 | 58:25 | | | |
| | | | | 1:51 | 1:05 | 4:43 | 0:57 | 1:37 | 5:15 | 1:45 | 2:59 | 0:36 | 0:20 | | | |
| 48 | Christian Duesmann | HE | 59:43 | 2:43 | 5:12 | 6:13 | 8:36 | 16:31 | 17:25 | 21:30 | 23:38 | 25:37 | 32:16 | 33:40 | 37:27 | 38:52 |
| | TuS Lübbecke | | | 2:43 | 2:29 | 1:01 | 2:23 | 7:55 | 0:54 | 4:05 | 2:08 | 1:59 | 6:39 | 1:24 | 3:47 | 1:25 |
| | | | | 40:23 | 41:27 | 45:37 | 47:05 | 48:59 | 53:29 | 54:59 | 58:44 | 59:25 | 59:43 | | | |
| | | | | 1:31 | 1:04 | 4:10 | 1:28 | 1:54 | 4:30 | 1:30 | 3:45 | 0:41 | 0:18 | | | |
| 49 | Stefan Buhler | HE | 1:00:39 | 2:56 | 5:42 | 6:51 | 8:53 | 13:42 | 14:40 | 18:35 | 22:14 | 23:27 | 28:54 | 30:27 | 40:18 | 41:36 |
| | USV TU Dresden | | | 2:56 | 2:46 | 1:09 | 2:02 | 4:49 | 0:58 | 3:55 | 3:39 | 1:13 | 5:27 | 1:33 | 9:51 | 1:18 |
| | | | | 43:03 | 44:20 | 48:35 | 50:01 | 51:25 | 55:22 | 58:05 | 59:43 | 1:00:20 | 1:00:39 | | | |
| | | | | 1:27 | 1:17 | 4:15 | 1:26 | 1:24 | 3:57 | 2:43 | 1:38 | 0:37 | 0:19 | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|---------|---|--------|--------|--------|--------|--------|---------|---------|---------|---------|--------|--------|--------|
| Bahn 01 (72) | | | 5,2 km 155 Hm 22 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(31) | 2(32) | 3(33) | 4(34) | 5(35) | 6(36) | 7(37) | 8(52) | 9(38) | 10(39) | 11(40) | 12(41) | 13(42) |
| | | | 14(43) | 15(44) | 16(45) | 17(46) | 18(47) | 19(48) | 20(49) | 21(50) | 22(100) | Ziel | | | |
| 50 Paul Kossack Post SV Dresden | HE | 1:00:46 | 2:50 | 6:21 | 7:38 | 9:19 | 19:39 | 20:43 | 23:52 | 25:18 | 26:41 | 32:28 | 34:39 | 38:30 | 39:58 |
| | | | 2:50 | 3:31 | 1:17 | 1:41 | 10:20 | 1:04 | 3:09 | 1:26 | 1:23 | 5:47 | 2:11 | 3:51 | 1:28 |
| | | | 41:47 | 42:53 | 47:43 | 49:53 | 52:22 | 56:14 | 58:08 | 59:46 | 1:00:24 | 1:00:46 | | | |
| | | | 1:49 | 1:06 | 4:50 | 2:10 | 2:29 | 3:52 | 1:54 | 1:38 | 0:38 | 0:22 | | | |
| 51 Julian Nürnberger OLG Regensburg | H20 | 1:01:21 | 3:00 | 6:16 | 7:43 | 9:45 | 18:04 | 19:14 | 24:32 | 25:58 | 27:24 | 36:01 | 37:33 | 40:10 | 41:21 |
| | | | 3:00 | 3:16 | 1:27 | 2:02 | 8:19 | 1:10 | 5:18 | 1:26 | 1:26 | 8:37 | 1:32 | 2:37 | 1:11 |
| | | | 43:00 | 44:39 | 48:21 | 49:49 | 51:26 | 56:11 | 58:24 | 1:00:16 | 1:01:01 | 1:01:21 | | | |
| | | | 1:39 | 1:39 | 3:42 | 1:28 | 1:37 | 4:45 | 2:13 | 1:52 | 0:45 | 0:20 | | | |
| 52 Steffen Hartmann TGV Horn | HE | 1:01:30 | 3:11 | 5:43 | 6:52 | 9:17 | 14:55 | 16:06 | 20:22 | 22:12 | 23:50 | 31:27 | 32:59 | 38:30 | 39:57 |
| | | | 3:11 | 2:32 | 1:09 | 2:25 | 5:38 | 1:11 | 4:16 | 1:50 | 1:38 | 7:37 | 1:32 | 5:31 | 1:27 |
| | | | 41:51 | 43:00 | 48:36 | 49:57 | 51:23 | 56:35 | 58:18 | 1:00:19 | 1:01:09 | 1:01:30 | | | |
| | | | 1:54 | 1:09 | 5:36 | 1:21 | 1:26 | 5:12 | 1:43 | 2:01 | 0:50 | 0:21 | | | |
| 53 Fabian Janischowsky OLG Regensburg | H20 | 1:02:03 | 2:24 | 9:25 | 10:28 | 12:33 | 19:12 | 20:23 | 24:06 | 25:41 | 27:11 | 35:08 | 36:32 | 40:49 | 42:26 |
| | | | 2:24 | 7:01 | 1:03 | 2:05 | 6:39 | 1:11 | 3:43 | 1:35 | 1:30 | 7:57 | 1:24 | 4:17 | 1:37 |
| | | | 43:51 | 44:52 | 49:36 | 50:55 | 52:07 | 57:45 | 59:34 | 1:00:58 | 1:01:39 | 1:02:03 | | | |
| | | | 1:25 | 1:01 | 4:44 | 1:19 | 1:12 | 5:38 | 1:49 | 1:24 | 0:41 | 0:24 | | | |
| 54 Nils Holthoff SC Klecken | H20 | 1:02:42 | 4:29 | 7:13 | 9:07 | 11:22 | 16:05 | 17:09 | 23:19 | 25:23 | 27:34 | 36:04 | 37:42 | 40:58 | 42:41 |
| | | | 4:29 | 2:44 | 1:54 | 2:15 | 4:43 | 1:04 | 6:10 | 2:04 | 2:11 | 8:30 | 1:38 | 3:16 | 1:43 |
| | | | 44:17 | 45:20 | 49:32 | 51:02 | 52:53 | 58:05 | 1:00:04 | 1:01:35 | 1:02:22 | 1:02:42 | | | |
| | | | 1:36 | 1:03 | 4:12 | 1:30 | 1:51 | 5:12 | 1:59 | 1:31 | 0:47 | 0:20 | | | |
| 55 Alvar Penning TuS Lübbecke | HE | 1:02:56 | 2:09 | 5:25 | 6:28 | 9:30 | 17:06 | 18:00 | 21:59 | 23:35 | 25:30 | 37:04 | 39:28 | 42:28 | 43:49 |
| | | | 2:09 | 3:16 | 1:03 | 3:02 | 7:36 | 0:54 | 3:59 | 1:36 | 1:55 | 11:34 | 2:24 | 3:00 | 1:21 |
| | | | 45:48 | 46:52 | 51:02 | 52:11 | 53:54 | 58:47 | 1:00:09 | 1:01:49 | 1:02:32 | 1:02:56 | | | |
| | | | 1:59 | 1:04 | 4:10 | 1:09 | 1:43 | 4:53 | 1:22 | 1:40 | 0:43 | 0:24 | | | |
| 56 Patrick Dresel SC Klecken | HE | 1:04:10 | 2:50 | 5:17 | 6:31 | 8:36 | 14:31 | 15:37 | 20:17 | 24:56 | 30:49 | 36:05 | 37:33 | 42:29 | 43:44 |
| | | | 2:50 | 2:27 | 1:14 | 2:05 | 5:55 | 1:06 | 4:40 | 4:39 | 5:53 | 5:16 | 1:28 | 4:56 | 1:15 |
| | | | 45:05 | 46:25 | 49:56 | 52:58 | 54:12 | 58:57 | 1:00:25 | 1:02:44 | 1:03:49 | 1:04:10 | | | 19:06 |
| | | | 1:21 | 1:20 | 3:31 | 3:02 | 1:14 | 4:45 | 1:28 | 2:19 | 1:05 | 0:21 | | | *56 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | | |
|---------------------|--|------|---|--------|---------|---------|---------|---------|---------|---------|---------|---------|--------|--------|--------|-------|
| Bahn 01 (72) | | | 5,2 km 155 Hm 22 Posten (Forts.) | | | | | | | | | | | | | |
| | | | 1(31) | 2(32) | 3(33) | 4(34) | 5(35) | 6(36) | 7(37) | 8(52) | 9(38) | 10(39) | 11(40) | 12(41) | 13(42) | |
| | | | 14(43) | 15(44) | 16(45) | 17(46) | 18(47) | 19(48) | 20(49) | 21(50) | 22(100) | Ziel | | | | |
| 57 | Manuel Reichert SSV Langenhagen | HE | 1:04:30 | 2:48 | 4:56 | 6:04 | 14:53 | 22:04 | 23:12 | 27:12 | 29:33 | 30:58 | 38:20 | 39:55 | 42:49 | 44:20 |
| | | | 2:48 | 2:08 | 1:08 | 8:49 | 7:11 | 1:08 | 4:00 | 2:21 | 1:25 | 7:22 | 1:35 | 2:54 | 1:31 | |
| | | | 46:01 | 46:58 | 50:51 | 51:42 | 52:54 | 58:10 | 59:56 | 1:03:33 | 1:04:10 | 1:04:30 | | | | |
| | | | 1:41 | 0:57 | 3:53 | 0:51 | 1:12 | 5:16 | 1:46 | 3:37 | 0:37 | 0:20 | | | | |
| 58 | Florian Schulte SC Melle 03 | HE | 1:06:51 | 6:10 | 9:02 | 10:01 | 11:53 | 19:58 | 21:50 | 25:18 | 31:00 | 32:58 | 38:50 | 40:15 | 43:39 | 45:07 |
| | | | 6:10 | 2:52 | 0:59 | 1:52 | 8:05 | 1:52 | 3:28 | 5:42 | 1:58 | 5:52 | 1:25 | 3:24 | 1:28 | |
| | | | 46:26 | 47:34 | 52:05 | 53:29 | 54:48 | 59:09 | 1:02:32 | 1:05:55 | 1:06:30 | 1:06:51 | | | | |
| | | | 1:19 | 1:08 | 4:31 | 1:24 | 1:19 | 4:21 | 3:23 | 3:23 | 0:35 | 0:21 | | | | |
| 59 | Daniel Steiger OC München | HE | 1:07:21 | 3:34 | 5:57 | 7:06 | 9:01 | 17:52 | 18:47 | 23:06 | 29:07 | 30:46 | 39:26 | 41:07 | 46:18 | 47:59 |
| | | | 3:34 | 2:23 | 1:09 | 1:55 | 8:51 | 0:55 | 4:19 | 6:01 | 1:39 | 8:40 | 1:41 | 5:11 | 1:41 | |
| | | | 49:53 | 51:04 | 56:33 | 58:01 | 59:25 | 1:03:32 | 1:04:48 | 1:06:24 | 1:07:04 | 1:07:21 | | | | |
| | | | 1:54 | 1:11 | 5:29 | 1:28 | 1:24 | 4:07 | 1:16 | 1:36 | 0:40 | 0:17 | | | | |
| 60 | Bodo Graumann ESV Lok Berlin-Schöneeweide | HE | 1:07:48 | 3:03 | 5:39 | 7:11 | 9:24 | 16:31 | 17:54 | 22:41 | 24:31 | 27:18 | 34:35 | 36:09 | 39:31 | 41:07 |
| | | | 3:03 | 2:36 | 1:32 | 2:13 | 7:07 | 1:23 | 4:47 | 1:50 | 2:47 | 7:17 | 1:34 | 3:22 | 1:36 | |
| | | | 42:59 | 44:18 | 53:02 | 54:55 | 56:31 | 1:02:08 | 1:04:48 | 1:06:50 | 1:07:29 | 1:07:48 | | | | |
| | | | 1:52 | 1:19 | 8:44 | 1:53 | 1:36 | 5:37 | 2:40 | 2:02 | 0:39 | 0:19 | | | | |
| 61 | Olaf Kübler OC München | HE | 1:09:25 | 2:49 | 5:17 | 6:33 | 8:49 | 20:59 | 22:22 | 26:51 | 30:29 | 31:57 | 39:06 | 41:01 | 45:03 | 46:19 |
| | | | 2:49 | 2:28 | 1:16 | 2:16 | 12:10 | 1:23 | 4:29 | 3:38 | 1:28 | 7:09 | 1:55 | 4:02 | 1:16 | |
| | | | 47:52 | 49:46 | 53:49 | 56:37 | 58:23 | 1:02:22 | 1:06:17 | 1:08:14 | 1:09:07 | 1:09:25 | | | | |
| | | | 1:33 | 1:54 | 4:03 | 2:48 | 1:46 | 3:59 | 3:55 | 1:57 | 0:53 | 0:18 | | | | |
| 62 | Jan Schliebener OLV Uslar 1976 | H20 | 1:09:30 | 2:51 | 5:44 | 7:11 | 9:59 | 15:03 | 16:15 | 20:26 | 24:10 | 25:27 | 33:19 | 35:11 | 37:56 | 39:36 |
| | | | 2:51 | 2:53 | 1:27 | 2:48 | 5:04 | 1:12 | 4:11 | 3:44 | 1:17 | 7:52 | 1:52 | 2:45 | 1:40 | |
| | | | 41:27 | 42:54 | 48:59 | 55:45 | 59:04 | 1:04:04 | 1:06:07 | 1:08:16 | 1:09:07 | 1:09:30 | | | | |
| | | | 1:51 | 1:27 | 6:05 | 6:46 | 3:19 | 5:00 | 2:03 | 2:09 | 0:51 | 0:23 | | | | |
| 63 | Tim Jolk Gundelfinger Turnerschaft | H20 | 1:16:03 | 3:40 | 6:17 | 7:19 | 9:04 | 16:27 | 17:07 | 22:06 | 28:50 | 30:34 | 39:23 | 41:06 | 46:48 | 48:45 |
| | | | 3:40 | 2:37 | 1:02 | 1:45 | 7:23 | 0:40 | 4:59 | 6:44 | 1:44 | 8:49 | 1:43 | 5:42 | 1:57 | |
| | | | 51:18 | 52:23 | 1:00:20 | 1:01:39 | 1:03:47 | 1:08:50 | 1:11:48 | 1:14:21 | 1:15:33 | 1:16:03 | | | | |
| | | | 2:33 | 1:05 | 7:57 | 1:19 | 2:08 | 5:03 | 2:58 | 2:33 | 1:12 | 0:30 | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | | |
|---------------------|--|------|---|--------|---------|---------|---------|---------|---------|---------|---------|---------|--------|--------|--------|-------|
| Bahn 01 (72) | | | 5,2 km 155 Hm 22 Posten (Forts.) | | | | | | | | | | | | | |
| | | | 1(31) | 2(32) | 3(33) | 4(34) | 5(35) | 6(36) | 7(37) | 8(52) | 9(38) | 10(39) | 11(40) | 12(41) | 13(42) | |
| | | | 14(43) | 15(44) | 16(45) | 17(46) | 18(47) | 19(48) | 20(49) | 21(50) | 22(100) | Ziel | | | | |
| 64 | Friedmar Richter USV TU Dresden | HE | 1:20:19 | 2:34 | 6:42 | 8:13 | 10:18 | 15:36 | 17:03 | 21:14 | 23:14 | 25:48 | 33:49 | 35:52 | 39:09 | 41:44 |
| | | | 2:34 | 4:08 | 1:31 | 2:05 | 5:18 | 1:27 | 4:11 | 2:00 | 2:34 | 8:01 | 2:03 | 3:17 | 2:35 | |
| | | | 43:31 | 44:42 | 1:03:41 | 1:05:45 | 1:07:06 | 1:11:34 | 1:16:18 | 1:19:04 | 1:19:55 | 1:20:19 | | | | |
| | | | 1:47 | 1:11 | 18:59 | 2:04 | 1:21 | 4:28 | 4:44 | 2:46 | 0:51 | 0:24 | | | | |
| 65 | Sebastian Diehsner TuS Lübbecke | HE | 1:25:00 | 5:06 | 9:09 | 10:29 | 13:15 | 19:30 | 20:53 | 28:17 | 32:41 | 34:43 | 46:57 | 49:42 | 52:53 | 54:40 |
| | | | 5:06 | 4:03 | 1:20 | 2:46 | 6:15 | 1:23 | 7:24 | 4:24 | 2:02 | 12:14 | 2:45 | 3:11 | 1:47 | |
| | | | 56:57 | 58:37 | 1:04:04 | 1:09:31 | 1:11:40 | 1:18:29 | 1:21:29 | 1:23:50 | 1:24:42 | 1:25:00 | | | | |
| | | | 2:17 | 1:40 | 5:27 | 5:27 | 2:09 | 6:49 | 3:00 | 2:21 | 0:52 | 0:18 | | | | |
| | Winfried Schreiber MTK Bad Harzburg | HE | Aufg | 2:11 | 4:35 | 5:36 | 7:14 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- |
| | | | 2:11 | 2:24 | 1:01 | 1:38 | ----- | ----- | ----- | ----- | ----- | ----- | | | | |
| | | | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | | | | | |
| AK | Tim Kühnhold WSV Braunlage | H20 | 1:07:12 | 3:22 | 6:15 | 7:27 | 9:51 | 15:43 | 16:54 | 23:07 | 25:23 | 28:04 | 35:23 | 37:36 | 44:32 | 46:08 |
| | | | 3:22 | 2:53 | 1:12 | 2:24 | 5:52 | 1:11 | 6:13 | 2:16 | 2:41 | 7:19 | 2:13 | 6:56 | 1:36 | |
| | | | 47:51 | 49:16 | 54:20 | 56:00 | 57:37 | 1:02:33 | 1:04:19 | 1:06:10 | 1:06:50 | 1:07:12 | | | | |
| | | | 1:43 | 1:25 | 5:04 | 1:40 | 1:37 | 4:56 | 1:46 | 1:51 | 0:40 | 0:22 | | | | |
| AK | Lukas Schumann OLV Steinberg | H20 | 1:08:54 | 3:02 | 6:57 | 8:03 | 12:09 | 18:02 | 19:12 | 24:53 | 26:23 | 28:48 | 38:07 | 39:47 | 43:03 | 44:33 |
| | | | 3:02 | 3:55 | 1:06 | 4:06 | 5:53 | 1:10 | 5:41 | 1:30 | 2:25 | 9:19 | 1:40 | 3:16 | 1:30 | |
| | | | 46:04 | 47:14 | 52:16 | 53:56 | 55:23 | 1:02:57 | 1:05:33 | 1:07:43 | 1:08:29 | 1:08:54 | | | | |
| | | | 1:31 | 1:10 | 5:02 | 1:40 | 1:27 | 7:34 | 2:36 | 2:10 | 0:46 | 0:25 | | | | |
| AK | Antti Matula Rasti-Nokia (FIN) | HE | 1:09:43 | 5:33 | 7:47 | 11:04 | 13:50 | 17:53 | 18:51 | 22:53 | 25:09 | 32:43 | 40:28 | 42:01 | 48:22 | 49:40 |
| | | | 5:33 | 2:14 | 3:17 | 2:46 | 4:03 | 0:58 | 4:02 | 2:16 | 7:34 | 7:45 | 1:33 | 6:21 | 1:18 | |
| | | | 51:14 | 52:19 | 56:35 | 57:44 | 59:09 | 1:03:27 | 1:06:35 | 1:08:38 | 1:09:21 | 1:09:43 | | | | |
| | | | 1:34 | 1:05 | 4:16 | 1:09 | 1:25 | 4:18 | 3:08 | 2:03 | 0:43 | 0:22 | | | | |
| AK | Thorsten Belde Bundeswehr LL/LTS | HE | 1:19:26 | 2:29 | 8:37 | 9:40 | 13:41 | 21:29 | 22:31 | 36:45 | 40:42 | 41:52 | 49:39 | 50:47 | 55:00 | 56:16 |
| | | | 2:29 | 6:08 | 1:03 | 4:01 | 7:48 | 1:02 | 14:14 | 3:57 | 1:10 | 7:47 | 1:08 | 4:13 | 1:16 | |
| | | | 57:44 | 59:30 | 1:03:46 | 1:05:56 | 1:08:13 | 1:12:20 | 1:16:12 | 1:18:13 | 1:19:08 | 1:19:26 | | | 47:52 | |
| | | | 1:28 | 1:46 | 4:16 | 2:10 | 2:17 | 4:07 | 3:52 | 2:01 | 0:55 | 0:18 | | | *44 | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|---------|---|---------|---------|---------|---------|---------|---------|---------|---------|---------|--------|---------|---------|
| Bahn 01 (72) | | | 5,2 km 155 Hm 22 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(31) | 2(32) | 3(33) | 4(34) | 5(35) | 6(36) | 7(37) | 8(52) | 9(38) | 10(39) | 11(40) | 12(41) | 13(42) |
| | | | 14(43) | 15(44) | 16(45) | 17(46) | 18(47) | 19(48) | 20(49) | 21(50) | 22(100) | Ziel | | | |
| AK Reinhard Schramm Bundeswehr LL/LTS | HE | 1:23:30 | 3:03 | 8:16 | 9:36 | 12:51 | 18:07 | 24:11 | 29:51 | 31:44 | 33:33 | 41:46 | 43:43 | 47:07 | 48:44 |
| | | | 3:03 | 5:13 | 1:20 | 3:15 | 5:16 | 6:04 | 5:40 | 1:53 | 1:49 | 8:13 | 1:57 | 3:24 | 1:37 |
| | | | 51:09 | 52:39 | 1:00:03 | 1:09:50 | 1:12:15 | 1:16:25 | 1:20:14 | 1:22:15 | 1:23:07 | 1:23:30 | | | |
| | | | 2:25 | 1:30 | 7:24 | 9:47 | 2:25 | 4:10 | 3:49 | 2:01 | 0:52 | 0:23 | | | |
| AK Sascha Boeck USV TU Dresden | HE | 1:44:25 | 3:57 | 6:15 | 7:28 | 24:54 | 32:47 | 34:49 | 39:07 | 45:14 | 47:22 | 57:04 | 59:01 | 1:06:22 | 1:07:59 |
| | | | 3:57 | 2:18 | 1:13 | 17:26 | 7:53 | 2:02 | 4:18 | 6:07 | 2:08 | 9:42 | 1:57 | 7:21 | 1:37 |
| | | | 1:10:05 | 1:11:24 | 1:19:46 | 1:29:19 | 1:31:55 | 1:38:12 | 1:40:14 | 1:42:38 | 1:43:55 | 1:44:25 | | | |
| | | | 2:06 | 1:19 | 8:22 | 9:33 | 2:36 | 6:17 | 2:02 | 2:24 | 1:17 | 0:30 | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|-------|--------------------------------|--------|---------|---------|---------|--------|-------|-------|-------|---------|--------|---------|---------|
| Bahn 02 (38) | | | 4,1 km 110 Hm 18 Posten | | | | | | | | | | | | |
| | | | 1(31) | 2(54) | 3(55) | 4(107) | 5(56) | 6(108) | 7(41) | 8(42) | 9(43) | 10(129) | 11(58) | 12(101) | 13(128) |
| | | | 14(124) | 15(48) | 16(135) | 17(138) | 18(100) | Ziel | | | | | | | |
| 1 Resi Rathmann SV Schmalkalden 04 | DE | 32:08 | 2:03 | 5:15 | 6:52 | 8:25 | 10:06 | 11:32 | 15:06 | 16:11 | 17:41 | 19:49 | 20:55 | 22:49 | 24:19 |
| | | | 2:03 | 3:12 | 1:37 | 1:33 | 1:41 | 1:26 | 3:34 | 1:05 | 1:30 | 2:08 | 1:06 | 1:54 | 1:30 |
| | | | 25:24 | 28:29 | 29:42 | 30:59 | 31:50 | 32:08 | | | | | | | |
| | | | 1:05 | 3:05 | 1:13 | 1:17 | 0:51 | 0:18 | | | | | | | |
| 2 Sabine Rothaug OSC Kassel | DE | 33:22 | 2:22 | 5:28 | 7:31 | 9:35 | 11:05 | 12:40 | 16:10 | 17:22 | 19:41 | 20:59 | 22:14 | 24:36 | 26:06 |
| | | | 2:22 | 3:06 | 2:03 | 2:04 | 1:30 | 1:35 | 3:30 | 1:12 | 2:19 | 1:18 | 1:15 | 2:22 | 1:30 |
| | | | 27:13 | 29:52 | 31:03 | 32:10 | 33:02 | 33:22 | | | | | | | |
| | | | 1:07 | 2:39 | 1:11 | 1:07 | 0:52 | 0:20 | | | | | | | |
| 3 Susen Lösch USV Jena | DE | 33:28 | 2:04 | 5:38 | 7:38 | 9:30 | 10:40 | 11:56 | 15:24 | 16:29 | 17:50 | 19:14 | 20:27 | 24:37 | 25:58 |
| | | | 2:04 | 3:34 | 2:00 | 1:52 | 1:10 | 1:16 | 3:28 | 1:05 | 1:21 | 1:24 | 1:13 | 4:10 | 1:21 |
| | | | 26:58 | 30:20 | 31:22 | 32:20 | 33:10 | 33:28 | | | | | | | |
| | | | 1:00 | 3:22 | 1:02 | 0:58 | 0:50 | 0:18 | | | | | | | |
| 4 Anne Kunzendorf Gundelfinger Turnerschaft | DE | 34:11 | 2:31 | 6:01 | 7:50 | 9:43 | 11:10 | 12:55 | 17:11 | 18:20 | 19:46 | 21:36 | 22:51 | 24:59 | 26:25 |
| | | | 2:31 | 3:30 | 1:49 | 1:53 | 1:27 | 1:45 | 4:16 | 1:09 | 1:26 | 1:50 | 1:15 | 2:08 | 1:26 |
| | | | 27:33 | 30:36 | 31:49 | 32:58 | 33:51 | 34:11 | | | | | | | |
| | | | 1:08 | 3:03 | 1:13 | 1:09 | 0:53 | 0:20 | | | | | | | |
| 5 Theresa Flechsig USV TU Dresden | DE | 35:27 | 2:43 | 7:04 | 9:42 | 11:34 | 13:07 | 14:38 | 18:20 | 19:32 | 21:49 | 23:08 | 24:13 | 26:33 | 28:05 |
| | | | 2:43 | 4:21 | 2:38 | 1:52 | 1:33 | 1:31 | 3:42 | 1:12 | 2:17 | 1:19 | 1:05 | 2:20 | 1:32 |
| | | | 29:16 | 32:01 | 33:10 | 34:13 | 35:06 | 35:27 | | | | | | | |
| | | | 1:11 | 2:45 | 1:09 | 1:03 | 0:53 | 0:21 | | | | | | | |
| 6 Josephine Greiner OC München | DE | 35:35 | 2:27 | 6:09 | 8:05 | 9:42 | 11:06 | 13:25 | 17:17 | 18:30 | 19:55 | 21:12 | 22:38 | 24:58 | 26:36 |
| | | | 2:27 | 3:42 | 1:56 | 1:37 | 1:24 | 2:19 | 3:52 | 1:13 | 1:25 | 1:17 | 1:26 | 2:20 | 1:38 |
| | | | 28:20 | 31:30 | 32:55 | 34:11 | 35:15 | 35:35 | | | | | | | |
| | | | 1:44 | 3:10 | 1:25 | 1:16 | 1:04 | 0:20 | | | | | | | |
| 7 Hanka Straube SV Lengefeld | DE | 37:25 | 2:19 | 6:16 | 9:44 | 12:37 | 14:21 | 15:58 | 19:32 | 20:44 | 22:15 | 23:52 | 24:54 | 28:31 | 30:02 |
| | | | 2:19 | 3:57 | 3:28 | 2:53 | 1:44 | 1:37 | 3:34 | 1:12 | 1:31 | 1:37 | 1:02 | 3:37 | 1:31 |
| | | | 31:10 | 34:03 | 35:14 | 36:15 | 37:04 | 37:25 | | | | | | | |
| | | | 1:08 | 2:53 | 1:11 | 1:01 | 0:49 | 0:21 | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|---|---------|--------|---------|---------|---------|--------|-------|-------|-------|---------|--------|---------|---------|
| Bahn 02 (38) | | 4,1 km 110 Hm 18 Posten (Forts.) | | | | | | | | | | | | | |
| | | | 1(31) | 2(54) | 3(55) | 4(107) | 5(56) | 6(108) | 7(41) | 8(42) | 9(43) | 10(129) | 11(58) | 12(101) | 13(128) |
| | | | 14(124) | 15(48) | 16(135) | 17(138) | 18(100) | Ziel | | | | | | | |
| 8 Sieglinde Kundisch USV TU Dresden | DE | 40:15 | 2:45 | 6:19 | 8:36 | 10:07 | 11:56 | 14:06 | 18:04 | 19:14 | 20:34 | 22:20 | 24:19 | 26:49 | 28:51 |
| | | | 2:45 | 3:34 | 2:17 | 1:31 | 1:49 | 2:10 | 3:58 | 1:10 | 1:20 | 1:46 | 1:59 | 2:30 | 2:02 |
| | | | 30:37 | 35:38 | 37:13 | 38:40 | 39:51 | 40:15 | | | | | | | |
| | | | 1:46 | 5:01 | 1:35 | 1:27 | 1:11 | 0:24 | | | | | | | |
| 9 Leonore Winkler USV Jena | D20 | 40:19 | 2:45 | 6:45 | 9:08 | 10:59 | 12:54 | 14:32 | 18:45 | 20:01 | 21:24 | 22:59 | 24:28 | 27:09 | 29:27 |
| | | | 2:45 | 4:00 | 2:23 | 1:51 | 1:55 | 1:38 | 4:13 | 1:16 | 1:23 | 1:35 | 1:29 | 2:41 | 2:18 |
| | | | 31:03 | 34:36 | 37:31 | 38:54 | 39:59 | 40:19 | | | | | | | |
| | | | 1:36 | 3:33 | 2:55 | 1:23 | 1:05 | 0:20 | | | | | | | |
| 10 Anne Heinemann SV Robotron Dresden | DE | 41:43 | 3:11 | 6:46 | 8:32 | 10:11 | 13:57 | 15:50 | 21:01 | 23:15 | 24:56 | 26:54 | 28:36 | 31:10 | 33:01 |
| | | | 3:11 | 3:35 | 1:46 | 1:39 | 3:46 | 1:53 | 5:11 | 2:14 | 1:41 | 1:58 | 1:42 | 2:34 | 1:51 |
| | | | 34:29 | 37:31 | 39:00 | 40:19 | 41:21 | 41:43 | | | | | | | |
| | | | 1:28 | 3:02 | 1:29 | 1:19 | 1:02 | 0:22 | | | | | | | |
| 11 Anna Kraj OLF Mainz | DE | 41:55 | 2:47 | 6:48 | 9:19 | 11:36 | 13:00 | 15:31 | 20:33 | 21:55 | 23:36 | 25:04 | 26:54 | 30:53 | 32:40 |
| | | | 2:47 | 4:01 | 2:31 | 2:17 | 1:24 | 2:31 | 5:02 | 1:22 | 1:41 | 1:28 | 1:50 | 3:59 | 1:47 |
| | | | 34:29 | 37:54 | 39:08 | 40:30 | 41:34 | 41:55 | | | | | | | |
| | | | 1:49 | 3:25 | 1:14 | 1:22 | 1:04 | 0:21 | | | | | | | |
| 12 Ieva Grahl SSV Planeta Radebeul | DE | 43:13 | 2:56 | 7:26 | 9:43 | 11:28 | 13:14 | 14:50 | 18:57 | 20:22 | 21:55 | 23:42 | 25:44 | 28:49 | 31:28 |
| | | | 2:56 | 4:30 | 2:17 | 1:45 | 1:46 | 1:36 | 4:07 | 1:25 | 1:33 | 1:47 | 2:02 | 3:05 | 2:39 |
| | | | 33:24 | 38:04 | 40:08 | 41:42 | 42:52 | 43:13 | | | | | | | |
| | | | 1:56 | 4:40 | 2:04 | 1:34 | 1:10 | 0:21 | | | | | | | |
| 13 Carla Mühlstein OSC Kassel | D20 | 44:06 | 2:58 | 8:00 | 10:17 | 13:39 | 15:17 | 17:05 | 21:24 | 22:51 | 24:38 | 26:35 | 28:14 | 30:50 | 33:42 |
| | | | 2:58 | 5:02 | 2:17 | 3:22 | 1:38 | 1:48 | 4:19 | 1:27 | 1:47 | 1:57 | 1:39 | 2:36 | 2:52 |
| | | | 35:26 | 39:27 | 41:05 | 42:25 | 43:40 | 44:06 | | | | | | | |
| | | | 1:44 | 4:01 | 1:38 | 1:20 | 1:15 | 0:26 | | | | | | | |
| 14 Nina Döllgast MTK Bad Harzburg | DE | 44:14 | 3:32 | 8:03 | 10:43 | 13:02 | 15:01 | 17:16 | 21:41 | 23:15 | 24:59 | 26:51 | 28:41 | 32:18 | 34:15 |
| | | | 3:32 | 4:31 | 2:40 | 2:19 | 1:59 | 2:15 | 4:25 | 1:34 | 1:44 | 1:52 | 1:50 | 3:37 | 1:57 |
| | | | 35:48 | 39:28 | 41:05 | 42:42 | 43:52 | 44:14 | | | | | | | |
| | | | 1:33 | 3:40 | 1:37 | 1:37 | 1:10 | 0:22 | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|-------|---|--------|---------|---------|---------|--------|-------|-------|-------|---------|--------|---------|---------|
| Bahn 02 (38) | | | 4,1 km 110 Hm 18 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(31) | 2(54) | 3(55) | 4(107) | 5(56) | 6(108) | 7(41) | 8(42) | 9(43) | 10(129) | 11(58) | 12(101) | 13(128) |
| | | | 14(124) | 15(48) | 16(135) | 17(138) | 18(100) | Ziel | | | | | | | |
| 15 Sandra Eidmann OL Team Lippe | DE | 44:36 | 3:41 | 8:18 | 10:38 | 12:24 | 14:19 | 17:06 | 22:02 | 23:25 | 25:55 | 27:46 | 29:54 | 33:25 | 35:13 |
| | | | 3:41 | 4:37 | 2:20 | 1:46 | 1:55 | 2:47 | 4:56 | 1:23 | 2:30 | 1:51 | 2:08 | 3:31 | 1:48 |
| | | | 36:50 | 40:16 | 42:05 | 43:21 | 44:17 | 44:36 | | | | | | | |
| | | | 1:37 | 3:26 | 1:49 | 1:16 | 0:56 | 0:19 | | | | | | | |
| 16 Carmen Powik OK Mark Brandenburg | DE | 46:28 | 2:52 | 7:58 | 11:49 | 14:01 | 15:52 | 17:45 | 22:17 | 24:33 | 27:06 | 28:56 | 32:30 | 35:31 | 37:24 |
| | | | 2:52 | 5:06 | 3:51 | 2:12 | 1:51 | 1:53 | 4:32 | 2:16 | 2:33 | 1:50 | 3:34 | 3:01 | 1:53 |
| | | | 38:55 | 42:14 | 43:54 | 45:07 | 46:08 | 46:28 | | | | | | | |
| | | | 1:31 | 3:19 | 1:40 | 1:13 | 1:01 | 0:20 | | | | | | | |
| 17 Helena Olsson SC Klecken | DE | 46:40 | 3:16 | 8:39 | 10:50 | 12:56 | 15:36 | 18:11 | 22:56 | 24:39 | 26:32 | 28:30 | 30:37 | 33:44 | 35:48 |
| | | | 3:16 | 5:23 | 2:11 | 2:06 | 2:40 | 2:35 | 4:45 | 1:43 | 1:53 | 1:58 | 2:07 | 3:07 | 2:04 |
| | | | 37:53 | 42:08 | 43:48 | 45:12 | 46:20 | 46:40 | | | | | | | |
| | | | 2:05 | 4:15 | 1:40 | 1:24 | 1:08 | 0:20 | | | | | | | |
| 18 Corinna Nieke USV TU Dresden | DE | 46:50 | 2:58 | 7:43 | 10:38 | 12:47 | 15:13 | 18:00 | 22:12 | 23:52 | 25:39 | 27:45 | 29:48 | 32:50 | 34:47 |
| | | | 2:58 | 4:45 | 2:55 | 2:09 | 2:26 | 2:47 | 4:12 | 1:40 | 1:47 | 2:06 | 2:03 | 3:02 | 1:57 |
| | | | 37:59 | 42:06 | 43:45 | 45:16 | 46:27 | 46:50 | | | | | | | |
| | | | 3:12 | 4:07 | 1:39 | 1:31 | 1:11 | 0:23 | | | | | | | |
| 19 Alexandra Bartsch Berliner TSC | D20 | 48:27 | 4:05 | 9:39 | 12:54 | 15:59 | 17:59 | 19:47 | 24:09 | 25:46 | 28:09 | 29:45 | 32:20 | 36:02 | 38:06 |
| | | | 4:05 | 5:34 | 3:15 | 3:05 | 2:00 | 1:48 | 4:22 | 1:37 | 2:23 | 1:36 | 2:35 | 3:42 | 2:04 |
| | | | 39:56 | 44:00 | 45:48 | 47:02 | 48:03 | 48:27 | | | | | | | |
| | | | 1:50 | 4:04 | 1:48 | 1:14 | 1:01 | 0:24 | | | | | | | |
| 20 Farina Freigang Bielefelder TG | DE | 48:32 | 2:36 | 6:17 | 8:25 | 10:20 | 13:43 | 18:05 | 25:21 | 26:56 | 28:17 | 30:18 | 31:49 | 35:24 | 37:20 |
| | | | 2:36 | 3:41 | 2:08 | 1:55 | 3:23 | 4:22 | 7:16 | 1:35 | 1:21 | 2:01 | 1:31 | 3:35 | 1:56 |
| | | | 39:01 | 42:32 | 44:21 | 46:48 | 48:10 | 48:32 | | | | | | | |
| | | | 1:41 | 3:31 | 1:49 | 2:27 | 1:22 | 0:22 | | | | | | | |
| 21 Rieke Bruns MTK Bad Harzburg | DE | 49:59 | 3:20 | 9:06 | 12:20 | 14:55 | 17:09 | 19:41 | 25:24 | 27:07 | 29:43 | 31:33 | 33:49 | 37:23 | 39:26 |
| | | | 3:20 | 5:46 | 3:14 | 2:35 | 2:14 | 2:32 | 5:43 | 1:43 | 2:36 | 1:50 | 2:16 | 3:34 | 2:03 |
| | | | 41:04 | 45:18 | 47:09 | 48:33 | 49:38 | 49:59 | | | | | | | |
| | | | 1:38 | 4:14 | 1:51 | 1:24 | 1:05 | 0:21 | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|---------|---|---------|---------|---------|---------|---------|-------|-------|-------|---------|--------|---------|---------|
| Bahn 02 (38) | | | 4,1 km 110 Hm 18 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(31) | 2(54) | 3(55) | 4(107) | 5(56) | 6(108) | 7(41) | 8(42) | 9(43) | 10(129) | 11(58) | 12(101) | 13(128) |
| | | | 14(124) | 15(48) | 16(135) | 17(138) | 18(100) | Ziel | | | | | | | |
| 22 Britta Meißner OLV Landshut | DE | 56:02 | 2:49 | 6:49 | 9:22 | 11:48 | 13:49 | 15:57 | 26:21 | 27:44 | 29:10 | 30:29 | 39:12 | 42:49 | 45:10 |
| | | | 2:49 | 4:00 | 2:33 | 2:26 | 2:01 | 2:08 | 10:24 | 1:23 | 1:26 | 1:19 | 8:43 | 3:37 | 2:21 |
| | | | 48:25 | 51:39 | 53:02 | 54:28 | 55:40 | 56:02 | | 44:33 | | | | | |
| | | | 3:15 | 3:14 | 1:23 | 1:26 | 1:12 | 0:22 | | *47 | | | | | |
| 23 Anicó Kulow Berliner Turnerschaft | DE | 56:37 | 6:18 | 10:57 | 13:26 | 15:45 | 17:47 | 20:13 | 31:38 | 33:01 | 34:56 | 36:47 | 38:25 | 41:29 | 44:13 |
| | | | 6:18 | 4:39 | 2:29 | 2:19 | 2:02 | 2:26 | 11:25 | 1:23 | 1:55 | 1:51 | 1:38 | 3:04 | 2:44 |
| | | | 46:23 | 50:02 | 52:58 | 54:25 | 56:14 | 56:37 | | | | | | | |
| | | | 2:10 | 3:39 | 2:56 | 1:27 | 1:49 | 0:23 | | | | | | | |
| 24 Hannah Kühne SV Mietraching | D20 | 57:03 | 2:31 | 7:36 | 11:02 | 13:53 | 15:43 | 17:25 | 22:22 | 24:09 | 25:47 | 27:42 | 30:25 | 40:14 | 42:10 |
| | | | 2:31 | 5:05 | 3:26 | 2:51 | 1:50 | 1:42 | 4:57 | 1:47 | 1:38 | 1:55 | 2:43 | 9:49 | 1:56 |
| | | | 44:03 | 51:24 | 53:41 | 55:15 | 56:38 | 57:03 | | 34:10 | 48:23 | 49:35 | | | |
| | | | 1:53 | 7:21 | 2:17 | 1:34 | 1:23 | 0:25 | | *134 | *139 | *132 | | | |
| 25 Marcela-Victoria Catalán-Lorc Berliner TSC | DE | 57:47 | 3:04 | 7:40 | 10:27 | 12:47 | 15:14 | 17:33 | 24:21 | 27:21 | 30:19 | 32:42 | 38:49 | 43:27 | 45:22 |
| | | | 3:04 | 4:36 | 2:47 | 2:20 | 2:27 | 2:19 | 6:48 | 3:00 | 2:58 | 2:23 | 6:07 | 4:38 | 1:55 |
| | | | 47:01 | 50:25 | 52:15 | 56:03 | 57:23 | 57:47 | | | | | | | |
| | | | 1:39 | 3:24 | 1:50 | 3:48 | 1:20 | 0:24 | | | | | | | |
| 26 Helen Rendich SV Wannweil | D20 | 1:01:42 | 12:17 | 17:30 | 21:17 | 23:15 | 25:39 | 27:18 | 32:30 | 34:11 | 35:53 | 38:11 | 42:00 | 45:34 | 48:17 |
| | | | 12:17 | 5:13 | 3:47 | 1:58 | 2:24 | 1:39 | 5:12 | 1:41 | 1:42 | 2:18 | 3:49 | 3:34 | 2:43 |
| | | | 50:36 | 56:29 | 58:09 | 59:38 | 1:01:18 | 1:01:42 | | 8:57 | | | | | |
| | | | 2:19 | 5:53 | 1:40 | 1:29 | 1:40 | 0:24 | | *144 | | | | | |
| 27 Natalie Menn OLG Siegerland | DE | 1:02:59 | 3:37 | 10:16 | 15:08 | 17:07 | 22:08 | 24:33 | 31:29 | 33:38 | 36:01 | 37:48 | 40:55 | 45:14 | 47:48 |
| | | | 3:37 | 6:39 | 4:52 | 1:59 | 5:01 | 2:25 | 6:56 | 2:09 | 2:23 | 1:47 | 3:07 | 4:19 | 2:34 |
| | | | 51:35 | 55:48 | 57:39 | 1:00:15 | 1:02:30 | 1:02:59 | | | | | | | |
| | | | 3:47 | 4:13 | 1:51 | 2:36 | 2:15 | 0:29 | | | | | | | |
| 28 Luisa Griesbaum Gundelfinger Turnerschaft | D20 | 1:04:37 | 4:46 | 13:03 | 15:39 | 19:24 | 22:09 | 24:00 | 41:13 | 42:46 | 44:41 | 46:34 | 48:35 | 51:40 | 53:51 |
| | | | 4:46 | 8:17 | 2:36 | 3:45 | 2:45 | 1:51 | 17:13 | 1:33 | 1:55 | 1:53 | 2:01 | 3:05 | 2:11 |
| | | | 55:50 | 1:00:03 | 1:01:50 | 1:03:15 | 1:04:16 | 1:04:37 | | | | | | | |
| | | | 1:59 | 4:13 | 1:47 | 1:25 | 1:01 | 0:21 | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|---------|---|---------|---------|---------|---------|---------|-------|-------|-------|---------|--------|---------|---------|
| Bahn 02 (38) | | | 4,1 km 110 Hm 18 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(31) | 2(54) | 3(55) | 4(107) | 5(56) | 6(108) | 7(41) | 8(42) | 9(43) | 10(129) | 11(58) | 12(101) | 13(128) |
| | | | 14(124) | 15(48) | 16(135) | 17(138) | 18(100) | Ziel | | | | | | | |
| 29 Friederike Graumann ESV Lok Berlin-Schöneweide | DE | 1:05:33 | 7:09 | 12:32 | 15:25 | 18:12 | 21:24 | 28:21 | 33:30 | 35:23 | 37:09 | 39:19 | 42:57 | 47:55 | 50:55 |
| | | | 7:09 | 5:23 | 2:53 | 2:47 | 3:12 | 6:57 | 5:09 | 1:53 | 1:46 | 2:10 | 3:38 | 4:58 | 3:00 |
| | | | 54:09 | 58:25 | 1:01:07 | 1:03:19 | 1:05:02 | 1:05:33 | | | | | | | |
| | | | 3:14 | 4:16 | 2:42 | 2:12 | 1:43 | 0:31 | | | | | | | |
| 30 Julia Penzkofer SV Mietraching | DE | 1:06:13 | 3:30 | 11:25 | 16:04 | 18:42 | 21:37 | 25:49 | 32:38 | 34:31 | 36:48 | 38:46 | 42:47 | 47:04 | 49:49 |
| | | | 3:30 | 7:55 | 4:39 | 2:38 | 2:55 | 4:12 | 6:49 | 1:53 | 2:17 | 1:58 | 4:01 | 4:17 | 2:45 |
| | | | 52:29 | 59:52 | 1:02:11 | 1:04:16 | 1:05:49 | 1:06:13 | | | | | | | |
| | | | 2:40 | 7:23 | 2:19 | 2:05 | 1:33 | 0:24 | | | | | | | |
| 31 Karen Much OLV Uslar 1976 | DE | 1:08:09 | 5:26 | 13:26 | 18:01 | 20:40 | 24:10 | 27:13 | 34:36 | 36:32 | 38:47 | 40:44 | 44:44 | 49:00 | 51:46 |
| | | | 5:26 | 8:00 | 4:35 | 2:39 | 3:30 | 3:03 | 7:23 | 1:56 | 2:15 | 1:57 | 4:00 | 4:16 | 2:46 |
| | | | 54:27 | 1:01:49 | 1:04:13 | 1:06:15 | 1:07:47 | 1:08:09 | | | | | | | |
| | | | 2:41 | 7:22 | 2:24 | 2:02 | 1:32 | 0:22 | | | | | | | |
| 32 Katharina Wilke OLG Regensburg | DE | 1:11:44 | 3:55 | 9:16 | 13:16 | 15:34 | 19:59 | 22:32 | 29:18 | 38:50 | 43:20 | 46:14 | 48:15 | 52:30 | 55:52 |
| | | | 3:55 | 5:21 | 4:00 | 2:18 | 4:25 | 2:33 | 6:46 | 9:32 | 4:30 | 2:54 | 2:01 | 4:15 | 3:22 |
| | | | 59:37 | 1:04:42 | 1:07:02 | 1:09:17 | 1:11:20 | 1:11:44 | | | | | | | |
| | | | 3:45 | 5:05 | 2:20 | 2:15 | 2:03 | 0:24 | | | | | | | |
| 33 Isabell Jänich Kaulsdorfer OLV | DE | 1:11:58 | 3:10 | 8:31 | 11:38 | 14:12 | 18:12 | 20:15 | 26:07 | 27:48 | 29:26 | 31:09 | 39:41 | 43:34 | 46:56 |
| | | | 3:10 | 5:21 | 3:07 | 2:34 | 4:00 | 2:03 | 5:52 | 1:41 | 1:38 | 1:43 | 8:32 | 3:53 | 3:22 |
| | | | 49:46 | 54:05 | 56:03 | 1:10:07 | 1:11:26 | 1:11:58 | | | | | | | |
| | | | 2:50 | 4:19 | 1:58 | 14:04 | 1:19 | 0:32 | | | | | | | |
| 34 Nathalie Staudter TV 05 Bierbach | D20 | 1:12:38 | 3:17 | 9:13 | 12:55 | 23:41 | 25:33 | 28:04 | 35:13 | 36:45 | 38:48 | 41:13 | 43:02 | 50:05 | 53:01 |
| | | | 3:17 | 5:56 | 3:42 | 10:46 | 1:52 | 2:31 | 7:09 | 1:32 | 2:03 | 2:25 | 1:49 | 7:03 | 2:56 |
| | | | 54:53 | 1:07:45 | 1:09:51 | 1:11:18 | 1:12:18 | 1:12:38 | | | | | | | |
| | | | 1:52 | 12:52 | 2:06 | 1:27 | 1:00 | 0:20 | | | | | | | |
| 35 Anne Jurack ESV Lok Magdeburg | DE | 1:18:40 | 4:09 | 10:54 | 13:41 | 16:46 | 18:52 | 21:08 | 41:44 | 43:30 | 45:42 | 47:52 | 52:24 | 55:53 | 58:53 |
| | | | 4:09 | 6:45 | 2:47 | 3:05 | 2:06 | 2:16 | 20:36 | 1:46 | 2:12 | 2:10 | 4:32 | 3:29 | 3:00 |
| | | | 1:06:32 | 1:11:15 | 1:14:49 | 1:16:59 | 1:18:22 | 1:18:40 | | | | | | | |
| | | | 7:39 | 4:43 | 3:34 | 2:10 | 1:23 | 0:18 | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--------------------------------------|-----|---------|---|---------|---------|---------|---------|---------|-------|-------|-------|---------|--------|---------|---------|
| Bahn 02 (38) | | | 4,1 km 110 Hm 18 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(31) | 2(54) | 3(55) | 4(107) | 5(56) | 6(108) | 7(41) | 8(42) | 9(43) | 10(129) | 11(58) | 12(101) | 13(128) |
| | | | 14(124) | 15(48) | 16(135) | 17(138) | 18(100) | Ziel | | | | | | | |
| 36 Emilia Kolehmainen OC München | D20 | 1:22:33 | 4:31 | 11:10 | 15:06 | 25:44 | 27:51 | 30:31 | 36:51 | 38:56 | 41:26 | 44:12 | 49:42 | 56:52 | 1:01:29 |
| | | | 4:31 | 6:39 | 3:56 | 10:38 | 2:07 | 2:40 | 6:20 | 2:05 | 2:30 | 2:46 | 5:30 | 7:10 | 4:37 |
| | | | 1:05:47 | 1:12:26 | 1:17:22 | 1:20:02 | 1:22:04 | 1:22:33 | | | | | | | |
| | | | 4:18 | 6:39 | 4:56 | 2:40 | 2:02 | 0:29 | | | | | | | |
| AK Vivian Lindholm OC München | DE | 50:22 | 3:12 | 10:41 | 12:51 | 14:44 | 17:21 | 19:23 | 24:53 | 28:26 | 30:20 | 32:10 | 35:04 | 37:38 | 40:18 |
| | | | 3:12 | 7:29 | 2:10 | 1:53 | 2:37 | 2:02 | 5:30 | 3:33 | 1:54 | 1:50 | 2:54 | 2:34 | 2:40 |
| | | | 41:43 | 46:04 | 47:34 | 49:02 | 50:00 | 50:22 | | 39:48 | | | | | |
| | | | 1:25 | 4:21 | 1:30 | 1:28 | 0:58 | 0:22 | | *47 | | | | | |
| AK Melanie Günther Kölner OL-Team | DE | 56:06 | 3:54 | 9:29 | 13:28 | 15:51 | 19:15 | 21:32 | 26:57 | 29:43 | 32:04 | 33:47 | 37:06 | 41:12 | 43:51 |
| | | | 3:54 | 5:35 | 3:59 | 2:23 | 3:24 | 2:17 | 5:25 | 2:46 | 2:21 | 1:43 | 3:19 | 4:06 | 2:39 |
| | | | 47:32 | 51:20 | 53:05 | 54:37 | 55:43 | 56:06 | | | | | | | |
| | | | 3:41 | 3:48 | 1:45 | 1:32 | 1:06 | 0:23 | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | | |
|---|------|-------|--------------------------------|---------|---------|--------|---------|--------|-------|-------|-------|---------|---------|--------|---------|--|
| Bahn 03 (50) | | | 4,2 km 115 Hm 18 Posten | | | | | | | | | | | | | |
| | | | 1(125) | 2(116) | 3(53) | 4(54) | 5(55) | 6(136) | 7(37) | 8(52) | 9(42) | 10(117) | 11(129) | 12(41) | 13(140) | |
| | | | 14(121) | 15(119) | 16(132) | 17(49) | 18(100) | Ziel | | | | | | | | |
| 1 Ingo Horst TV 1898 Alsbach | H35 | 30:49 | 1:39 | 2:48 | 5:48 | 7:27 | 9:54 | 11:29 | 12:14 | 13:37 | 16:50 | 17:48 | 18:46 | 19:54 | 23:08 | |
| | | | 1:39 | 1:09 | 3:00 | 1:39 | 2:27 | 1:35 | 0:45 | 1:23 | 3:13 | 0:58 | 0:58 | 1:08 | 3:14 | |
| | | | 25:06 | 26:11 | 27:07 | 28:50 | 30:29 | 30:49 | | 5:29 | | | | | | |
| | | | 1:58 | 1:05 | 0:56 | 1:43 | 1:39 | 0:20 | | *32 | | | | | | |
| 2 Robert Dittmann SSV Planeta Radebeul | H35 | 32:45 | 1:32 | 2:46 | 5:00 | 6:18 | 10:07 | 11:44 | 13:07 | 14:48 | 18:41 | 19:37 | 20:38 | 21:47 | 25:14 | |
| | | | 1:32 | 1:14 | 2:14 | 1:18 | 3:49 | 1:37 | 1:23 | 1:41 | 3:53 | 0:56 | 1:01 | 1:09 | 3:27 | |
| | | | 27:23 | 28:35 | 29:32 | 31:02 | 32:27 | 32:45 | | 24:47 | | | | | | |
| | | | 2:09 | 1:12 | 0:57 | 1:30 | 1:25 | 0:18 | | *60 | | | | | | |
| 3 Ralph Körner OLV Landshut | H35 | 33:00 | 1:28 | 2:53 | 5:13 | 6:43 | 8:33 | 11:00 | 11:46 | 13:13 | 16:45 | 17:46 | 18:47 | 20:08 | 24:08 | |
| | | | 1:28 | 1:25 | 2:20 | 1:30 | 1:50 | 2:27 | 0:46 | 1:27 | 3:32 | 1:01 | 1:01 | 1:21 | 4:00 | |
| | | | 26:56 | 28:34 | 29:22 | 31:07 | 32:41 | 33:00 | | | | | | | | |
| | | | 2:48 | 1:38 | 0:48 | 1:45 | 1:34 | 0:19 | | | | | | | | |
| 4 Wieland Kärger OK Leipzig | H35 | 34:38 | 1:58 | 3:27 | 5:42 | 7:05 | 9:11 | 11:39 | 12:38 | 14:22 | 18:26 | 19:26 | 20:41 | 22:15 | 26:03 | |
| | | | 1:58 | 1:29 | 2:15 | 1:23 | 2:06 | 2:28 | 0:59 | 1:44 | 4:04 | 1:00 | 1:15 | 1:34 | 3:48 | |
| | | | 28:16 | 29:33 | 30:52 | 32:30 | 34:16 | 34:38 | | | | | | | | |
| | | | 2:13 | 1:17 | 1:19 | 1:38 | 1:46 | 0:22 | | | | | | | | |
| 5 Björn Heinemann SV Robotron Dresden | H35 | 37:16 | 1:45 | 3:13 | 5:31 | 7:03 | 8:54 | 11:00 | 11:47 | 13:28 | 17:19 | 18:25 | 19:46 | 23:31 | 28:16 | |
| | | | 1:45 | 1:28 | 2:18 | 1:32 | 1:51 | 2:06 | 0:47 | 1:41 | 3:51 | 1:06 | 1:21 | 3:45 | 4:45 | |
| | | | 30:42 | 32:11 | 33:20 | 35:12 | 36:57 | 37:16 | | 21:20 | | | | | | |
| | | | 2:26 | 1:29 | 1:09 | 1:52 | 1:45 | 0:19 | | *58 | | | | | | |
| 6 André Derksen SV Bad Dübén | H21A | 37:17 | 1:38 | 2:59 | 5:25 | 6:54 | 8:52 | 11:09 | 12:34 | 14:25 | 19:19 | 20:47 | 22:13 | 23:41 | 28:31 | |
| | | | 1:38 | 1:21 | 2:26 | 1:29 | 1:58 | 2:17 | 1:25 | 1:51 | 4:54 | 1:28 | 1:26 | 1:28 | 4:50 | |
| | | | 30:50 | 32:19 | 33:23 | 35:13 | 36:56 | 37:17 | | | | | | | | |
| | | | 2:19 | 1:29 | 1:04 | 1:50 | 1:43 | 0:21 | | | | | | | | |
| 7 Jan Knaup Braunschweiger MTV | H35 | 38:57 | 2:25 | 3:59 | 6:29 | 8:36 | 11:06 | 13:53 | 14:53 | 16:38 | 21:00 | 22:16 | 23:51 | 25:32 | 29:53 | |
| | | | 2:25 | 1:34 | 2:30 | 2:07 | 2:30 | 2:47 | 1:00 | 1:45 | 4:22 | 1:16 | 1:35 | 1:41 | 4:21 | |
| | | | 32:28 | 33:54 | 35:00 | 36:49 | 38:37 | 38:57 | | | | | | | | |
| | | | 2:35 | 1:26 | 1:06 | 1:49 | 1:48 | 0:20 | | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|------|-------|---|---------|---------|--------|---------|--------|-------|-------|-------|---------|---------|--------|---------|
| Bahn 03 (50) | | | 4,2 km 115 Hm 18 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(125) | 2(116) | 3(53) | 4(54) | 5(55) | 6(136) | 7(37) | 8(52) | 9(42) | 10(117) | 11(129) | 12(41) | 13(140) |
| | | | 14(121) | 15(119) | 16(132) | 17(49) | 18(100) | Ziel | | | | | | | |
| 8 Ananda Michael Berger Gundelfinger Turnerschaft | H21A | 39:48 | 1:44 | 3:05 | 5:18 | 8:11 | 10:36 | 12:37 | 13:30 | 15:46 | 19:06 | 21:15 | 23:55 | 25:28 | 30:00 |
| | | | 1:44 | 1:21 | 2:13 | 2:53 | 2:25 | 2:01 | 0:53 | 2:16 | 3:20 | 2:09 | 2:40 | 1:33 | 4:32 |
| | | | 32:20 | 33:42 | 34:52 | 37:52 | 39:29 | 39:48 | | | | | | | |
| | | | 2:20 | 1:22 | 1:10 | 3:00 | 1:37 | 0:19 | | | | | | | |
| 9 Sebastian Schmetzke DJK Adler 07 Bottrop | H35 | 41:27 | 1:45 | 3:09 | 5:29 | 7:10 | 9:43 | 12:19 | 13:55 | 15:19 | 18:51 | 19:53 | 20:54 | 22:18 | 31:37 |
| | | | 1:45 | 1:24 | 2:20 | 1:41 | 2:33 | 2:36 | 1:36 | 1:24 | 3:32 | 1:02 | 1:01 | 1:24 | 9:19 |
| | | | 34:22 | 35:57 | 37:11 | 38:57 | 41:08 | 41:27 | | 29:55 | | | | | |
| | | | 2:45 | 1:35 | 1:14 | 1:46 | 2:11 | 0:19 | | *60 | | | | | |
| 10 Tim Schröder OK Leipzig | H21A | 42:33 | 2:06 | 3:48 | 6:39 | 8:33 | 10:30 | 13:00 | 14:27 | 16:08 | 20:32 | 21:44 | 23:03 | 27:17 | 32:18 |
| | | | 2:06 | 1:42 | 2:51 | 1:54 | 1:57 | 2:30 | 1:27 | 1:41 | 4:24 | 1:12 | 1:19 | 4:14 | 5:01 |
| | | | 35:15 | 36:51 | 38:05 | 40:17 | 42:12 | 42:33 | | | | | | | |
| | | | 2:57 | 1:36 | 1:14 | 2:12 | 1:55 | 0:21 | | | | | | | |
| 11 Thorsten Weigert Braunschweiger MTV | H35 | 42:58 | 2:21 | 3:55 | 6:18 | 9:05 | 12:09 | 14:20 | 15:24 | 19:49 | 23:42 | 25:32 | 26:48 | 28:57 | 33:50 |
| | | | 2:21 | 1:34 | 2:23 | 2:47 | 3:04 | 2:11 | 1:04 | 4:25 | 3:53 | 1:50 | 1:16 | 2:09 | 4:53 |
| | | | 36:04 | 37:36 | 38:54 | 40:45 | 42:39 | 42:58 | | 16:41 | | | | | |
| | | | 2:14 | 1:32 | 1:18 | 1:51 | 1:54 | 0:19 | | *108 | | | | | |
| 12 Eero Korpi Alahärmän Kisa (FIN) | H21A | 43:48 | 2:03 | 3:50 | 7:23 | 9:12 | 12:23 | 14:38 | 15:39 | 17:39 | 22:49 | 24:06 | 26:22 | 29:24 | 33:57 |
| | | | 2:03 | 1:47 | 3:33 | 1:49 | 3:11 | 2:15 | 1:01 | 2:00 | 5:10 | 1:17 | 2:16 | 3:02 | 4:33 |
| | | | 36:21 | 37:58 | 39:16 | 41:19 | 43:25 | 43:48 | | | | | | | |
| | | | 2:24 | 1:37 | 1:18 | 2:03 | 2:06 | 0:23 | | | | | | | |
| 12 Jan Birnstock OK Leipzig | H21A | 43:48 | 1:57 | 4:01 | 6:31 | 8:20 | 10:35 | 13:31 | 14:38 | 16:15 | 21:09 | 22:23 | 23:42 | 26:45 | 32:27 |
| | | | 1:57 | 2:04 | 2:30 | 1:49 | 2:15 | 2:56 | 1:07 | 1:37 | 4:54 | 1:14 | 1:19 | 3:03 | 5:42 |
| | | | 35:22 | 37:22 | 38:30 | 41:31 | 43:26 | 43:48 | | | | | | | |
| | | | 2:55 | 2:00 | 1:08 | 3:01 | 1:55 | 0:22 | | | | | | | |
| 14 Julian Engeser Gundelfinger Turnerschaft | H21A | 44:37 | 2:16 | 3:46 | 6:14 | 7:50 | 11:09 | 14:41 | 16:38 | 19:06 | 23:09 | 27:03 | 28:28 | 29:55 | 35:05 |
| | | | 2:16 | 1:30 | 2:28 | 1:36 | 3:19 | 3:32 | 1:57 | 2:28 | 4:03 | 3:54 | 1:25 | 1:27 | 5:10 |
| | | | 37:38 | 39:06 | 40:13 | 42:28 | 44:19 | 44:37 | | | | | | | |
| | | | 2:33 | 1:28 | 1:07 | 2:15 | 1:51 | 0:18 | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|------|-------|---|---------|---------|--------|---------|--------|-------|-------|-------|---------|---------|--------|---------|
| Bahn 03 (50) | | | 4,2 km 115 Hm 18 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(125) | 2(116) | 3(53) | 4(54) | 5(55) | 6(136) | 7(37) | 8(52) | 9(42) | 10(117) | 11(129) | 12(41) | 13(140) |
| | | | 14(121) | 15(119) | 16(132) | 17(49) | 18(100) | Ziel | | | | | | | |
| 15 Björn Frieling RCEH Celle | H21A | 44:40 | 2:06 | 3:31 | 5:59 | 8:35 | 12:41 | 15:24 | 17:20 | 22:21 | 26:14 | 27:36 | 29:00 | 30:25 | 35:04 |
| | | | 2:06 | 1:25 | 2:28 | 2:36 | 4:06 | 2:43 | 1:56 | 5:01 | 3:53 | 1:22 | 1:24 | 1:25 | 4:39 |
| | | | 37:32 | 39:01 | 40:18 | 42:24 | 44:21 | 44:40 | | | | | | | |
| | | | 2:28 | 1:29 | 1:17 | 2:06 | 1:57 | 0:19 | | | | | | | |
| 16 Daniel Spengler ESV Lok Dessau | H35 | 46:12 | 1:44 | 3:10 | 5:54 | 7:39 | 9:34 | 16:04 | 17:13 | 20:50 | 25:11 | 26:19 | 27:48 | 29:17 | 36:26 |
| | | | 1:44 | 1:26 | 2:44 | 1:45 | 1:55 | 6:30 | 1:09 | 3:37 | 4:21 | 1:08 | 1:29 | 1:29 | 7:09 |
| | | | 39:28 | 40:57 | 42:01 | 43:55 | 45:51 | 46:12 | | | | | | | |
| | | | 3:02 | 1:29 | 1:04 | 1:54 | 1:56 | 0:21 | | | | | | | |
| 17 Vadim Ni OLV Steinberg | H21A | 47:12 | 2:44 | 4:20 | 7:02 | 9:08 | 11:59 | 14:57 | 16:21 | 18:39 | 22:23 | 23:40 | 25:21 | 29:26 | 36:34 |
| | | | 2:44 | 1:36 | 2:42 | 2:06 | 2:51 | 2:58 | 1:24 | 2:18 | 3:44 | 1:17 | 1:41 | 4:05 | 7:08 |
| | | | 39:02 | 40:32 | 42:07 | 44:59 | 46:46 | 47:12 | | | | | | | |
| | | | 2:28 | 1:30 | 1:35 | 2:52 | 1:47 | 0:26 | | | | | | | |
| 18 Malte Finkenstädt OLV Uslar 1976 | H21A | 50:13 | 2:12 | 3:44 | 6:37 | 11:23 | 13:36 | 17:22 | 18:27 | 22:06 | 26:53 | 28:26 | 29:46 | 31:37 | 39:12 |
| | | | 2:12 | 1:32 | 2:53 | 4:46 | 2:13 | 3:46 | 1:05 | 3:39 | 4:47 | 1:33 | 1:20 | 1:51 | 7:35 |
| | | | 42:18 | 43:58 | 45:21 | 47:43 | 49:49 | 50:13 | | | | | | | |
| | | | 3:06 | 1:40 | 1:23 | 2:22 | 2:06 | 0:24 | | | | | | | |
| 19 Steffen Dirkes SV Eintracht Neuenkirchen | H21A | 51:55 | 8:25 | 9:55 | 12:26 | 14:25 | 17:41 | 22:40 | 23:29 | 26:01 | 31:30 | 32:58 | 34:34 | 36:33 | 42:19 |
| | | | 8:25 | 1:30 | 2:31 | 1:59 | 3:16 | 4:59 | 0:49 | 2:32 | 5:29 | 1:28 | 1:36 | 1:59 | 5:46 |
| | | | 44:51 | 46:33 | 47:43 | 49:42 | 51:36 | 51:55 | | | | | | | |
| | | | 2:32 | 1:42 | 1:10 | 1:59 | 1:54 | 0:19 | | | | | | | |
| 20 Benjamin Coppik OLV Steinberg | H21A | 52:44 | 2:52 | 4:56 | 8:29 | 11:14 | 14:23 | 17:54 | 19:40 | 21:54 | 27:10 | 28:29 | 29:49 | 32:53 | 40:08 |
| | | | 2:52 | 2:04 | 3:33 | 2:45 | 3:09 | 3:31 | 1:46 | 2:14 | 5:16 | 1:19 | 1:20 | 3:04 | 7:15 |
| | | | 43:53 | 45:51 | 47:26 | 49:59 | 52:17 | 52:44 | | | | | | | |
| | | | 3:45 | 1:58 | 1:35 | 2:33 | 2:18 | 0:27 | | | | | | | |
| 21 Moritz Brettschneider Kaulsdorfer OLV | H21A | 54:07 | 2:17 | 3:49 | 7:49 | 10:34 | 12:34 | 20:20 | 21:18 | 23:23 | 29:28 | 30:49 | 32:02 | 33:41 | 43:17 |
| | | | 2:17 | 1:32 | 4:00 | 2:45 | 2:00 | 7:46 | 0:58 | 2:05 | 6:05 | 1:21 | 1:13 | 1:39 | 9:36 |
| | | | 46:10 | 47:44 | 49:00 | 51:27 | 53:47 | 54:07 | | | | | | | |
| | | | 2:53 | 1:34 | 1:16 | 2:27 | 2:20 | 0:20 | | | | | | | |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | | | |
|---------------------|--|------|---|---------|---------|---------|--------|---------|--------|-------|-------|-------|---------|---------|--------|---------|
| Bahn 03 (50) | | | 4,2 km 115 Hm 18 Posten (Forts.) | | | | | | | | | | | | | |
| | | | | 1(125) | 2(116) | 3(53) | 4(54) | 5(55) | 6(136) | 7(37) | 8(52) | 9(42) | 10(117) | 11(129) | 12(41) | 13(140) |
| | | | | 14(121) | 15(119) | 16(132) | 17(49) | 18(100) | Ziel | | | | | | | |
| 22 | Roland Vogl SV Mietraching | H21A | 54:13 | 1:47 | 3:13 | 5:40 | 7:57 | 11:33 | 17:40 | 20:45 | 25:49 | 31:12 | 32:20 | 33:38 | 36:42 | 42:22 |
| | | | | 1:47 | 1:26 | 2:27 | 2:17 | 3:36 | 6:07 | 3:05 | 5:04 | 5:23 | 1:08 | 1:18 | 3:04 | 5:40 |
| | | | | 45:03 | 47:16 | 48:28 | 51:45 | 53:45 | 54:13 | | 49:40 | | | | | |
| | | | | 2:41 | 2:13 | 1:12 | 3:17 | 2:00 | 0:28 | | *102 | | | | | |
| 23 | Ronny Krüger Berliner Turnerschaft | H35 | 54:43 | 1:58 | 3:26 | 8:35 | 10:18 | 12:29 | 18:45 | 19:42 | 21:29 | 25:19 | 26:16 | 30:48 | 32:09 | 41:43 |
| | | | | 1:58 | 1:28 | 5:09 | 1:43 | 2:11 | 6:16 | 0:57 | 1:47 | 3:50 | 0:57 | 4:32 | 1:21 | 9:34 |
| | | | | 44:16 | 45:57 | 47:26 | 52:23 | 54:21 | 54:43 | | 6:31 | 37:13 | 38:19 | 49:57 | | |
| | | | | 2:33 | 1:41 | 1:29 | 4:57 | 1:58 | 0:22 | | *32 | *47 | *60 | *135 | | |
| 24 | Arne Schliebener OLV Uslar 1976 | H21A | 55:32 | 4:29 | 7:10 | 10:33 | 13:12 | 16:45 | 20:35 | 21:27 | 23:51 | 29:36 | 31:05 | 32:50 | 34:52 | 41:42 |
| | | | | 4:29 | 2:41 | 3:23 | 2:39 | 3:33 | 3:50 | 0:52 | 2:24 | 5:45 | 1:29 | 1:45 | 2:02 | 6:50 |
| | | | | 45:39 | 47:46 | 49:43 | 52:49 | 55:10 | 55:32 | | | | | | | |
| | | | | 3:57 | 2:07 | 1:57 | 3:06 | 2:21 | 0:22 | | | | | | | |
| 25 | Stephan Haenelt SV IHW Alex 78 Berlin | H35 | 55:55 | 2:11 | 4:15 | 7:23 | 9:34 | 13:46 | 16:37 | 17:54 | 24:48 | 30:52 | 32:25 | 34:55 | 36:47 | 42:53 |
| | | | | 2:11 | 2:04 | 3:08 | 2:11 | 4:12 | 2:51 | 1:17 | 6:54 | 6:04 | 1:33 | 2:30 | 1:52 | 6:06 |
| | | | | 46:05 | 48:06 | 49:45 | 52:29 | 55:26 | 55:55 | | | | | | | |
| | | | | 3:12 | 2:01 | 1:39 | 2:44 | 2:57 | 0:29 | | | | | | | |
| 26 | Patrick Kudraß SG Zittau-Süd | H21A | 56:26 | 4:41 | 6:31 | 9:59 | 11:51 | 16:48 | 19:40 | 20:44 | 23:09 | 29:56 | 31:39 | 33:31 | 38:14 | 44:20 |
| | | | | 4:41 | 1:50 | 3:28 | 1:52 | 4:57 | 2:52 | 1:04 | 2:25 | 6:47 | 1:43 | 1:52 | 4:43 | 6:06 |
| | | | | 47:27 | 49:27 | 50:49 | 53:30 | 56:02 | 56:26 | | | | | | | |
| | | | | 3:07 | 2:00 | 1:22 | 2:41 | 2:32 | 0:24 | | | | | | | |
| 27 | Burkhard Otto ESV Lok Magdeburg | H21A | 56:29 | 2:54 | 4:45 | 7:37 | 9:42 | 15:52 | 18:38 | 19:57 | 22:28 | 28:41 | 30:03 | 31:25 | 35:55 | 43:37 |
| | | | | 2:54 | 1:51 | 2:52 | 2:05 | 6:10 | 2:46 | 1:19 | 2:31 | 6:13 | 1:22 | 1:22 | 4:30 | 7:42 |
| | | | | 47:35 | 49:45 | 51:34 | 54:00 | 56:04 | 56:29 | | | | | | | |
| | | | | 3:58 | 2:10 | 1:49 | 2:26 | 2:04 | 0:25 | | | | | | | |
| 28 | Niklas Helfrich OLV Steinberg | H21A | 57:45 | 3:07 | 5:09 | 8:28 | 11:22 | 15:31 | 18:15 | 19:34 | 21:40 | 28:58 | 30:34 | 32:28 | 33:55 | 39:49 |
| | | | | 3:07 | 2:02 | 3:19 | 2:54 | 4:09 | 2:44 | 1:19 | 2:06 | 7:18 | 1:36 | 1:54 | 1:27 | 5:54 |
| | | | | 48:21 | 50:06 | 52:13 | 55:14 | 57:26 | 57:45 | | 18:48 | | | | | |
| | | | | 8:32 | 1:45 | 2:07 | 3:01 | 2:12 | 0:19 | | *56 | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | | |
|---------------------|--|---|---------|---------|---------|---------|---------|---------|-------|-------|-------|---------|---------|--------|---------|-------|
| Bahn 03 (50) | | 4,2 km 115 Hm 18 Posten (Forts.) | | | | | | | | | | | | | | |
| | | | 1(125) | 2(116) | 3(53) | 4(54) | 5(55) | 6(136) | 7(37) | 8(52) | 9(42) | 10(117) | 11(129) | 12(41) | 13(140) | |
| | | | 14(121) | 15(119) | 16(132) | 17(49) | 18(100) | Ziel | | | | | | | | |
| 29 | Martin Hensseler MTV Seesen | H21A | 1:01:21 | 2:30 | 4:31 | 7:49 | 10:07 | 14:01 | 24:44 | 26:09 | 28:57 | 34:54 | 36:26 | 39:00 | 41:42 | 49:38 |
| | | | | 2:30 | 2:01 | 3:18 | 2:18 | 3:54 | 10:43 | 1:25 | 2:48 | 5:57 | 1:32 | 2:34 | 2:42 | 7:56 |
| | | | 52:11 | 53:57 | 55:52 | 58:43 | 1:00:59 | 1:01:21 | | | | | | | | |
| | | | 2:33 | 1:46 | 1:55 | 2:51 | 2:16 | 0:22 | | | | | | | | |
| 30 | Lukas Bersuck Bielefelder TG | H21A | 1:01:26 | 3:15 | 5:04 | 8:57 | 12:24 | 17:47 | 20:33 | 22:15 | 25:22 | 32:10 | 34:32 | 36:27 | 39:22 | 48:10 |
| | | | | 3:15 | 1:49 | 3:53 | 3:27 | 5:23 | 2:46 | 1:42 | 3:07 | 6:48 | 2:22 | 1:55 | 2:55 | 8:48 |
| | | | 51:11 | 53:14 | 55:04 | 58:42 | 1:01:04 | 1:01:26 | | | | | | | | |
| | | | 3:01 | 2:03 | 1:50 | 3:38 | 2:22 | 0:22 | | | | | | | | |
| 31 | Erik Riebeseel ESV Lok Magdeburg | H21A | 1:02:36 | 4:24 | 6:01 | 9:05 | 11:02 | 14:29 | 17:14 | 19:17 | 21:15 | 26:25 | 28:20 | 29:57 | 32:33 | 48:27 |
| | | | | 4:24 | 1:37 | 3:04 | 1:57 | 3:27 | 2:45 | 2:03 | 1:58 | 5:10 | 1:55 | 1:37 | 2:36 | 15:54 |
| | | | 51:25 | 53:36 | 55:31 | 59:21 | 1:02:05 | 1:02:36 | | | | | | | | |
| | | | 2:58 | 2:11 | 1:55 | 3:50 | 2:44 | 0:31 | | | | | | | | |
| 32 | Tim Glogau SG LVB Leipzig | H21A | 1:04:41 | 7:49 | 9:00 | 14:02 | 15:35 | 18:07 | 28:37 | 30:21 | 32:34 | 36:26 | 37:40 | 42:37 | 49:10 | 54:39 |
| | | | | 7:49 | 1:11 | 5:02 | 1:33 | 2:32 | 10:30 | 1:44 | 2:13 | 3:52 | 1:14 | 4:57 | 6:33 | 5:29 |
| | | | 57:48 | 59:09 | 1:00:16 | 1:02:46 | 1:04:21 | 1:04:41 | | | | | | | | |
| | | | 3:09 | 1:21 | 1:07 | 2:30 | 1:35 | 0:20 | | | | | | | | |
| 33 | Dieter Wehrhöfer-Bersuck Bielefelder TG | H21A | 1:05:25 | 7:08 | 9:01 | 12:54 | 16:02 | 21:28 | 24:36 | 26:20 | 29:40 | 35:54 | 38:30 | 40:11 | 43:27 | 52:18 |
| | | | | 7:08 | 1:53 | 3:53 | 3:08 | 5:26 | 3:08 | 1:44 | 3:20 | 6:14 | 2:36 | 1:41 | 3:16 | 8:51 |
| | | | 55:20 | 57:17 | 59:01 | 1:02:37 | 1:05:01 | 1:05:25 | | | | | | | | |
| | | | 3:02 | 1:57 | 1:44 | 3:36 | 2:24 | 0:24 | | | | | | | | |
| 34 | Gerhard Garbas TV Oberbexbach 1894 | H21A | 1:05:26 | 3:15 | 4:52 | 8:08 | 11:32 | 15:35 | 18:32 | 23:08 | 26:27 | 32:30 | 34:27 | 36:28 | 39:36 | 48:42 |
| | | | | 3:15 | 1:37 | 3:16 | 3:24 | 4:03 | 2:57 | 4:36 | 3:19 | 6:03 | 1:57 | 2:01 | 3:08 | 9:06 |
| | | | 53:58 | 55:38 | 57:14 | 1:02:53 | 1:05:05 | 1:05:26 | | | | | | | | |
| | | | 5:16 | 1:40 | 1:36 | 5:39 | 2:12 | 0:21 | | | | | | | | |
| 35 | Ralf Döllgast TV Oberbexbach 1894 | H21A | 1:09:24 | 3:33 | 6:20 | 11:52 | 15:10 | 18:45 | 22:55 | 24:45 | 27:20 | 35:03 | 37:07 | 39:12 | 45:08 | 55:39 |
| | | | | 3:33 | 2:47 | 5:32 | 3:18 | 3:35 | 4:10 | 1:50 | 2:35 | 7:43 | 2:04 | 2:05 | 5:56 | 10:31 |
| | | | 59:07 | 1:01:28 | 1:03:43 | 1:06:34 | 1:08:59 | 1:09:24 | | | | | | | | |
| | | | 3:28 | 2:21 | 2:15 | 2:51 | 2:25 | 0:25 | | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | | |
|---------------------|--|------|---|---------|---------|---------|---------|---------|-------|-------|-------|---------|---------|--------|---------|---------|
| Bahn 03 (50) | | | 4,2 km 115 Hm 18 Posten (Forts.) | | | | | | | | | | | | | |
| | | | 1(125) | 2(116) | 3(53) | 4(54) | 5(55) | 6(136) | 7(37) | 8(52) | 9(42) | 10(117) | 11(129) | 12(41) | 13(140) | |
| | | | 14(121) | 15(119) | 16(132) | 17(49) | 18(100) | Ziel | | | | | | | | |
| 36 | Jesús Hervás Lucas CDCEBE (ESP) | H21A | 1:09:27 | 3:05 | 5:26 | 10:44 | 13:34 | 17:13 | 21:41 | 25:11 | 28:39 | 38:12 | 40:06 | 42:10 | 46:04 | 54:10 |
| | | | 3:05 | 2:21 | 5:18 | 2:50 | 3:39 | 4:28 | 3:30 | 3:28 | 9:33 | 1:54 | 2:04 | 3:54 | 8:06 | |
| | | | 58:24 | 1:01:09 | 1:03:46 | 1:06:31 | 1:09:01 | 1:09:27 | | | | | | | | |
| | | | 4:14 | 2:45 | 2:37 | 2:45 | 2:30 | 0:26 | | | | | | | | |
| 37 | Stephan Leineweber OL-Team Filder | H21A | 1:12:39 | 3:25 | 6:05 | 9:57 | 12:41 | 16:44 | 22:36 | 24:23 | 31:32 | 38:50 | 42:41 | 46:07 | 49:30 | 57:18 |
| | | | 3:25 | 2:40 | 3:52 | 2:44 | 4:03 | 5:52 | 1:47 | 7:09 | 7:18 | 3:51 | 3:26 | 3:23 | 7:48 | |
| | | | 1:00:20 | 1:03:20 | 1:05:16 | 1:08:30 | 1:12:19 | 1:12:39 | | | | | | | | |
| | | | 3:02 | 3:00 | 1:56 | 3:14 | 3:49 | 0:20 | | | | | | | | |
| 38 | Nikola Zahariev Turn-Klubb Hannover | H21A | 1:14:29 | 3:37 | 5:08 | 8:04 | 10:23 | 14:40 | 23:24 | 24:59 | 27:09 | 34:55 | 36:41 | 38:36 | 42:53 | 54:56 |
| | | | 3:37 | 1:31 | 2:56 | 2:19 | 4:17 | 8:44 | 1:35 | 2:10 | 7:46 | 1:46 | 1:55 | 4:17 | 12:03 | |
| | | | 1:02:00 | 1:03:32 | 1:05:59 | 1:11:52 | 1:14:05 | 1:14:29 | | | | | | | | |
| | | | 7:04 | 1:32 | 2:27 | 5:53 | 2:13 | 0:24 | | | | | | | | |
| 39 | Tomas Mildorf SC Klecken | H35 | 1:15:06 | 3:02 | 4:41 | 27:28 | 30:35 | 33:16 | 36:31 | 37:48 | 42:47 | 48:47 | 51:02 | 53:24 | 55:46 | 1:02:40 |
| | | | 3:02 | 1:39 | 22:47 | 3:07 | 2:41 | 3:15 | 1:17 | 4:59 | 6:00 | 2:15 | 2:22 | 2:22 | 6:54 | |
| | | | 1:06:29 | 1:08:10 | 1:09:41 | 1:12:07 | 1:14:41 | 1:15:06 | | | | | | | | |
| | | | 3:49 | 1:41 | 1:31 | 2:26 | 2:34 | 0:25 | | | | | | | | |
| 40 | René Wandelt MTV Seesen | H21A | 1:17:21 | 3:15 | 5:05 | 8:43 | 17:31 | 20:05 | 23:59 | 25:31 | 28:46 | 35:36 | 37:43 | 40:03 | 43:17 | 1:01:04 |
| | | | 3:15 | 1:50 | 3:38 | 8:48 | 2:34 | 3:54 | 1:32 | 3:15 | 6:50 | 2:07 | 2:20 | 3:14 | 17:47 | |
| | | | 1:04:38 | 1:08:08 | 1:10:13 | 1:13:15 | 1:16:51 | 1:17:21 | | | | | | | | |
| | | | 3:34 | 3:30 | 2:05 | 3:02 | 3:36 | 0:30 | | | | | | | | |
| 41 | Ralf Karassek SV Handwerk Erfurt | H21A | 1:19:47 | 3:06 | 5:25 | 9:48 | 13:10 | 19:19 | 25:49 | 28:00 | 31:22 | 41:37 | 43:44 | 46:13 | 49:17 | 1:02:09 |
| | | | 3:06 | 2:19 | 4:23 | 3:22 | 6:09 | 6:30 | 2:11 | 3:22 | 10:15 | 2:07 | 2:29 | 3:04 | 12:52 | |
| | | | 1:07:25 | 1:10:11 | 1:11:48 | 1:16:02 | 1:19:12 | 1:19:47 | | | | | | | | |
| | | | 5:16 | 2:46 | 1:37 | 4:14 | 3:10 | 0:35 | | | | | | | | |
| 42 | Tobias Gödde DJK Adler 07 Bottrop | H21A | 1:24:30 | 8:57 | 11:21 | 14:49 | 17:48 | 22:23 | 26:15 | 27:49 | 40:19 | 46:18 | 48:54 | 51:07 | 55:48 | 1:05:55 |
| | | | 8:57 | 2:24 | 3:28 | 2:59 | 4:35 | 3:52 | 1:34 | 12:30 | 5:59 | 2:36 | 2:13 | 4:41 | 10:07 | |
| | | | 1:10:31 | 1:12:49 | 1:14:47 | 1:21:57 | 1:24:08 | 1:24:30 | | | | | | | | |
| | | | 4:36 | 2:18 | 1:58 | 7:10 | 2:11 | 0:22 | | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|---|------|---------|---|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Bahn 03 (50) | | | 4,2 km 115 Hm 18 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(125) | 2(116) | 3(53) | 4(54) | 5(55) | 6(136) | 7(37) | 8(52) | 9(42) | 10(117) | 11(129) | 12(41) | 13(140) |
| | | | 14(121) | 15(119) | 16(132) | 17(49) | 18(100) | Ziel | | | | | | | |
| 43 Gunnar Fehling (ohne Verein) | H21A | 1:52:20 | 3:16 | 6:07 | 9:57 | 12:38 | 18:27 | 24:35 | 30:30 | 33:40 | 41:41 | 43:28 | 45:40 | 55:35 | 1:26:05 |
| | | | 3:16 | 2:51 | 3:50 | 2:41 | 5:49 | 6:08 | 5:55 | 3:10 | 8:01 | 1:47 | 2:12 | 9:55 | 30:30 |
| | | | 1:30:46 | 1:34:43 | 1:40:18 | 1:48:36 | 1:51:44 | 1:52:20 | | | | | | | |
| | | | 4:41 | 3:57 | 5:35 | 8:18 | 3:08 | 0:36 | | | | | | | |
| Christian Röck TUS Karlsruhe-Rüppurr | H21A | Fehlst | 1:47 | 4:50 | 8:20 | 10:14 | 13:42 | 15:58 | 17:18 | 19:20 | 25:19 | 28:02 | 29:28 | 31:11 | 39:01 |
| | | | 1:47 | 3:03 | 3:30 | 1:54 | 3:28 | 2:16 | 1:20 | 2:02 | 5:59 | 2:43 | 1:26 | 1:43 | 7:50 |
| | | | ----- | ----- | 45:04 | 52:28 | 54:21 | 54:39 | | | | | | | |
| | | | | | 6:03 | 7:24 | 1:53 | 0:18 | | | | | | | |
| Max Brettschneider Kaulsdorfer OLV | H21A | Fehlst | 3:03 | 4:43 | 8:48 | 11:16 | 15:32 | 24:49 | ----- | 28:53 | 33:48 | 35:56 | 37:49 | 40:56 | 47:27 |
| | | | 3:03 | 1:40 | 4:05 | 2:28 | 4:16 | 9:17 | | 4:04 | 4:55 | 2:08 | 1:53 | 3:07 | 6:31 |
| | | | 51:15 | 53:15 | 55:46 | 58:36 | 1:00:56 | 1:01:27 | | 26:29 | 54:51 | | | | |
| | | | 3:48 | 2:00 | 2:31 | 2:50 | 2:20 | 0:31 | | *57 | *139 | | | | |
| Heiko Eggering OL Team Lippe | H21A | Fehlst | 4:08 | 6:12 | 11:24 | 18:19 | 22:52 | 26:22 | ----- | 31:57 | 38:23 | 40:46 | 43:39 | 47:46 | 56:27 |
| | | | 4:08 | 2:04 | 5:12 | 6:55 | 4:33 | 3:30 | | 5:35 | 6:26 | 2:23 | 2:53 | 4:07 | 8:41 |
| | | | 1:00:58 | 1:03:13 | 1:05:10 | 1:10:31 | 1:13:39 | 1:14:08 | | | | | | | |
| | | | 4:31 | 2:15 | 1:57 | 5:21 | 3:08 | 0:29 | | | | | | | |
| Uwe Böhning USC Magdeburg | H21A | Fehlst | ----- | 10:15 | 43:08 | 47:14 | 50:16 | 55:23 | 1:01:08 | 1:05:14 | 1:16:12 | 1:18:30 | 1:21:34 | 1:24:35 | 1:47:47 |
| | | | | 10:15 | 32:53 | 4:06 | 3:02 | 5:07 | 5:45 | 4:06 | 10:58 | 2:18 | 3:04 | 3:01 | 23:12 |
| | | | 1:51:42 | 1:54:56 | 1:57:30 | 2:04:19 | 2:10:09 | 2:10:37 | | 7:13 | | | | | |
| | | | 3:55 | 3:14 | 2:34 | 6:49 | 5:50 | 0:28 | | *122 | | | | | |
| Jannis Fehling (ohne Verein) | H21A | Aufg | 5:04 | 7:26 | 12:03 | 15:53 | 23:14 | 40:40 | 42:34 | 48:24 | ----- | ----- | ----- | ----- | ----- |
| | | | 5:04 | 2:22 | 4:37 | 3:50 | 7:21 | 17:26 | 1:54 | 5:50 | | | | | |
| | | | ----- | ----- | ----- | ----- | 1:12:33 | 1:12:52 | | | | | | | |
| | | | | | | | 24:09 | 0:19 | | | | | | | |
| Jan Müller USV TU Dresden | H21A | Aufg | 3:36 | 6:12 | 18:37 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- |
| | | | 3:36 | 2:36 | 12:25 | | | | | | | | | | |
| | | | ----- | ----- | ----- | ----- | ----- | ----- | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|----------------------------|-----|---------|---|---------|---------|---------|---------|---------|-------|-------|-------|---------|---------|--------|---------|
| Bahn 03 (50) | | | 4,2 km 115 Hm 18 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(125) | 2(116) | 3(53) | 4(54) | 5(55) | 6(136) | 7(37) | 8(52) | 9(42) | 10(117) | 11(129) | 12(41) | 13(140) |
| | | | 14(121) | 15(119) | 16(132) | 17(49) | 18(100) | Ziel | | | | | | | |
| AK Andreas Uhlemann | H35 | 1:10:16 | 2:23 | 3:54 | 8:06 | 10:43 | 13:00 | 15:31 | 16:51 | 19:17 | 25:09 | 40:53 | 42:54 | 45:00 | 52:11 |
| ESV Lok Berlin-Schöneweide | | | 2:23 | 1:31 | 4:12 | 2:37 | 2:17 | 2:31 | 1:20 | 2:26 | 5:52 | 15:44 | 2:01 | 2:06 | 7:11 |
| | | | 56:51 | 1:02:35 | 1:04:38 | 1:06:58 | 1:09:52 | 1:10:16 | | | | | | | |
| | | | 4:40 | 5:44 | 2:03 | 2:20 | 2:54 | 0:24 | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|---|-----|---------|--|---------|---------|---------|---------|--------|-------|--------|-------|--------|--------|---------|---------|
| Bahn 04 (38) | | | 3,8 km 95 Hm 17 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(137) | 2(53) | 3(54) | 4(55) | 5(107) | 6(136) | 7(57) | 8(117) | 9(44) | 10(58) | 11(47) | 12(115) | 13(132) |
| | | | 14(102) | 15(135) | 16(138) | 17(100) | Ziel | | | | | | | | |
| 29 Emil Sasse USV TU Dresden | H18 | 39:47 | 3:04 | 4:59 | 7:52 | 10:13 | 11:52 | 13:17 | 14:30 | 22:18 | 23:20 | 26:23 | 30:42 | 32:26 | 33:40 |
| | | | 3:04 | 1:55 | 2:53 | 2:21 | 1:39 | 1:25 | 1:13 | 7:48 | 1:02 | 3:03 | 4:19 | 1:44 | 1:14 |
| | | | 35:19 | 37:06 | 38:19 | 39:26 | 39:47 | | | | | | | | |
| | | | 1:39 | 1:47 | 1:13 | 1:07 | 0:21 | | | | | | | | |
| 30 Tobias Spangenberg OLG Regensburg | H18 | 40:36 | 2:45 | 4:39 | 7:03 | 9:26 | 11:21 | 14:01 | 15:09 | 21:44 | 22:43 | 24:54 | 29:52 | 32:05 | 34:38 |
| | | | 2:45 | 1:54 | 2:24 | 2:23 | 1:55 | 2:40 | 1:08 | 6:35 | 0:59 | 2:11 | 4:58 | 2:13 | 2:33 |
| | | | 36:17 | 37:05 | 38:42 | 40:03 | 40:36 | | | | | | | | |
| | | | 1:39 | 0:48 | 1:37 | 1:21 | 0:33 | | | | | | | | |
| 31 Jonas Dresel SC Klecken | H18 | 41:06 | 3:01 | 5:47 | 8:04 | 10:46 | 13:33 | 14:51 | 15:57 | 23:39 | 25:11 | 27:45 | 32:00 | 33:43 | 35:11 |
| | | | 3:01 | 2:46 | 2:17 | 2:42 | 2:47 | 1:18 | 1:06 | 7:42 | 1:32 | 2:34 | 4:15 | 1:43 | 1:28 |
| | | | 37:44 | 38:33 | 39:54 | 40:48 | 41:06 | | | | | | | | |
| | | | 2:33 | 0:49 | 1:21 | 0:54 | 0:18 | | | | | | | | |
| | | | | | | | | | | | | | | | |
| 32 Paul Kusber OK Mark Brandenburg | H18 | 41:27 | 3:56 | 5:43 | 9:00 | 12:26 | 14:56 | 16:22 | 17:39 | 24:38 | 25:30 | 28:13 | 32:19 | 34:09 | 35:42 |
| | | | 3:56 | 1:47 | 3:17 | 3:26 | 2:30 | 1:26 | 1:17 | 6:59 | 0:52 | 2:43 | 4:06 | 1:50 | 1:33 |
| | | | 37:39 | 38:29 | 39:58 | 41:07 | 41:27 | | | | | | | | |
| | | | 1:57 | 0:50 | 1:29 | 1:09 | 0:20 | | | | | | | | |
| 33 Oliver Leimbach Ski-Club Helsa | H18 | 43:02 | 3:53 | 6:36 | 8:24 | 11:01 | 15:41 | 17:00 | 18:08 | 25:57 | 27:01 | 29:41 | 34:04 | 35:44 | 37:13 |
| | | | 3:53 | 2:43 | 1:48 | 2:37 | 4:40 | 1:19 | 1:08 | 7:49 | 1:04 | 2:40 | 4:23 | 1:40 | 1:29 |
| | | | 39:38 | 40:28 | 41:52 | 42:46 | 43:02 | | | | | | | | |
| | | | 2:25 | 0:50 | 1:24 | 0:54 | 0:16 | | | | | | | | |
| 34 Paul Scholtz Berliner TSC | H18 | 53:35 | 3:06 | 5:06 | 7:44 | 10:34 | 14:24 | 18:10 | 27:27 | 33:18 | 34:29 | 38:35 | 43:24 | 46:26 | 47:39 |
| | | | 3:06 | 2:00 | 2:38 | 2:50 | 3:50 | 3:46 | 9:17 | 5:51 | 1:11 | 4:06 | 4:49 | 3:02 | 1:13 |
| | | | 49:14 | 50:17 | 51:38 | 53:10 | 53:35 | | | | | | | | |
| | | | 1:35 | 1:03 | 1:21 | 1:32 | 0:25 | | | | | | | | |
| | | | | | | | | | | | | | | | |
| 35 Michael Bially TSV Ipsheim | H40 | 1:00:47 | 4:15 | 7:10 | 9:21 | 12:38 | 14:54 | 17:51 | 20:27 | 29:24 | 31:03 | 40:47 | 46:32 | 49:21 | 53:02 |
| | | | 4:15 | 2:55 | 2:11 | 3:17 | 2:16 | 2:57 | 2:36 | 8:57 | 1:39 | 9:44 | 5:45 | 2:49 | 3:41 |
| | | | 55:03 | 56:08 | 58:37 | 1:00:15 | 1:00:47 | | | | | | | | |
| | | | 2:01 | 1:05 | 2:29 | 1:38 | 0:32 | | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | | |
|---|-----|-------|--|--------|---------|---------|-------|-------|--------|-------|--------|--------|---------|--------|--------|--|
| | | | Bahn 05 (40) 3,6 km 60 Hm 17 Posten | | | | | | | | | | | | | |
| | | | 1(133) | 2(53) | 3(33) | 4(55) | 5(56) | 6(52) | 7(108) | 8(42) | 9(117) | 10(58) | 11(101) | 12(47) | 13(60) | |
| | | | 14(48) | 15(59) | 16(131) | 17(100) | Ziel | | | | | | | | | |
| 1 Andreas Lückmann Post SV Dresden | H45 | 25:13 | 1:46 | 3:24 | 4:15 | 5:56 | 7:46 | 9:36 | 10:20 | 13:29 | 14:24 | 15:40 | 17:55 | 19:07 | 19:41 | |
| | | | 1:46 | 1:38 | 0:51 | 1:41 | 1:50 | 1:50 | 0:44 | 3:09 | 0:55 | 1:16 | 2:15 | 1:12 | 0:34 | |
| | | | 22:33 | 23:38 | 24:21 | 24:54 | 25:13 | | | | | | | | | |
| | | | 2:52 | 1:05 | 0:43 | 0:33 | 0:19 | | | | | | | | | |
| 2 Alexander Lubs USV TU Dresden | H45 | 28:05 | 2:06 | 4:08 | 5:09 | 6:58 | 9:29 | 12:27 | 13:04 | 15:56 | 16:54 | 18:10 | 20:30 | 21:52 | 22:26 | |
| | | | 2:06 | 2:02 | 1:01 | 1:49 | 2:31 | 2:58 | 0:37 | 2:52 | 0:58 | 1:16 | 2:20 | 1:22 | 0:34 | |
| | | | 25:24 | 26:34 | 27:10 | 27:44 | 28:05 | | | | | | | | | |
| | | | 2:58 | 1:10 | 0:36 | 0:34 | 0:21 | | | | | | | | | |
| 3 Raik Zschäckel SV IHW Alex 78 Berlin | H45 | 28:38 | 1:28 | 3:12 | 4:14 | 6:14 | 9:52 | 11:44 | 12:24 | 15:26 | 16:29 | 17:43 | 20:20 | 21:36 | 22:07 | |
| | | | 1:28 | 1:44 | 1:02 | 2:00 | 3:38 | 1:52 | 0:40 | 3:02 | 1:03 | 1:14 | 2:37 | 1:16 | 0:31 | |
| | | | 25:08 | 26:21 | 27:44 | 28:18 | 28:38 | | | | | | | | | |
| | | | 3:01 | 1:13 | 1:23 | 0:34 | 0:20 | | | | | | | | | |
| 4 Christian Stamer Preetzer TSV | H45 | 29:31 | 2:10 | 3:59 | 5:03 | 7:04 | 8:52 | 10:31 | 11:19 | 14:17 | 15:20 | 16:49 | 19:52 | 21:07 | 21:44 | |
| | | | 2:10 | 1:49 | 1:04 | 2:01 | 1:48 | 1:39 | 0:48 | 2:58 | 1:03 | 1:29 | 3:03 | 1:15 | 0:37 | |
| | | | 24:52 | 26:17 | 28:33 | 29:11 | 29:31 | | | | | | | | | |
| | | | 3:08 | 1:25 | 2:16 | 0:38 | 0:20 | | | | | | | | | |
| 5 Hendryk Wetzel SV Robotron Dresden | H45 | 30:31 | 3:41 | 5:54 | 7:03 | 9:06 | 10:59 | 13:08 | 13:54 | 16:50 | 18:03 | 19:25 | 22:01 | 23:27 | 24:08 | |
| | | | 3:41 | 2:13 | 1:09 | 2:03 | 1:53 | 2:09 | 0:46 | 2:56 | 1:13 | 1:22 | 2:36 | 1:26 | 0:41 | |
| | | | 27:27 | 28:46 | 29:31 | 30:09 | 30:31 | | | | | | | | | |
| | | | 3:19 | 1:19 | 0:45 | 0:38 | 0:22 | | | | | | | | | |
| | | | | | | | | *126 | *31 | *137 | *139 | *102 | | | | |
| 6 Martin Nolte OLV Uslar 1976 | H45 | 30:47 | 1:56 | 3:48 | 4:55 | 7:08 | 9:02 | 10:51 | 11:39 | 15:11 | 16:18 | 19:00 | 21:51 | 23:02 | 23:39 | |
| | | | 1:56 | 1:52 | 1:07 | 2:13 | 1:54 | 1:49 | 0:48 | 3:32 | 1:07 | 2:42 | 2:51 | 1:11 | 0:37 | |
| | | | 27:15 | 28:40 | 29:52 | 30:27 | 30:47 | | | | | | | | | |
| | | | 3:36 | 1:25 | 1:12 | 0:35 | 0:20 | | | | | | | | | |
| 7 Uwe Brettschneider Kaulsdorfer OLV | H45 | 31:36 | 1:46 | 3:41 | 4:50 | 6:44 | 8:43 | 11:06 | 12:02 | 15:46 | 16:53 | 18:53 | 21:12 | 23:16 | 24:15 | |
| | | | 1:46 | 1:55 | 1:09 | 1:54 | 1:59 | 2:23 | 0:56 | 3:44 | 1:07 | 2:00 | 2:19 | 2:04 | 0:59 | |
| | | | 27:49 | 29:14 | 30:34 | 31:15 | 31:36 | | | | | | | | | |
| | | | 3:34 | 1:25 | 1:20 | 0:41 | 0:21 | | | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|---|-----|-------|-------------------------------|---------|-------|--------|-------|--------|--------|--------|--------|---------|---------|--------|---------|
| Bahn 06 (65) | | | 3,4 km 75 Hm 15 Posten | | | | | | | | | | | | |
| | | | 1(130) | 2(53) | 3(33) | 4(136) | 5(57) | 6(108) | 7(117) | 8(129) | 9(101) | 10(124) | 11(132) | 12(48) | 13(135) |
| | | | 14(50) | 15(100) | Ziel | | | | | | | | | | |
| 1 Michael Thierolf TV 1898 Alsbach | H50 | 26:05 | 2:00 | 3:25 | 4:18 | 7:40 | 8:28 | 9:46 | 13:18 | 14:21 | 17:09 | 19:06 | 21:16 | 22:09 | 23:09 |
| | | | 2:00 | 1:25 | 0:53 | 3:22 | 0:48 | 1:18 | 3:32 | 1:03 | 2:48 | 1:57 | 2:10 | 0:53 | 1:00 |
| | | | 25:12 | 25:46 | 26:05 | | | | | | | | | | |
| | | | 2:03 | 0:34 | 0:19 | | | | | | | | | | |
| 2 Michael Finkenstädt OLV Uslar 1976 | H50 | 26:20 | 2:02 | 3:21 | 4:11 | 6:47 | 10:28 | 11:10 | 14:50 | 15:46 | 17:53 | 20:01 | 21:54 | 22:39 | 23:54 |
| | | | 2:02 | 1:19 | 0:50 | 2:36 | 3:41 | 0:42 | 3:40 | 0:56 | 2:07 | 2:08 | 1:53 | 0:45 | 1:15 |
| | | | 25:28 | 25:58 | 26:20 | | | | | | | | | | |
| | | | 1:34 | 0:30 | 0:22 | | | | | | | | | | |
| 3 Matthias Müller Post SV Dresden | H50 | 28:13 | 3:03 | 4:36 | 6:32 | 9:47 | 10:31 | 11:32 | 17:06 | 18:03 | 20:38 | 22:08 | 24:10 | 24:55 | 26:03 |
| | | | 3:03 | 1:33 | 1:56 | 3:15 | 0:44 | 1:01 | 5:34 | 0:57 | 2:35 | 1:30 | 2:02 | 0:45 | 1:08 |
| | | | 27:19 | 27:51 | 28:13 | | | | | | | | | | |
| | | | 1:16 | 0:32 | 0:22 | | | | | | | | | | |
| 4 Benedikt Funk OLG Ortenau | H50 | 29:38 | 3:02 | 4:40 | 5:40 | 9:10 | 10:10 | 11:09 | 15:22 | 16:56 | 20:20 | 22:10 | 24:52 | 25:41 | 26:58 |
| | | | 3:02 | 1:38 | 1:00 | 3:30 | 1:00 | 0:59 | 4:13 | 1:34 | 3:24 | 1:50 | 2:42 | 0:49 | 1:17 |
| | | | 28:45 | 29:19 | 29:38 | | | | | | | | | | |
| | | | 1:47 | 0:34 | 0:19 | | | | | | | | | | |
| 5 Detlef Richter SG LVB Leipzig | H50 | 30:18 | 2:25 | 4:01 | 5:17 | 8:19 | 9:26 | 10:29 | 15:39 | 16:41 | 20:04 | 22:01 | 24:10 | 25:24 | 27:21 |
| | | | 2:25 | 1:36 | 1:16 | 3:02 | 1:07 | 1:03 | 5:10 | 1:02 | 3:23 | 1:57 | 2:09 | 1:14 | 1:57 |
| | | | 29:23 | 29:58 | 30:18 | | | | | | | | | | |
| | | | 2:02 | 0:35 | 0:20 | | | | | | | | | | |
| 5 Andreas Spengler ESV Lok Dessau | H50 | 30:18 | 2:22 | 3:47 | 4:49 | 10:36 | 11:27 | 12:25 | 16:25 | 17:20 | 21:05 | 23:37 | 26:00 | 26:49 | 28:01 |
| | | | 2:22 | 1:25 | 1:02 | 5:47 | 0:51 | 0:58 | 4:00 | 0:55 | 3:45 | 2:32 | 2:23 | 0:49 | 1:12 |
| | | | 29:21 | 29:54 | 30:18 | | | | | | | | | | |
| | | | 1:20 | 0:33 | 0:24 | | | | | | | | | | |
| 7 Torsten Kleipa OLF Mainz | H50 | 31:47 | 2:25 | 4:28 | 5:44 | 9:05 | 10:22 | 12:24 | 16:49 | 18:10 | 20:55 | 24:12 | 26:41 | 27:39 | 29:10 |
| | | | 2:25 | 2:03 | 1:16 | 3:21 | 1:17 | 2:02 | 4:25 | 1:21 | 2:45 | 3:17 | 2:29 | 0:58 | 1:31 |
| | | | 30:48 | 31:25 | 31:47 | | | | | | | | | | |
| | | | 1:38 | 0:37 | 0:22 | | | | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|------|-------|--|---------|-------|--------|-------|--------|--------|--------|--------|---------|---------|--------|---------|
| Bahn 06 (65) | | | 3,4 km 75 Hm 15 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(130) | 2(53) | 3(33) | 4(136) | 5(57) | 6(108) | 7(117) | 8(129) | 9(101) | 10(124) | 11(132) | 12(48) | 13(135) |
| | | | 14(50) | 15(100) | Ziel | | | | | | | | | | |
| 8 Veikko Baath TSV Jetzendorf | H50 | 32:10 | 3:22 | 5:11 | 6:16 | 9:02 | 10:09 | 11:09 | 17:21 | 18:22 | 22:02 | 24:05 | 26:50 | 27:51 | 29:28 |
| | | | 3:22 | 1:49 | 1:05 | 2:46 | 1:07 | 1:00 | 6:12 | 1:01 | 3:40 | 2:03 | 2:45 | 1:01 | 1:37 |
| | | | 31:15 | 31:52 | 32:10 | | | | | | | | | | |
| | | | 1:47 | 0:37 | 0:18 | | | | | | | | | | |
| 9 Steffen Lösch USV Jena | H50 | 32:12 | 2:41 | 4:24 | 5:45 | 9:16 | 10:15 | 12:22 | 18:14 | 19:30 | 23:07 | 25:07 | 27:19 | 28:11 | 29:12 |
| | | | 2:41 | 1:43 | 1:21 | 3:31 | 0:59 | 2:07 | 5:52 | 1:16 | 3:37 | 2:00 | 2:12 | 0:52 | 1:01 |
| | | | 31:14 | 31:49 | 32:12 | | | | | | | | | | |
| | | | 2:02 | 0:35 | 0:23 | | | | | | | | | | |
| 10 Kerstin Uiboupin OK Vöru (EST) | D19A | 32:38 | 2:32 | 4:10 | 5:27 | 8:46 | 9:54 | 11:05 | 16:07 | 17:29 | 21:33 | 23:44 | 26:54 | 27:47 | 29:23 |
| | | | 2:32 | 1:38 | 1:17 | 3:19 | 1:08 | 1:11 | 5:02 | 1:22 | 4:04 | 2:11 | 3:10 | 0:53 | 1:36 |
| | | | 31:31 | 32:18 | 32:38 | | | | | | | | | | |
| | | | 2:08 | 0:47 | 0:20 | | | | | | | | | | |
| 11 Peter Depta OLG Siegerland | H50 | 32:44 | 2:20 | 4:11 | 5:26 | 8:23 | 10:15 | 11:44 | 16:37 | 17:59 | 22:04 | 24:12 | 26:39 | 27:45 | 29:08 |
| | | | 2:20 | 1:51 | 1:15 | 2:57 | 1:52 | 1:29 | 4:53 | 1:22 | 4:05 | 2:08 | 2:27 | 1:06 | 1:23 |
| | | | 31:36 | 32:22 | 32:44 | | | | | | | | | | |
| | | | 2:28 | 0:46 | 0:22 | | | | | | | | | | |
| 12 Wolfram Knitsch Post-SV Chemnitz | H50 | 33:45 | 2:56 | 4:45 | 5:57 | 9:47 | 10:54 | 11:59 | 17:01 | 18:18 | 22:36 | 24:56 | 27:29 | 28:35 | 30:27 |
| | | | 2:56 | 1:49 | 1:12 | 3:50 | 1:07 | 1:05 | 5:02 | 1:17 | 4:18 | 2:20 | 2:33 | 1:06 | 1:52 |
| | | | 32:32 | 33:24 | 33:45 | | | | | | | | | | |
| | | | 2:05 | 0:52 | 0:21 | | | | | | | | | | |
| 13 Matias Mieth USV Jena | H50 | 33:54 | 2:35 | 4:21 | 5:29 | 9:47 | 11:22 | 12:29 | 18:27 | 19:53 | 24:50 | 26:55 | 29:07 | 29:44 | 30:56 |
| | | | 2:35 | 1:46 | 1:08 | 4:18 | 1:35 | 1:07 | 5:58 | 1:26 | 4:57 | 2:05 | 2:12 | 0:37 | 1:12 |
| | | | 32:42 | 33:30 | 33:54 | | | | | | | | | | |
| | | | 1:46 | 0:48 | 0:24 | | | | | | | | | | |
| 14 Mario Gorecki USV Jena | H50 | 34:05 | 2:22 | 4:27 | 5:58 | 11:13 | 12:27 | 14:22 | 18:48 | 20:11 | 23:31 | 26:07 | 28:40 | 29:38 | 31:08 |
| | | | 2:22 | 2:05 | 1:31 | 5:15 | 1:14 | 1:55 | 4:26 | 1:23 | 3:20 | 2:36 | 2:33 | 0:58 | 1:30 |
| | | | 33:05 | 33:43 | 34:05 | | | | 25:16 | 32:20 | | | | | |
| | | | 1:57 | 0:38 | 0:22 | | | | *60 | *138 | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|------|-------|--|---------|-------|--------|-------|--------|--------|--------|--------|---------|---------|--------|---------|
| Bahn 06 (65) | | | 3,4 km 75 Hm 15 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(130) | 2(53) | 3(33) | 4(136) | 5(57) | 6(108) | 7(117) | 8(129) | 9(101) | 10(124) | 11(132) | 12(48) | 13(135) |
| | | | 14(50) | 15(100) | Ziel | | | | | | | | | | |
| 36 Laura Kusber OK Mark Brandenburg | D19A | 47:05 | 3:18 | 5:50 | 7:15 | 11:20 | 13:44 | 16:49 | 24:59 | 27:22 | 32:29 | 35:25 | 40:23 | 41:31 | 43:18 |
| | | | 3:18 | 2:32 | 1:25 | 4:05 | 2:24 | 3:05 | 8:10 | 2:23 | 5:07 | 2:56 | 4:58 | 1:08 | 1:47 |
| | | | 45:49 | 46:43 | 47:05 | | | | | | | | | | |
| | | | 2:31 | 0:54 | 0:22 | | | | | | | | | | |
| 37 Dirk Strauß SV Hildesia Diekholzen | H50 | 47:16 | 3:15 | 5:01 | 6:15 | 19:26 | 21:23 | 22:16 | 28:22 | 30:10 | 35:24 | 37:52 | 40:28 | 41:49 | 43:46 |
| | | | 3:15 | 1:46 | 1:14 | 13:11 | 1:57 | 0:53 | 6:06 | 1:48 | 5:14 | 2:28 | 2:36 | 1:21 | 1:57 |
| | | | 46:08 | 46:55 | 47:16 | | | | | | | | | | |
| | | | 2:22 | 0:47 | 0:21 | | | | | | | | | | |
| 38 Annika Kabbert DJK Adler 07 Bottrop | D19A | 47:54 | 3:54 | 6:52 | 8:44 | 15:56 | 17:31 | 18:43 | 26:21 | 28:48 | 33:07 | 36:59 | 40:39 | 41:41 | 43:41 |
| | | | 3:54 | 2:58 | 1:52 | 7:12 | 1:35 | 1:12 | 7:38 | 2:27 | 4:19 | 3:52 | 3:40 | 1:02 | 2:00 |
| | | | 46:33 | 47:27 | 47:54 | | | | | | | | | | |
| | | | 2:52 | 0:54 | 0:27 | | | | | | | | | | |
| | | | | | | *133 | | | | | | | | | |
| 39 Erich Nürnberger OLG Regensburg | H50 | 48:10 | 3:56 | 6:26 | 8:12 | 17:50 | 19:14 | 20:24 | 28:32 | 30:39 | 35:17 | 37:46 | 40:46 | 42:06 | 44:07 |
| | | | 3:56 | 2:30 | 1:46 | 9:38 | 1:24 | 1:10 | 8:08 | 2:07 | 4:38 | 2:29 | 3:00 | 1:20 | 2:01 |
| | | | 46:39 | 47:47 | 48:10 | | | | | | | | | | |
| | | | 2:32 | 1:08 | 0:23 | | | | | | | | | | |
| 40 Thomas Hohberg ASG Teutoburger Wald | H50 | 48:25 | 4:09 | 6:29 | 8:07 | 14:06 | 15:42 | 16:56 | 25:22 | 27:25 | 32:17 | 35:51 | 38:43 | 40:08 | 42:25 |
| | | | 4:09 | 2:20 | 1:38 | 5:59 | 1:36 | 1:14 | 8:26 | 2:03 | 4:52 | 3:34 | 2:52 | 1:25 | 2:17 |
| | | | 47:03 | 48:02 | 48:25 | | | | | | | | | | |
| | | | 4:38 | 0:59 | 0:23 | | | | | | | | | | |
| 41 Clemens Pasda USV Jena | H50 | 50:42 | 9:52 | 11:33 | 13:07 | 17:43 | 19:19 | 20:58 | 26:47 | 28:37 | 35:38 | 38:31 | 41:23 | 42:46 | 46:23 |
| | | | 9:52 | 1:41 | 1:34 | 4:36 | 1:36 | 1:39 | 5:49 | 1:50 | 7:01 | 2:53 | 2:52 | 1:23 | 3:37 |
| | | | 49:19 | 50:11 | 50:42 | | | | | | | | | | |
| | | | 2:56 | 0:52 | 0:31 | | | | | | | | | | |
| 42 Ulrike Pischke SV Turbine Neubrandenburg | D19A | 50:56 | 4:54 | 7:20 | 9:00 | 13:39 | 16:19 | 18:16 | 28:41 | 30:23 | 35:56 | 38:43 | 43:01 | 44:30 | 46:36 |
| | | | 4:54 | 2:26 | 1:40 | 4:39 | 2:40 | 1:57 | 10:25 | 1:42 | 5:33 | 2:47 | 4:18 | 1:29 | 2:06 |
| | | | 49:32 | 50:28 | 50:56 | | | | | | | | | | |
| | | | 2:56 | 0:56 | 0:28 | | | | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|-------|--|--------------|--------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Bahn 07 (68) | | | 2,9 km 70 Hm 13 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(130) Ziel | 2(53) | 3(54) | 4(136) | 5(57) | 6(38) | 7(45) | 8(46) | 9(140) | 10(139) | 11(127) | 12(59) | 13(100) |
| 8 Isabel Seeger Baiersdorfer SV | D18 | 29:26 | 2:49 2:49 29:26 0:23 | 4:32 1:43 | 6:02 1:30 | 11:10 5:08 | 12:09 0:59 | 13:49 1:40 | 17:51 4:02 | 19:04 1:13 | 21:23 2:19 | 25:21 3:58 | 26:58 1:37 | 27:33 0:35 | 29:03 1:30 |
| 9 Katrin Lorenz-Baath TSV Jetzendorf | D35 | 29:32 | 2:40 2:40 29:32 0:21 | 4:29 1:49 | 6:24 1:55 | 9:54 3:30 | 11:00 1:06 | 12:43 1:43 | 16:51 4:08 | 18:37 1:46 | 20:46 2:09 | 24:03 3:17 | 25:32 1:29 | 27:43 2:11 | 29:11 1:28 |
| 10 Dorian Tosch TuS Lübbecke | H16 | 29:48 | 2:45 2:45 29:48 0:19 | 4:28 1:43 | 6:00 1:32 | 9:15 3:15 | 10:41 1:26 | 11:59 1:18 | 17:03 5:04 | 18:16 1:13 | 21:32 3:16 | 24:43 3:11 | 26:43 2:00 | 27:32 0:49 | 29:29 1:57 |
| 11 Hendrik Holzhauser Ski-Club Helsa | H16 | 30:08 | 2:24 2:24 30:08 0:20 | 4:07 1:43 | 7:25 3:18 | 10:51 3:26 | 13:49 2:58 | 15:12 1:23 | 18:41 3:29 | 19:31 0:50 | 24:14 4:43 | 26:40 2:26 | 28:12 1:32 | 28:40 0:28 | 29:48 1:08 |
| 12 Niklas Holzhauser Ski-Club Helsa | H16 | 30:31 | 5:16 5:16 30:31 0:20 | 7:11 1:55 | 8:40 1:29 | 14:13 5:33 | 14:58 0:45 | 17:51 2:53 | 20:44 2:53 | 21:46 1:02 | 24:13 2:27 | 27:08 2:55 | 28:15 1:07 | 28:55 0:40 | 30:11 1:16 |
| 13 Linda Indola OLG Regensburg | D18 | 31:01 | 2:41 2:41 31:01 0:20 | 4:23 1:42 | 5:59 1:36 | 9:17 3:18 | 10:23 1:06 | 12:07 1:44 | 16:25 4:18 | 19:45 3:20 | 22:14 2:29 | 25:53 3:39 | 27:34 1:41 | 29:10 1:36 | 30:41 1:31 |
| 14 Meike Jaeger Gundelfinger Turnerschaft | D35 | 31:22 | 3:31 3:31 31:22 0:24 | 5:14 1:43 | 7:01 1:47 | 12:16 5:15 | 13:22 1:06 | 15:06 1:44 | 18:49 3:43 | 20:07 1:18 | 22:00 1:53 | 25:30 3:30 | 26:59 1:29 | 29:22 2:23 | 30:58 1:36 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|---|-----|-------|--|--------------|-----------------------------|--------------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Bahn 07 (68) | | | 2,9 km 70 Hm 13 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(130) Ziel | 2(53) | 3(54) | 4(136) | 5(57) | 6(38) | 7(45) | 8(46) | 9(140) | 10(139) | 11(127) | 12(59) | 13(100) |
| 15 Leonie von Jagow USV TU Dresden | D18 | 31:40 | 8:25 8:25 31:40 0:21 | 9:56 1:31 | 11:38 1:42 | 15:06 3:28 | 16:00 0:54 | 17:27 1:27 | 21:22 3:55 | 22:32 1:10 | 24:27 1:55 | 27:36 3:09 | 29:09 1:33 | 29:52 0:43 | 31:19 1:27 |
| 16 Brit Horst TV 1898 Alsbach | D35 | 31:46 | 3:02 3:02 31:46 0:26 | 4:53 1:51 | 7:08 2:15 6:06 *33 | 10:51 3:43 27:16 *102 | 12:38 | 14:36 1:58 | 19:15 4:39 | 21:37 2:22 | 23:22 1:45 | 26:20 2:58 | 27:59 1:39 | 29:46 1:47 | 31:20 1:34 |
| 17 Wilhelm Holfeld USV TU Dresden | H16 | 31:50 | 3:00 3:00 31:50 0:18 | 5:07 2:07 | 7:17 2:10 | 11:49 4:32 | 13:12 1:23 | 14:39 1:27 | 18:15 3:36 | 19:17 1:02 | 21:32 2:15 | 24:34 3:02 | 26:00 1:26 | 30:20 4:20 | 31:32 1:12 |
| 18 Dorothea Müller Post SV Dresden | D18 | 31:54 | 2:38 2:38 31:54 0:22 | 4:15 1:37 | 6:35 2:20 | 10:52 4:17 | 12:03 1:11 | 13:55 1:52 | 17:41 3:46 | 19:44 2:03 | 22:09 2:25 | 25:29 3:20 | 27:09 1:40 | 29:54 2:45 | 31:32 1:38 |
| 19 Mareike Seeger Baiersdorfer SV | D18 | 32:56 | 2:29 2:29 32:56 0:23 | 4:09 1:40 | 6:00 1:51 | 13:27 7:27 | 14:52 1:25 | 16:50 1:58 | 20:58 4:08 | 22:08 1:10 | 24:49 2:41 | 28:31 3:42 | 30:17 1:46 | 30:57 0:40 | 32:33 1:36 |
| 20 Paula Mühlstein OSC Kassel | D18 | 33:02 | 2:54 2:54 33:02 0:20 | 5:07 2:13 | 7:21 2:14 | 12:00 4:39 | 14:51 2:51 | 17:20 2:29 | 21:18 3:58 | 22:39 1:21 | 25:14 2:35 | 28:34 3:20 | 30:11 1:37 | 31:16 1:05 | 32:42 1:26 |
| 21 Göran Heinemann SV Robotron Dresden | H16 | 33:19 | 2:26 2:26 33:19 0:19 | 4:58 2:32 | 7:16 2:18 | 12:25 5:09 | 13:29 1:04 | 16:59 3:30 | 21:06 4:07 | 23:12 2:06 | 25:59 2:47 | 29:02 3:03 | 30:36 1:34 | 31:16 0:40 | 33:00 1:44 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|---|-----|-------|--|--------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Bahn 07 (68) | | | 2,9 km 70 Hm 13 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(130) Ziel | 2(53) | 3(54) | 4(136) | 5(57) | 6(38) | 7(45) | 8(46) | 9(140) | 10(139) | 11(127) | 12(59) | 13(100) |
| 22 Sabine Jackisch SV TU Ilmenau | D35 | 34:07 | 2:59 2:59 34:07 0:25 | 4:44 1:45 | 7:19 2:35 | 11:59 4:40 | 14:16 2:17 | 15:51 1:35 | 20:45 4:54 | 21:57 1:12 | 25:21 3:24 | 29:27 4:06 | 31:07 1:40 | 31:53 0:46 | 33:42 1:49 |
| 23 Jacob Britz TV Oberbexbach 1894 | H16 | 34:56 | 4:21 4:21 34:56 0:19 | 6:03 1:42 | 8:34 2:31 | 12:34 4:00 | 14:10 1:36 | 16:42 2:32 | 24:04 7:22 | 25:32 1:28 | 27:52 2:20 | 30:53 3:01 | 32:38 1:45 | 33:11 0:33 | 34:37 1:26 |
| 24 Ilija Funk OL-Team Filder | H16 | 35:10 | 2:24 2:24 35:10 0:18 | 5:24 3:00 | 7:18 1:54 | 10:55 3:37 | 12:49 1:54 | 14:17 1:28 | 19:16 4:59 | 21:26 2:10 | 24:53 3:27 | 28:07 3:14 | 29:49 1:42 | 32:29 2:40 | 34:52 2:23 |
| 25 Ruta Weinert Post SV Dresden | D35 | 36:50 | 3:42 3:42 36:50 0:28 | 6:11 2:29 | 8:34 2:23 | 13:32 4:58 | 15:01 1:29 | 17:50 2:49 | 23:04 5:14 | 25:40 2:36 | 27:29 1:49 | 31:06 3:37 | 33:14 2:08 | 33:58 0:44 | 36:22 2:24 |
| 26 Leon Bauer OK Mark Brandenburg | H16 | 37:09 | 6:20 6:20 37:09 0:19 | 8:49 2:29 | 11:24 2:35 | 15:48 4:24 | 17:13 1:25 | 18:43 1:30 | 24:06 5:23 | 25:29 1:23 | 30:18 4:49 | 33:17 2:59 | 34:46 1:29 | 35:20 0:34 | 36:50 1:30 |
| 27 Alexander Görke OLF Mainz | H16 | 37:11 | 3:21 3:21 37:11 0:19 | 5:20 1:59 | 7:07 1:47 | 13:43 6:36 | 15:19 1:36 | 17:10 1:51 | 22:12 5:02 | 23:23 1:11 | 28:01 4:38 | 32:27 4:26 | 34:25 1:58 | 35:11 0:46 | 36:52 1:41 |
| 28 Annegret Wetzel SV Robotron Dresden | D35 | 37:38 | 4:40 4:40 37:38 0:25 | 6:14 1:34 | 8:11 1:57 | 12:07 3:56 | 17:00 4:53 | 19:08 2:08 | 22:55 3:47 | 23:59 1:04 | 27:27 3:28 | 31:24 3:57 | 33:12 1:48 | 35:34 2:22 | 37:13 1:39 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|-------|--|--------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Bahn 07 (68) | | | 2,9 km 70 Hm 13 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(130) Ziel | 2(53) | 3(54) | 4(136) | 5(57) | 6(38) | 7(45) | 8(46) | 9(140) | 10(139) | 11(127) | 12(59) | 13(100) |
| 36 Emil Friedländer SV Robotron Dresden | H16 | 40:57 | 3:40 3:40 40:57 0:59 | 6:23 2:43 | 9:50 3:27 | 14:58 5:08 | 16:23 1:25 | 18:31 2:08 | 24:05 5:34 | 27:04 2:59 | 30:09 3:05 | 34:20 4:11 | 36:15 1:55 | 36:59 0:44 | 39:58 2:59 |
| 37 Levin Büskens TSV Worpswede | H16 | 41:15 | 4:22 4:22 41:15 0:18 | 7:16 2:54 | 12:15 4:59 | 15:33 3:18 | 17:48 2:15 | 21:26 3:38 | 26:04 4:38 | 27:30 1:26 | 32:27 4:57 | 36:58 4:31 | 38:42 1:44 | 39:20 0:38 | 40:57 1:37 |
| 38 Susanne Löhning USV TU Dresden | D35 | 41:22 | 5:01 5:01 41:22 0:25 | 7:37 2:36 | 9:34 1:57 | 13:46 4:12 | 15:27 1:41 | 17:18 1:51 | 22:08 4:50 | 25:10 3:02 | 29:31 4:21 | 33:48 4:17 | 35:50 2:02 | 39:01 3:11 | 40:57 1:56 |
| 39 Simone Charlet Kaulsdorfer OLV | D18 | 42:00 | 3:36 3:36 42:00 0:23 | 5:36 2:00 | 8:39 3:03 | 12:22 3:43 | 13:30 1:08 | 19:12 5:42 | 23:23 4:11 | 25:52 2:29 | 29:45 3:53 | 36:35 6:50 | 38:46 2:11 | 39:30 0:44 | 41:37 2:07 |
| 40 Luca Maltig DJK Adler 07 Bottrop | H16 | 43:13 | 3:47 3:47 43:13 0:20 | 6:05 2:18 | 14:16 8:11 | 17:38 3:22 | 19:45 2:07 | 23:24 3:39 | 28:06 4:42 | 29:28 1:22 | 34:55 5:27 | 38:56 4:01 | 40:40 1:44 | 41:16 0:36 | 42:53 1:37 |
| 41 Thessa Jobst Kaulsdorfer OLV | D18 | 43:26 | 5:01 5:01 43:26 0:25 | 7:20 2:19 | 10:29 3:09 | 15:50 5:21 | 17:01 1:11 | 19:25 2:24 | 24:31 5:06 | 28:54 4:23 | 32:28 3:34 | 37:39 5:11 | 39:53 2:14 | 41:02 1:09 | 43:01 1:59 |
| 42 Henrike Lucke Post SV Dresden | D35 | 44:21 | 3:57 3:57 44:21 0:34 | 6:01 2:04 | 10:17 4:16 | 15:25 5:08 | 17:04 1:39 | 22:40 5:36 | 27:13 4:33 | 29:39 2:26 | 33:23 3:44 | 38:19 4:56 | 40:20 2:01 | 41:28 1:08 | 43:47 2:19 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|-------|--|--------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Bahn 07 (68) | | | 2,9 km 70 Hm 13 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(130) Ziel | 2(53) | 3(54) | 4(136) | 5(57) | 6(38) | 7(45) | 8(46) | 9(140) | 10(139) | 11(127) | 12(59) | 13(100) |
| 43 Michael Krassowizkij TGV Horn | H16 | 45:01 | 5:21 5:21 45:01 0:21 | 7:20 1:59 | 12:33 5:13 | 19:27 6:54 | 21:43 2:16 | 25:32 3:49 | 29:50 4:18 | 31:39 1:49 | 36:23 4:44 | 40:29 4:06 | 42:22 1:53 | 43:15 0:53 | 44:40 1:25 |
| 44 Kitti Boros TV 1894 Coburg-Neuses | D18 | 45:47 | 3:15 3:15 45:47 0:24 | 5:52 2:37 | 9:30 3:38 | 14:45 5:15 | 16:48 2:03 | 21:10 4:22 | 26:44 5:34 | 30:04 3:20 | 34:17 4:13 | 40:01 5:44 | 42:20 2:19 | 43:18 0:58 | 45:23 2:05 |
| 45 Tim Uster TSG Bad König | H16 | 46:19 | 3:11 3:11 46:19 0:20 | 5:13 2:02 | 11:18 6:05 | 20:47 9:29 | 22:12 1:25 | 24:27 2:15 | 29:30 5:03 | 33:49 4:19 | 38:00 4:11 | 42:10 4:10 | 43:52 1:42 | 44:30 0:38 | 45:59 1:29 |
| 46 Elisa Wolf Kaulsdorfer OLV | D18 | 46:29 | 3:26 3:26 46:29 0:23 | 6:04 2:38 | 8:56 2:52 | 13:26 4:30 | 16:57 3:31 | 20:28 3:31 | 26:34 6:06 | 28:04 1:30 | 30:35 2:31 | 35:12 4:37 | 41:16 6:04 | 43:39 2:23 | 46:06 2:27 |
| 47 Maximilian Popp OLF Mainz | H16 | 47:14 | 7:07 7:07 47:14 0:19 | 9:37 2:30 | 13:10 3:33 | 18:39 5:29 | 23:47 5:08 | 27:30 3:43 | 32:14 4:44 | 33:24 1:10 | 37:58 4:34 | 42:30 4:32 | 44:32 2:02 | 45:13 0:41 | 46:55 1:42 |
| 48 Lisa Frohböse TSC Eintracht Dortmund 48/9! | D18 | 47:51 | 4:37 4:37 47:51 0:25 | 7:23 2:46 | 11:34 4:11 | 16:51 5:17 | 19:15 2:24 | 23:20 4:05 | 28:48 5:28 | 32:03 3:15 | 36:27 4:24 | 42:08 5:41 | 44:24 2:16 | 45:22 0:58 | 47:26 2:04 |
| 49 Brit Kärger OK Leipzig | D35 | 49:13 | 4:24 4:24 49:13 0:30 | 7:01 2:37 | 9:55 2:54 | 16:14 6:19 | 18:15 2:01 | 20:53 2:38 | 27:18 6:25 | 29:57 2:39 | 33:42 3:45 | 37:54 4:12 | 44:12 6:18 | 46:01 1:49 | 48:43 2:42 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|---------|--|---------------|---------------|----------------|----------------|---------------|----------------|---------------|----------------|-----------------|-----------------|-----------------|-----------------|
| Bahn 07 (68) | | | 2,9 km 70 Hm 13 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(130) Ziel | 2(53) | 3(54) | 4(136) | 5(57) | 6(38) | 7(45) | 8(46) | 9(140) | 10(139) | 11(127) | 12(59) | 13(100) |
| 57 Zoe Reuß TV 1894 Coburg-Neuses | D18 | 55:51 | 3:52 3:52 55:51 0:24 | 7:43 3:51 | 12:16 4:33 | 24:56 12:40 | 26:53 1:57 | 31:23 4:30 | 36:50 5:27 | 40:07 3:17 | 44:13 4:06 | 50:10 5:57 | 52:27 2:17 | 53:23 0:56 | 55:27 2:04 |
| 58 Rosa Raupach OLV Steinberg | D18 | 56:16 | 4:13 4:13 56:16 0:24 | 9:19 5:06 | 16:34 7:15 | 21:58 5:24 | 24:43 2:45 | 27:35 2:52 | 35:39 8:04 | 39:11 3:32 | 42:21 3:10 | 47:17 4:56 | 50:43 3:26 | 53:11 2:28 | 55:52 2:41 |
| 59 Annika Holthoff OLV Steinberg | D18 | 57:46 | 10:46 10:46 57:46 0:26 | 12:58 2:12 | 15:43 2:45 | 24:33 8:50 | 26:22 1:49 | 31:43 5:21 | 37:44 6:01 | 40:12 2:28 | 44:51 4:39 | 50:21 5:30 | 53:30 3:09 | 54:58 1:28 | 57:20 2:22 |
| 60 Karola Schmidt TG 1860 Münden | D18 | 1:01:29 | 6:29 6:29 1:01:29 0:27 | 10:57 4:28 | 13:43 2:46 | 21:32 7:49 | 23:37 2:05 | 29:47 6:10 | 37:42 7:55 | 41:21 3:39 | 46:03 4:42 | 51:52 5:49 | 55:14 3:22 | 57:09 1:55 | 1:01:02 3:53 |
| 61 Silvia Casanova OLG Regensburg | D18 | 1:02:45 | 10:59 10:59 1:02:45 0:27 | 13:31 2:32 | 16:28 2:57 | 23:07 6:39 | 24:32 1:25 | 27:45 3:13 | 36:08 8:23 | 38:32 2:24 | 44:14 5:42 | 48:56 4:42 | 53:11 4:15 | 59:13 6:02 | 1:02:18 3:05 |
| 62 Andrea Gruber SV Mietraching | D18 | 1:08:59 | 3:05 3:05 1:08:59 0:30 | 5:13 2:08 | 9:54 4:41 | 24:57 15:03 | 37:22 12:25 | 41:09 3:47 | 48:28 7:19 | 50:35 2:07 | 55:29 4:54 | 1:01:40 6:11 | 1:04:42 3:02 | 1:05:39 0:57 | 1:08:29 2:50 |
| 63 Claudia Becker Berliner Turnerschaft | D35 | 1:12:18 | 11:12 11:12 1:12:18 0:27 | 14:18 3:06 | 18:18 4:00 | 21:47 3:29 | 26:09 4:22 | 29:32 3:23 | 40:50 11:18 | 42:13 1:23 | 57:41 15:28 | 1:03:19 5:38 | 1:06:58 3:39 | 1:08:26 1:28 | 1:11:51 3:25 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|---------|--|---------------|-------------------------------|----------------|----------------|------------------|------------------|-----------------|-----------------|------------------|-----------------|-----------------|-----------------|
| Bahn 07 (68) | | | 2,9 km 70 Hm 13 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(130) Ziel | 2(53) | 3(54) | 4(136) | 5(57) | 6(38) | 7(45) | 8(46) | 9(140) | 10(139) | 11(127) | 12(59) | 13(100) |
| 64 Taniel Leiss Gundelfinger Turnerschaft | H16 | 1:39:42 | 14:39 14:39 1:39:42 0:22 | 22:14 7:35 | 25:47 3:33 | 37:17 11:30 | 40:04 2:47 | 57:05 17:01 | 1:07:59 10:54 | 1:10:03 2:04 | 1:17:34 7:31 | 1:29:17 11:43 | 1:33:48 4:31 | 1:35:03 1:15 | 1:39:20 4:17 |
| 65 Felix Yang Turn-Klubb Hannover | H16 | 1:45:17 | 4:09 4:09 1:45:17 0:25 | 6:21 2:12 | 9:10 2:49 | 34:15 25:05 | 36:21 2:06 | 1:03:07 26:46 | 1:10:02 6:55 | 1:16:17 6:15 | 1:23:27 7:10 | 1:33:19 9:52 | 1:39:15 5:56 | 1:41:10 1:55 | 1:44:52 3:42 |
| Vincent Eichenseher OLG Regensburg | H16 | Fehlst | 4:29 4:29 38:33 0:20 | 6:23 1:54 | 9:42 3:19 31:43 *132 | 13:12 3:30 | 14:50 1:38 | 19:08 4:18 | 23:39 4:31 | 25:22 1:43 | 28:16 2:54 | ----- 7:08 | 35:24 7:08 | 36:02 0:38 | 38:13 2:11 |
| Jonas Jackisch SV TU Ilmenau | H16 | Fehlst | 8:32 8:32 1:11:15 0:22 | 11:03 2:31 | 13:33 2:30 | 23:33 10:00 | 33:52 10:19 | 37:38 3:46 | ----- 15:36 | 53:14 3:34 | 56:48 3:34 | 1:01:45 4:57 | 1:05:08 3:23 | 1:08:48 3:40 | 1:10:53 2:05 |
| Markus Yang Turn-Klubb Hannover | H16 | Fehlst | 39:23 39:23 1:28:00 0:32 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | 1:16:56 37:33 | 1:21:48 4:52 | 1:24:01 2:13 | 1:27:28 3:27 |

| Pl. Name | Kat | Zeit | 1(126) Ziel | 2(32) | 3(33) | 4(34) | 5(56) | 6(57) | 7(38) | 8(101) | 9(128) | 10(124) | 11(102) | 12(123) | 13(100) |
|--|-----|-------|-------------------------------|--------------|--------------|--------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Bahn 08 (55) | | | 2,8 km 70 Hm 13 Posten | | | | | | | | | | | | |
| 1 Jens Leibiger Post SV Dresden | H55 | 23:10 | 1:30 1:30 23:10 0:22 | 3:34 2:04 | 4:36 1:02 | 6:23 1:47 | 7:38 1:15 | 8:31 0:53 | 10:03 1:32 | 13:47 3:44 | 15:23 1:36 | 16:38 1:15 | 20:48 4:10 | 21:44 0:56 | 22:48 1:04 |
| 2 Emil Kimmig TV Oberkirch | H55 | 24:55 | 1:54 1:54 24:55 0:19 | 4:29 2:35 | 5:30 1:01 | 8:08 2:38 | 9:19 1:11 | 10:00 0:41 | 11:40 1:40 | 15:21 3:41 | 16:45 1:24 | 18:10 1:25 | 21:45 3:35 | 23:38 1:53 | 24:36 0:58 |
| 3 Manfred Hickethier SSV Planeta Radebeul | H60 | 25:01 | 1:52 1:52 25:01 0:19 | 4:14 2:22 | 5:20 1:06 | 7:11 1:51 | 8:37 1:26 | 9:15 0:38 | 10:40 1:25 | 15:16 4:36 | 17:04 1:48 | 18:53 1:49 | 22:33 3:40 | 23:38 1:05 | 24:42 1:04 |
| 4 Horst von Gaza OLV Uslar 1976 | H55 | 26:28 | 1:44 1:44 26:28 0:24 | 5:31 3:47 | 6:39 1:08 | 8:18 1:39 | 9:40 1:22 | 10:19 0:39 | 12:05 1:46 | 15:50 3:45 | 17:28 1:38 | 18:43 1:15 | 23:57 5:14 | 25:05 1:08 | 26:04 0:59 |
| 5 Bernd Döhler TUS Karlsruhe-Rüppurr | H60 | 27:05 | 2:00 2:00 27:05 0:25 | 5:33 3:33 | 6:43 1:10 | 8:47 2:04 | 10:23 1:36 | 11:03 0:40 | 12:35 1:32 | 16:42 4:07 | 18:38 1:56 | 20:51 2:13 | 24:37 3:46 | 25:37 1:00 | 26:40 1:03 |
| 5 Sergej Sonnenberg Osnabrücker TB | H55 | 27:05 | 2:39 2:39 27:05 0:24 | 4:44 2:05 | 5:44 1:00 | 7:44 2:00 | 10:15 2:31 | 10:58 0:43 | 13:31 2:33 | 17:24 3:53 | 18:48 1:24 | 20:14 1:26 | 24:21 4:07 | 25:42 1:21 | 26:41 0:59 |
| 7 Michael Möser USV TU Dresden | H60 | 27:36 | 1:51 1:51 27:36 0:24 | 4:48 2:57 | 5:48 1:00 | 8:00 2:12 | 10:09 2:09 | 11:16 1:07 | 13:35 2:19 | 17:39 4:04 | 19:28 1:49 | 20:46 1:18 | 25:07 4:21 | 26:07 1:00 | 27:12 1:05 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|---|-----|-------|--|--------------|--------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Bahn 08 (55) | | | 2,8 km 70 Hm 13 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(126) Ziel | 2(32) | 3(33) | 4(34) | 5(56) | 6(57) | 7(38) | 8(101) | 9(128) | 10(124) | 11(102) | 12(123) | 13(100) |
| 8 Helmut Härtelt SSV Planeta Radebeul | H60 | 29:00 | 1:50 1:50 29:00 0:20 | 4:10 2:20 | 5:26 1:16 | 7:34 2:08 | 8:47 1:13 | 9:58 1:11 | 12:33 2:35 | 16:27 3:54 | 20:31 4:04 | 22:49 2:18 | 26:35 3:46 | 27:35 1:00 | 28:40 1:05 |
| 9 Udo Sobczak MTV Soltau | H60 | 31:06 | 2:03 2:03 31:06 0:24 | 5:18 3:15 | 8:42 3:24 | 10:47 2:05 | 12:10 1:23 | 12:50 0:40 | 15:31 2:41 | 21:07 5:36 | 22:47 1:40 | 24:06 1:19 | 28:41 4:35 | 29:41 1:00 | 30:42 1:01 |
| 10 Ewald Eyrich OLG Ortenau | H60 | 31:13 | 2:42 2:42 31:13 0:25 | 5:51 3:09 | 7:04 1:13 | 9:09 2:05 | 12:59 3:50 | 14:02 1:03 | 16:43 2:41 | 21:17 4:34 | 22:58 1:41 | 24:44 1:46 | 28:40 3:56 | 29:43 1:03 | 30:48 1:05 |
| 11 Dietmar Fuchs Post SV Dresden | H55 | 31:15 | 1:50 1:50 31:15 0:26 | 4:14 2:24 | 5:23 1:09 | 7:23 2:00 | 11:37 4:14 | 12:20 0:43 | 14:45 2:25 | 19:24 4:39 | 21:34 2:10 | 23:56 2:22 | 28:20 4:24 | 29:37 1:17 | 30:49 1:12 |
| 12 Erhard Jübermann RSV Hannover | H60 | 31:23 | 2:32 2:32 31:23 0:24 | 5:13 2:41 | 6:35 1:22 | 8:38 2:03 | 10:02 1:24 | 10:47 0:45 | 13:30 2:43 | 19:11 5:41 | 21:02 1:51 | 22:58 1:56 | 28:10 5:12 | 29:33 1:23 | 30:59 1:26 |
| 13 Reinhard In der Stroth Osnabrücker TB | H60 | 31:38 | 2:24 2:24 31:38 0:27 | 4:52 2:28 | 6:07 1:15 | 8:15 2:08 | 9:33 1:18 | 10:32 0:59 | 12:17 1:45 | 18:36 6:19 | 22:36 4:00 | 24:22 1:46 | 28:33 4:11 | 29:59 1:26 | 31:11 1:12 |
| 14 Frank Wiedenfeld SSV Planeta Radebeul | H55 | 31:39 | 1:52 1:52 31:39 0:22 | 4:30 2:38 | 5:55 1:25 | 8:43 2:48 | 10:40 1:57 | 11:30 0:50 | 14:48 3:18 | 19:28 4:40 | 21:26 1:58 | 23:48 2:22 | 28:53 5:05 | 29:56 1:03 | 31:17 1:21 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|-------|--|--------------|-------------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Bahn 08 (55) | | | 2,8 km 70 Hm 13 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(126) Ziel | 2(32) | 3(33) | 4(34) | 5(56) | 6(57) | 7(38) | 8(101) | 9(128) | 10(124) | 11(102) | 12(123) | 13(100) |
| 15 Uwe Schleef ESV Lok Magdeburg | H55 | 33:23 | 2:23 2:23 33:23 0:27 | 5:58 3:35 | 7:16 1:18 | 9:40 2:24 | 11:24 1:44 | 12:24 1:00 | 14:16 1:52 | 20:28 6:12 | 22:33 2:05 | 25:03 2:30 | 29:56 4:53 | 31:39 1:43 | 32:56 1:17 |
| 16 Hans-Jürgen Nitsche SV Handwerk Erfurt | H60 | 33:30 | 2:19 2:19 33:30 0:24 | 5:48 3:29 | 7:06 1:18 | 9:17 2:11 | 10:31 1:14 | 11:27 0:56 | 14:04 2:37 | 19:03 4:59 | 23:14 4:11 | 25:51 2:37 | 30:53 5:02 | 31:56 1:03 | 33:06 1:10 |
| 17 Jan Kaminsky BSV Halle-Ammendorf | H55 | 33:33 | 1:50 1:50 33:33 0:23 | 4:30 2:40 | 5:58 1:28 11:05 *37 | 8:28 2:30 | 10:25 1:57 | 11:53 1:28 | 13:19 1:26 | 18:23 5:04 | 20:29 2:06 | 23:18 2:49 | 29:19 6:01 | 31:48 2:29 | 33:10 1:22 |
| 17 Diethard Kundisch USV TU Dresden | H60 | 33:33 | 1:51 1:51 33:33 0:27 | 4:39 2:48 | 5:49 1:10 25:01 *140 | 7:51 2:02 | 11:34 3:43 | 12:33 0:59 | 14:22 1:49 | 20:51 6:29 | 23:03 2:12 | 26:38 3:35 | 30:20 3:42 | 31:48 1:28 | 33:06 1:18 |
| 19 Stephan Krämer TV 1894 Coburg-Neuses | H55 | 34:06 | 1:57 1:57 34:06 0:24 | 4:42 2:45 | 5:57 1:15 | 8:28 2:31 | 10:06 1:38 | 11:11 1:05 | 14:40 3:29 | 20:55 6:15 | 24:01 3:06 | 26:07 2:06 | 30:57 4:50 | 32:23 1:26 | 33:42 1:19 |
| 20 Norbert Zenker USV TU Dresden | H55 | 34:26 | 3:07 3:07 34:26 0:24 | 5:40 2:33 | 6:43 1:03 | 10:05 3:22 | 13:02 2:57 | 13:47 0:45 | 15:37 1:50 | 21:03 5:26 | 22:55 1:52 | 25:23 2:28 | 29:26 4:03 | 32:55 3:29 | 34:02 1:07 |
| 21 Gerhard Brettschneider Kaulsdorfer OLV | H60 | 34:56 | 2:52 2:52 34:56 0:24 | 6:49 3:57 | 9:07 2:18 | 13:09 4:02 | 14:38 1:29 | 15:37 0:59 | 19:21 3:44 | 24:29 5:08 | 26:26 1:57 | 28:21 1:55 | 32:24 4:03 | 33:27 1:03 | 34:32 1:05 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|-------|--|--------------|--------------|---------------|---------------|---------------|---------------|----------------|---------------|---------------|---------------|---------------|---------------|
| Bahn 08 (55) | | | 2,8 km 70 Hm 13 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(126) Ziel | 2(32) | 3(33) | 4(34) | 5(56) | 6(57) | 7(38) | 8(101) | 9(128) | 10(124) | 11(102) | 12(123) | 13(100) |
| 22 Rüdiger Reischuk Lübecker Turnerschaft | H60 | 35:22 | 2:01 2:01 35:22 0:22 | 5:22 3:21 | 6:50 1:28 | 9:37 2:47 | 12:07 2:30 | 13:13 1:06 | 16:13 3:00 | 21:46 5:33 | 25:27 3:41 | 27:40 2:13 | 32:34 4:54 | 33:44 1:10 | 35:00 1:16 |
| 23 Jürgen Ehms USV Jena | H55 | 35:35 | 2:13 2:13 35:35 0:23 | 4:47 2:34 | 5:59 1:12 | 8:06 2:07 | 10:23 2:17 | 11:20 0:57 | 13:01 1:41 | 18:37 5:36 | 21:54 3:17 | 24:14 2:20 | 31:22 7:08 | 34:01 2:39 | 35:12 1:11 |
| 24 Uwe Dresel SC Klecken | H55 | 35:37 | 2:17 2:17 35:37 0:25 | 5:04 2:47 | 6:43 1:39 | 9:28 2:45 | 15:17 5:49 | 16:06 0:49 | 18:46 2:40 | 23:39 4:53 | 25:50 2:11 | 28:04 2:14 | 32:33 4:29 | 33:45 1:12 | 35:12 1:27 |
| 25 Helmut Wollgarten Hansa Simmerath | H60 | 36:03 | 1:40 1:40 36:03 0:25 | 4:23 2:43 | 5:54 1:31 | 7:50 1:56 | 11:11 3:21 | 11:58 0:47 | 14:47 2:49 | 22:07 7:20 | 25:38 3:31 | 27:22 1:44 | 32:24 5:02 | 33:42 1:18 | 35:38 1:56 |
| 26 Fred Jensch OK Mark Brandenburg | H55 | 37:17 | 3:14 3:14 37:17 0:23 | 8:18 5:04 | 9:29 1:11 | 13:31 4:02 | 16:03 2:32 | 17:00 0:57 | 19:30 2:30 | 23:59 4:29 | 26:14 2:15 | 29:32 3:18 | 34:27 4:55 | 35:41 1:14 | 36:54 1:13 |
| 27 Jürgen Jankowski ASG Teutoburger Wald | H60 | 37:37 | 1:59 1:59 37:37 0:27 | 4:34 2:35 | 6:00 1:26 | 7:55 1:55 | 9:59 2:04 | 11:00 1:01 | 12:54 1:54 | 23:36 10:42 | 26:46 3:10 | 29:18 2:32 | 33:59 4:41 | 35:45 1:46 | 37:10 1:25 |
| 28 Frank Czioska OLF Mainz | H60 | 38:09 | 2:05 2:05 38:09 0:25 | 4:51 2:46 | 6:20 1:29 | 8:47 2:27 | 11:05 2:18 | 12:06 1:01 | 14:09 2:03 | 19:56 5:47 | 26:28 6:32 | 28:14 1:46 | 34:18 6:04 | 36:20 2:02 | 37:44 1:24 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | | |
|---------------------|--|------|--|--------------|-------|-------|-------|-------|-------|--------|--------|---------|---------|---------|---------|-------|
| Bahn 08 (55) | | | 2,8 km 70 Hm 13 Posten (Forts.) | | | | | | | | | | | | | |
| | | | 1(126) | 2(32) | 3(33) | 4(34) | 5(56) | 6(57) | 7(38) | 8(101) | 9(128) | 10(124) | 11(102) | 12(123) | 13(100) | |
| | | | Ziel | | | | | | | | | | | | | |
| 29 | Wolf-Gerold Juckelandt USV TU Dresden | H60 | 38:33 | 2:22 | 5:22 | 6:45 | 10:16 | 12:57 | 13:44 | 15:48 | 21:31 | 24:12 | 26:37 | 35:18 | 36:39 | 38:01 |
| | | | 2:22 | 3:00 | 1:23 | 3:31 | 2:41 | 0:47 | 2:04 | 5:43 | 2:41 | 2:25 | 8:41 | 1:21 | 1:22 | |
| | | | 38:33 | | | | | | | | | | | | | |
| | | | 0:32 | | | | | | | | | | | | | |
| 30 | Werner Kraemer Post SV Dresden | H55 | 38:46 | 2:07 | 4:45 | 6:12 | 8:55 | 13:37 | 14:32 | 16:50 | 22:27 | 25:17 | 28:32 | 34:22 | 36:45 | 38:17 |
| | | | 2:07 | 2:38 | 1:27 | 2:43 | 4:42 | 0:55 | 2:18 | 5:37 | 2:50 | 3:15 | 5:50 | 2:23 | 1:32 | |
| | | | 38:46 | | | | | | | | | | | | | |
| | | | 0:29 | | | | | | | | | | | | | |
| 31 | Guido Seeger Baiersdorfer SV | H55 | 39:15 | 2:41 | 6:40 | 8:14 | 10:49 | 14:47 | 15:41 | 18:16 | 24:05 | 27:15 | 30:48 | 36:17 | 37:33 | 38:51 |
| | | | 2:41 | 3:59 | 1:34 | 2:35 | 3:58 | 0:54 | 2:35 | 5:49 | 3:10 | 3:33 | 5:29 | 1:16 | 1:18 | |
| | | | 39:15 | | | | | | | | | | | | | |
| | | | 0:24 | | | | | | | | | | | | | |
| 32 | Michael Zwicke DJK Adler 07 Bottrop | H55 | 40:07 | 2:54 | 5:46 | 7:26 | 10:24 | 12:11 | 13:16 | 15:33 | 24:14 | 28:24 | 31:10 | 36:47 | 38:09 | 39:38 |
| | | | 2:54 | 2:52 | 1:40 | 2:58 | 1:47 | 1:05 | 2:17 | 8:41 | 4:10 | 2:46 | 5:37 | 1:22 | 1:29 | |
| | | | 40:07 | | | | | | | | | | | | | |
| | | | 0:29 | | | | | | | | | | | | | |
| 33 | Heinrich Götte OLF Mainz | H60 | 40:14 | 3:06 | 5:56 | 7:10 | 9:35 | 11:12 | 12:15 | 14:06 | 23:52 | 29:05 | 31:27 | 37:08 | 38:29 | 39:45 |
| | | | 3:06 | 2:50 | 1:14 | 2:25 | 1:37 | 1:03 | 1:51 | 9:46 | 5:13 | 2:22 | 5:41 | 1:21 | 1:16 | |
| | | | 40:14 | | | | | | | | | | | | | |
| | | | 0:29 | | | | | | | | | | | | | |
| | | | | <i>30:41</i> | | | | | | | | | | | | |
| | | | | <i>*140</i> | | | | | | | | | | | | |
| 34 | Gerhard Bader ESV Lok Magdeburg | H60 | 40:18 | 3:11 | 6:48 | 8:22 | 10:52 | 13:02 | 14:07 | 16:11 | 21:52 | 28:29 | 30:18 | 36:15 | 38:23 | 39:49 |
| | | | 3:11 | 3:37 | 1:34 | 2:30 | 2:10 | 1:05 | 2:04 | 5:41 | 6:37 | 1:49 | 5:57 | 2:08 | 1:26 | |
| | | | 40:18 | | | | | | | | | | | | | |
| | | | 0:29 | | | | | | | | | | | | | |
| | | | | <i>6:16</i> | | | | | | | | | | | | |
| | | | | <i>*53</i> | | | | | | | | | | | | |
| 35 | Dietmar Laske SV TU Ilmenau | H55 | 40:19 | 2:04 | 5:00 | 6:13 | 8:44 | 15:17 | 16:04 | 19:24 | 26:47 | 29:56 | 32:11 | 36:57 | 38:12 | 39:51 |
| | | | 2:04 | 2:56 | 1:13 | 2:31 | 6:33 | 0:47 | 3:20 | 7:23 | 3:09 | 2:15 | 4:46 | 1:15 | 1:39 | |
| | | | 40:19 | | | | | | | | | | | | | |
| | | | 0:28 | | | | | | | | | | | | | |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|-------|--|--------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|----------------|----------------|---------------|---------------|----------------|---------------|---------------|
| Bahn 08 (55) | | | 2,8 km 70 Hm 13 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(126) Ziel | 2(32) | 3(33) | 4(34) | 5(56) | 6(57) | 7(38) | 8(101) | 9(128) | 10(124) | 11(102) | 12(123) | 13(100) |
| 36 Alfred Newerla RSV Hannover | H60 | 42:22 | 2:15 2:15 42:22 0:30 | 4:41 2:26 | 6:00 1:19 31:40 *140 | 8:00 2:00 | 9:59 1:59 | 10:44 0:45 | 12:39 1:55 | 24:19 11:40 | 29:43 5:24 | 34:04 4:21 | 39:12 5:08 | 40:24 1:12 | 41:52 1:28 |
| 37 Dettel Much OLV Uslar 1976 | H60 | 43:20 | 2:36 2:36 43:20 0:29 | 5:37 3:01 | 6:57 1:20 | 9:19 2:22 | 10:57 1:38 | 12:13 1:16 | 22:15 10:02 | 28:27 6:12 | 31:48 3:21 | 34:55 3:07 | 39:56 5:01 | 41:31 1:35 | 42:51 1:20 |
| 38 Karl-Heinz Seefeld OLV Uslar 1976 | H60 | 44:59 | 3:33 3:33 44:59 0:34 | 7:12 3:39 | 8:59 1:47 | 12:06 3:07 | 15:07 3:01 | 16:07 1:00 | 20:19 4:12 | 28:30 8:11 | 32:22 3:52 | 34:47 2:25 | 41:03 6:16 | 42:35 1:32 | 44:25 1:50 |
| 39 Wieland Albrecht OLV Weimar | H55 | 45:30 | 1:49 1:49 45:30 0:23 | 4:30 2:41 | 6:10 1:40 | 8:37 2:27 | 13:22 4:45 | 13:56 0:34 | 18:51 4:55 | 29:37 10:46 | 33:14 3:37 | 35:04 1:50 | 42:25 7:21 | 43:53 1:28 | 45:07 1:14 |
| 40 Frank Paschka SSV Planeta Radebeul | H60 | 47:01 | 3:10 3:10 47:01 0:34 | 7:26 4:16 | 11:07 3:41 | 14:09 3:02 | 17:13 3:04 | 18:17 1:04 | 22:23 4:06 | 30:33 8:10 | 34:25 3:52 | 36:50 2:25 | 43:09 6:19 | 44:38 1:29 | 46:27 1:49 |
| 41 Ferdinand Hanses SV Eintracht Neuenkirchen | H60 | 51:46 | 2:33 2:33 51:46 0:32 | 6:00 3:27 | 7:38 1:38 28:49 *45 | 11:20 3:42 31:42 *47 | 15:39 4:19 35:05 *60 | 16:40 1:01 49:22 *59 | 20:27 3:47 | 29:38 9:11 | 32:56 3:18 | 36:00 3:04 | 48:24 12:24 | 49:55 1:31 | 51:14 1:19 |
| 42 Peter Treibmann OK Leipzig | H55 | 52:53 | 3:03 3:03 52:53 0:23 | 7:21 4:18 | 9:19 1:58 | 12:13 2:54 | 20:03 7:50 | 21:11 1:08 | 23:40 2:29 | 31:15 7:35 | 35:41 4:26 | 40:26 4:45 | 49:10 8:44 | 50:41 1:31 | 52:30 1:49 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|---------|--|--------------|---------------|----------------|---------------|---------------|---------------|----------------|---------------|---------------|----------------|-----------------|-----------------|
| Bahn 08 (55) | | | 2,8 km 70 Hm 13 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(126) Ziel | 2(32) | 3(33) | 4(34) | 5(56) | 6(57) | 7(38) | 8(101) | 9(128) | 10(124) | 11(102) | 12(123) | 13(100) |
| 43 Yuriy Krassowizkij TGV Horn | H60 | 55:03 | 2:50 2:50 55:03 0:35 | 7:28 4:38 | 9:15 1:47 | 12:50 3:35 | 14:39 1:49 | 16:23 1:44 | 18:44 2:21 | 36:23 17:39 | 39:38 3:15 | 41:45 2:07 | 51:16 9:31 | 52:37 1:21 | 54:28 1:51 |
| 44 Peter Gierlach WOLF Haltern | H55 | 55:27 | 2:55 2:55 55:27 0:36 | 9:15 6:20 | 11:02 1:47 | 13:50 2:48 | 20:50 7:00 | 24:44 3:54 | 28:08 3:24 | 36:05 7:57 | 40:01 3:56 | 42:52 2:51 | 50:12 7:20 | 52:44 2:32 | 54:51 2:07 |
| 45 Bernd Höfner OLV Uslar 1976 | H60 | 56:08 | 2:51 2:51 56:08 0:22 | 6:37 3:46 | 8:35 1:58 | 11:06 2:31 | 12:46 1:40 | 14:28 1:42 | 16:40 2:12 | 37:48 21:08 | 44:53 7:05 | 46:28 1:35 | 52:17 5:49 | 53:57 1:40 | 55:46 1:49 |
| 46 Uwe Bürger TSC Eintracht Dortmund 48/9! | H55 | 56:47 | 2:46 2:46 56:47 0:30 | 6:53 4:07 | 8:33 1:40 | 13:28 4:55 | 16:37 3:09 | 18:18 1:41 | 23:03 4:45 | 38:01 14:58 | 42:05 4:04 | 44:51 2:46 | 52:34 7:43 | 54:13 1:39 | 56:17 2:04 |
| 47 Joachim Menn OLG Siegerland | H55 | 1:00:46 | 3:28 3:28 1:00:46 0:35 | 7:36 4:08 | 9:38 2:02 | 19:03 9:25 | 23:03 4:00 | 24:12 1:09 | 28:04 3:52 | 37:53 9:49 | 44:51 6:58 | 47:51 3:00 | 55:27 7:36 | 58:02 2:35 | 1:00:11 2:09 |
| 48 Rudolf Herold Kaulsdorfer OLV | H60 | 1:01:11 | 3:16 3:16 1:01:11 0:29 | 7:48 4:32 | 9:43 1:55 | 20:16 10:33 | 23:10 2:54 | 24:10 1:00 | 28:21 4:11 | 38:34 10:13 | 44:05 5:31 | 48:05 4:00 | 55:28 7:23 | 58:11 2:43 | 1:00:42 2:31 |
| 49 Klaus Pflästerer Athletik Club 18 Weinheim | H55 | 1:02:40 | 3:26 3:26 1:02:40 0:25 | 6:42 3:16 | 9:24 2:42 | 12:55 3:31 | 17:14 4:19 | 18:19 1:05 | 25:55 7:36 | 32:51 6:56 | 38:47 5:56 | 43:40 4:53 | 59:03 15:23 | 1:00:46 1:43 | 1:02:15 1:29 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|--|-----|---------|--|--------------|-------------------------------|--------------------------------|----------------------------------|---------------|----------------|----------------|---------------|----------------|------------------|-----------------|-----------------|
| Bahn 08 (55) | | | 2,8 km 70 Hm 13 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(126) | 2(32) | 3(33) | 4(34) | 5(56) | 6(57) | 7(38) | 8(101) | 9(128) | 10(124) | 11(102) | 12(123) | 13(100) |
| | | | Ziel | | | | | | | | | | | | |
| 50 Franz-Josef Dirkes SV Eintracht Neuenkirchen | H55 | 1:04:46 | 2:04 2:04 1:04:46 0:32 | 4:31 2:27 | 6:30 1:59 | 8:17 1:47 | 10:56 2:39 | 11:38 0:42 | 13:09 1:31 | 35:27 22:18 | 37:46 2:19 | 53:39 15:53 | 1:01:19 7:40 | 1:02:40 1:21 | 1:04:14 1:34 |
| 51 Henning Käppele OLG Siegerland | H55 | 1:11:36 | 3:47 3:47 1:11:36 0:30 | 7:36 3:49 | 9:43 2:07 1:59 *122 | 14:31 4:48 57:40 *140 | 23:45 9:14 1:11:08 *100 | 25:03 1:18 | 42:13 17:10 | 50:55 8:42 | 53:44 2:49 | 58:48 5:04 | 1:05:33 6:45 | 1:07:16 1:43 | 1:11:06 3:50 |
| 52 Uwe Andersson TSV Malente von 1900 | H60 | 1:12:56 | 3:28 3:28 1:12:56 0:28 | 6:43 3:15 | 8:24 1:41 | 14:05 5:41 | 17:07 3:02 | 18:05 0:58 | 21:09 3:04 | 35:46 14:37 | 40:36 4:50 | 43:21 2:45 | 1:08:34 25:13 | 1:10:14 1:40 | 1:12:28 2:14 |
| 53 Werner Kornetzki SC Melle 03 | H55 | 1:14:05 | 5:43 5:43 1:14:05 0:29 | 9:55 4:12 | 12:55 3:00 | 16:06 3:11 | 21:58 5:52 | 23:32 1:34 | 29:31 5:59 | 38:19 8:48 | 46:42 8:23 | 50:37 3:55 | 1:05:22 14:45 | 1:11:35 6:13 | 1:13:36 2:01 |
| Holger Jurack ESV Lok Magdeburg | H55 | Fehlst | 2:54 2:54 37:44 0:24 | 5:59 3:05 | 8:41 2:42 13:36 *136 | 11:39 2:58 | 14:29 2:50 | 15:29 1:00 | ----- 8:03 | 23:32 3:34 | 27:06 2:33 | 29:39 2:33 | 34:51 5:12 | 36:04 1:13 | 37:20 1:16 |
| AK Aleksander Borachenko Titan St. Petersburg (RUS) | H55 | 37:07 | 3:33 3:33 37:07 0:20 | 6:01 2:28 | 7:28 1:27 | 9:26 1:58 | 10:48 1:22 | 12:33 1:45 | 18:37 6:04 | 24:06 5:29 | 25:52 1:46 | 28:53 3:01 | 34:26 5:33 | 35:34 1:08 | 36:47 1:13 |

| Pl. Name | Kat | Zeit | 1(125) | 2(130) | 3(118) | 4(58) | 5(39) | 6(134) | 7(60) | 8(115) | 9(102) | 10(127) | 11(138) | 12(100) | Ziel |
|-----------------------------|-----|-------|-------------------------------|--------|--------|-------|-------|--------|-------|--------|--------|---------|---------|---------|-------|
| Bahn 09 (38) | | | 2,5 km 50 Hm 12 Posten | | | | | | | | | | | | |
| 1 Ellen Klüser | D16 | 21:11 | 1:53 | 3:01 | 4:40 | 7:06 | 9:43 | 11:58 | 13:04 | 14:26 | 16:58 | 17:29 | 19:50 | 20:53 | 21:11 |
| USV TU Dresden | | | 1:53 | 1:08 | 1:39 | 2:26 | 2:37 | 2:15 | 1:06 | 1:22 | 2:32 | 0:31 | 2:21 | 1:03 | 0:18 |
| 1 Anke von Gaza | D40 | 21:11 | 1:43 | 2:58 | 4:39 | 7:48 | 10:17 | 12:39 | 13:53 | 15:12 | 17:55 | 18:27 | 19:48 | 20:49 | 21:11 |
| OLV Uslar 1976 | | | 1:43 | 1:15 | 1:41 | 3:09 | 2:29 | 2:22 | 1:14 | 1:19 | 2:43 | 0:32 | 1:21 | 1:01 | 0:22 |
| 3 Kerstin Kahmann | D40 | 22:30 | 1:49 | 3:16 | 4:58 | 7:51 | 10:41 | 13:14 | 14:20 | 15:23 | 17:57 | 19:51 | 21:04 | 22:09 | 22:30 |
| OFV Ostercappeln | | | 1:49 | 1:27 | 1:42 | 2:53 | 2:50 | 2:33 | 1:06 | 1:03 | 2:34 | 1:54 | 1:13 | 1:05 | 0:21 |
| 4 Ann-Charlotte Spangenberg | D16 | 23:26 | 2:35 | 5:17 | 6:41 | 9:09 | 11:47 | 14:00 | 15:08 | 16:30 | 19:08 | 19:38 | 22:05 | 23:06 | 23:26 |
| TG 1860 Münden | | | 2:35 | 2:42 | 1:24 | 2:28 | 2:38 | 2:13 | 1:08 | 1:22 | 2:38 | 0:30 | 2:27 | 1:01 | 0:20 |
| | | | | 21:05 | | | | | | | | | | | |
| | | | | *131 | | | | | | | | | | | |
| 5 Anja Kästner | D40 | 25:01 | 2:17 | 3:40 | 5:33 | 8:59 | 12:22 | 15:27 | 16:44 | 18:14 | 21:15 | 21:53 | 23:27 | 24:37 | 25:01 |
| TV Oberbexbach 1894 | | | 2:17 | 1:23 | 1:53 | 3:26 | 3:23 | 3:05 | 1:17 | 1:30 | 3:01 | 0:38 | 1:34 | 1:10 | 0:24 |
| 6 Marei Lehner | D16 | 25:17 | 3:05 | 4:55 | 7:26 | 11:50 | 13:42 | 16:01 | 17:16 | 18:35 | 21:41 | 22:18 | 23:40 | 24:56 | 25:17 |
| OLG Regensburg | | | 3:05 | 1:50 | 2:31 | 4:24 | 1:52 | 2:19 | 1:15 | 1:19 | 3:06 | 0:37 | 1:22 | 1:16 | 0:21 |
| 7 Hannah Hänsel | D16 | 25:27 | 2:03 | 4:42 | 6:15 | 9:46 | 13:45 | 16:05 | 17:10 | 18:29 | 21:00 | 21:30 | 24:07 | 25:05 | 25:27 |
| SV Lengefeld | | | 2:03 | 2:39 | 1:33 | 3:31 | 3:59 | 2:20 | 1:05 | 1:19 | 2:31 | 0:30 | 2:37 | 0:58 | 0:22 |
| | | | | 23:08 | | | | | | | | | | | |
| | | | | *131 | | | | | | | | | | | |
| 8 Daniela Zschäckel | D40 | 26:37 | 4:31 | 5:29 | 7:18 | 11:19 | 15:05 | 17:29 | 18:35 | 19:35 | 22:16 | 23:58 | 25:09 | 26:14 | 26:37 |
| SV IHW Alex 78 Berlin | | | 4:31 | 0:58 | 1:49 | 4:01 | 3:46 | 2:24 | 1:06 | 1:00 | 2:41 | 1:42 | 1:11 | 1:05 | 0:23 |
| 9 Esther Stamer | D40 | 26:57 | 2:00 | 3:53 | 5:35 | 12:55 | 15:08 | 17:31 | 18:51 | 20:16 | 23:10 | 23:51 | 25:30 | 26:35 | 26:57 |
| MTK Bad Harzburg | | | 2:00 | 1:53 | 1:42 | 7:20 | 2:13 | 2:23 | 1:20 | 1:25 | 2:54 | 0:41 | 1:39 | 1:05 | 0:22 |
| 10 Meike Hensseler | D16 | 27:01 | 2:16 | 4:36 | 6:16 | 10:37 | 14:10 | 17:59 | 19:09 | 20:32 | 23:25 | 24:04 | 25:33 | 26:41 | 27:01 |
| MTV Seesen | | | 2:16 | 2:20 | 1:40 | 4:21 | 3:33 | 3:49 | 1:10 | 1:23 | 2:53 | 0:39 | 1:29 | 1:08 | 0:20 |
| 11 Kaatje Fantini | D16 | 27:15 | 2:19 | 4:21 | 5:54 | 9:32 | 14:54 | 17:29 | 18:43 | 20:07 | 23:18 | 24:10 | 25:35 | 26:56 | 27:15 |
| TuS Lübbecke | | | 2:19 | 2:02 | 1:33 | 3:38 | 5:22 | 2:35 | 1:14 | 1:24 | 3:11 | 0:52 | 1:25 | 1:21 | 0:19 |
| 12 Lena Höhne | D16 | 28:25 | 2:30 | 3:55 | 5:49 | 9:42 | 13:10 | 17:42 | 19:15 | 20:38 | 24:35 | 25:13 | 26:44 | 28:00 | 28:25 |
| SG LVB Leipzig | | | 2:30 | 1:25 | 1:54 | 3:53 | 3:28 | 4:32 | 1:33 | 1:23 | 3:57 | 0:38 | 1:31 | 1:16 | 0:25 |
| 13 Kira Döllgast | D16 | 29:19 | 2:34 | 5:08 | 6:57 | 12:51 | 15:16 | 18:15 | 19:51 | 21:18 | 25:26 | 26:08 | 27:39 | 28:54 | 29:19 |
| TV Oberbexbach 1894 | | | 2:34 | 2:34 | 1:49 | 5:54 | 2:25 | 2:59 | 1:36 | 1:27 | 4:08 | 0:42 | 1:31 | 1:15 | 0:25 |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | | | |
|-----|---|-----|---|--------|--------|-------|-------|--------|-------|--------|--------|---------|---------|---------|-------|-------|
| | | | Bahn 09 (38) 2,5 km 50 Hm 12 Posten (Forts.) | | | | | | | | | | | | | |
| | | | 1(125) | 2(130) | 3(118) | 4(58) | 5(39) | 6(134) | 7(60) | 8(115) | 9(102) | 10(127) | 11(138) | 12(100) | Ziel | |
| 14 | Caroline Knoll Bielefelder TG | D40 | 29:20 | 2:49 | 4:11 | 6:14 | 11:16 | 16:21 | 19:32 | 20:56 | 22:18 | 25:18 | 25:58 | 27:40 | 28:54 | 29:20 |
| | | | | 2:49 | 1:22 | 2:03 | 5:02 | 5:05 | 3:11 | 1:24 | 1:22 | 3:00 | 0:40 | 1:42 | 1:14 | 0:26 |
| 14 | Ann-Sophie Minner OL Görlitz | D16 | 29:20 | 3:32 | 6:16 | 8:00 | 11:37 | 16:52 | 19:36 | 20:49 | 22:14 | 25:23 | 26:12 | 27:39 | 28:58 | 29:20 |
| | | | | 3:32 | 2:44 | 1:44 | 3:37 | 5:15 | 2:44 | 1:13 | 1:25 | 3:09 | 0:49 | 1:27 | 1:19 | 0:22 |
| 16 | Isabel Jakob SV Robotron Dresden | D16 | 30:12 | 2:31 | 5:57 | 7:47 | 11:35 | 15:12 | 19:23 | 21:13 | 22:34 | 26:40 | 27:15 | 28:44 | 29:53 | 30:12 |
| | | | | 2:31 | 3:26 | 1:50 | 3:48 | 3:37 | 4:11 | 1:50 | 1:21 | 4:06 | 0:35 | 1:29 | 1:09 | 0:19 |
| 17 | Vanessa Pirc Gundelfinger Turnerschaft | D16 | 31:01 | 3:30 | 5:49 | 7:45 | 12:21 | 15:56 | 18:57 | 20:28 | 23:24 | 26:49 | 27:21 | 29:18 | 30:42 | 31:01 |
| | | | | 3:30 | 2:19 | 1:56 | 4:36 | 3:35 | 3:01 | 1:31 | 2:56 | 3:25 | 0:32 | 1:57 | 1:24 | 0:19 |
| 18 | Pia Buchholz MTK Bad Harzburg | D16 | 31:08 | 2:51 | 7:10 | 8:59 | 13:36 | 17:46 | 20:53 | 22:26 | 23:49 | 27:31 | 28:12 | 29:42 | 30:48 | 31:08 |
| | | | | 2:51 | 4:19 | 1:49 | 4:37 | 4:10 | 3:07 | 1:33 | 1:23 | 3:42 | 0:41 | 1:30 | 1:06 | 0:20 |
| 19 | Leonie Vilz TV Jahn Eitelborn | D16 | 31:57 | 2:27 | 4:17 | 6:22 | 11:39 | 16:01 | 19:10 | 20:53 | 23:07 | 27:15 | 27:50 | 29:46 | 31:35 | 31:57 |
| | | | | 2:27 | 1:50 | 2:05 | 5:17 | 4:22 | 3:09 | 1:43 | 2:14 | 4:08 | 0:35 | 1:56 | 1:49 | 0:22 |
| 20 | Felicitas Vogt OL Görlitz | D16 | 33:09 | 3:19 | 4:54 | 8:06 | 15:12 | 19:03 | 22:22 | 24:05 | 25:34 | 29:30 | 30:11 | 31:41 | 32:47 | 33:09 |
| | | | | 3:19 | 1:35 | 3:12 | 7:06 | 3:51 | 3:19 | 1:43 | 1:29 | 3:56 | 0:41 | 1:30 | 1:06 | 0:22 |
| 21 | Solia Stamer MTK Bad Harzburg | D16 | 36:07 | 3:02 | 4:59 | 7:18 | 13:34 | 19:26 | 22:57 | 24:42 | 26:56 | 31:18 | 32:11 | 33:45 | 35:47 | 36:07 |
| | | | | 3:02 | 1:57 | 2:19 | 6:16 | 5:52 | 3:31 | 1:45 | 2:14 | 4:22 | 0:53 | 1:34 | 2:02 | 0:20 |
| 22 | Tanja Buchholz MTK Bad Harzburg | D40 | 36:22 | 3:07 | 5:41 | 8:21 | 14:14 | 17:56 | 21:48 | 23:43 | 26:07 | 30:50 | 31:41 | 34:10 | 35:56 | 36:22 |
| | | | | 3:07 | 2:34 | 2:40 | 5:53 | 3:42 | 3:52 | 1:55 | 2:24 | 4:43 | 0:51 | 2:29 | 1:46 | 0:26 |
| 23 | Birgit Wersin TGM Budenheim | D40 | 36:44 | 8:02 | 9:47 | 11:47 | 16:00 | 21:24 | 24:36 | 26:05 | 28:26 | 32:35 | 33:09 | 35:06 | 36:16 | 36:44 |
| | | | | 8:02 | 1:45 | 2:00 | 4:13 | 5:24 | 3:12 | 1:29 | 2:21 | 4:09 | 0:34 | 1:57 | 1:10 | 0:28 |
| 24 | Paulina Strobel USV Jena | D16 | 38:19 | 3:35 | 5:00 | 7:06 | 13:00 | 16:02 | 19:57 | 21:17 | 23:14 | 32:21 | 33:01 | 35:59 | 37:58 | 38:19 |
| | | | | 3:35 | 1:25 | 2:06 | 5:54 | 3:02 | 3:55 | 1:20 | 1:57 | 9:07 | 0:40 | 2:58 | 1:59 | 0:21 |
| 25 | Franziska Hochstetter USV Jena | D16 | 38:44 | 5:18 | 6:45 | 8:49 | 15:31 | 18:23 | 20:58 | 22:44 | 24:50 | 31:01 | 31:49 | 36:54 | 38:21 | 38:44 |
| | | | | 5:18 | 1:27 | 2:04 | 6:42 | 2:52 | 2:35 | 1:46 | 2:06 | 6:11 | 0:48 | 5:05 | 1:27 | 0:23 |
| 26 | Eileen Rupsch USG Chemnitz | D40 | 43:00 | 6:08 | 11:05 | 13:16 | 17:59 | 21:14 | 29:33 | 31:32 | 34:29 | 38:17 | 38:53 | 40:52 | 42:37 | 43:00 |
| | | | | 6:08 | 4:57 | 2:11 | 4:43 | 3:15 | 8:19 | 1:59 | 2:57 | 3:48 | 0:36 | 1:59 | 1:45 | 0:23 |
| 27 | Sandra Lischewski BSV Halle-Ammendorf | D40 | 43:29 | 4:55 | 7:32 | 9:44 | 15:19 | 20:24 | 23:42 | 25:42 | 27:41 | 37:09 | 38:00 | 41:44 | 43:03 | 43:29 |
| | | | | 4:55 | 2:37 | 2:12 | 5:35 | 5:05 | 3:18 | 2:00 | 1:59 | 9:28 | 0:51 | 3:44 | 1:19 | 0:26 |

| Pl. | Name | Kat | Zeit | 1(133) | 2(137) | 3(118) | 4(45) | 5(46) | 6(47) | 7(119) | 8(132) | 9(59) | 10(50) | 11(100) | Ziel |
|---------------------|--------------------------------------|-----|-------------------------------|--------|--------|--------|-------|-------|-------|--------|--------|-------|--------|---------|-------|
| Bahn 10 (68) | | | 2,2 km 50 Hm 11 Posten | | | | | | | | | | | | |
| 1 | Monika Depta OLG Siegerland | D45 | 18:58 | 3:43 | 4:23 | 5:33 | 7:26 | 8:56 | 10:11 | 13:56 | 14:56 | 16:44 | 17:50 | 18:37 | 18:58 |
| | | | | 3:43 | 0:40 | 1:10 | 1:53 | 1:30 | 1:15 | 3:45 | 1:00 | 1:48 | 1:06 | 0:47 | 0:21 |
| 2 | Gunda Fischer OLV Weimar | D45 | 19:48 | 2:11 | 3:07 | 4:24 | 6:16 | 7:15 | 10:00 | 14:24 | 15:27 | 17:27 | 18:48 | 19:25 | 19:48 |
| | | | | 2:11 | 0:56 | 1:17 | 1:52 | 0:59 | 2:45 | 4:24 | 1:03 | 2:00 | 1:21 | 0:37 | 0:23 |
| 3 | Heidrun Finke OLV Uslar 1976 | D50 | 20:58 | 2:28 | 3:33 | 4:54 | 7:16 | 8:33 | 10:02 | 14:41 | 15:58 | 18:36 | 19:56 | 20:36 | 20:58 |
| | | | | 2:28 | 1:05 | 1:21 | 2:22 | 1:17 | 1:29 | 4:39 | 1:17 | 2:38 | 1:20 | 0:40 | 0:22 |
| 4 | Wiebke Sihver Post SV Dresden | D45 | 21:29 | 2:07 | 3:11 | 4:31 | 6:36 | 7:49 | 9:27 | 14:07 | 15:33 | 18:03 | 20:09 | 21:03 | 21:29 |
| | | | | 2:07 | 1:04 | 1:20 | 2:05 | 1:13 | 1:38 | 4:40 | 1:26 | 2:30 | 2:06 | 0:54 | 0:26 |
| 5 | Karl-Eberhard Gerlach USV Jena | H65 | 21:46 | 2:14 | 3:16 | 4:34 | 6:39 | 8:30 | 10:38 | 15:25 | 16:46 | 18:59 | 20:42 | 21:24 | 21:46 |
| | | | | 2:14 | 1:02 | 1:18 | 2:05 | 1:51 | 2:08 | 4:47 | 1:21 | 2:13 | 1:43 | 0:42 | 0:22 |
| 6 | Jekaterina Zelenin USG Chemnitz | D45 | 22:24 | 2:26 | 3:40 | 5:11 | 7:24 | 8:48 | 10:20 | 15:49 | 17:02 | 19:38 | 21:20 | 22:01 | 22:24 |
| | | | | 2:26 | 1:14 | 1:31 | 2:13 | 1:24 | 1:32 | 5:29 | 1:13 | 2:36 | 1:42 | 0:41 | 0:23 |
| 7 | Rolf Krüpfanz Post-SV Chemnitz | H65 | 23:16 | 2:48 | 4:02 | 5:22 | 7:31 | 9:08 | 10:54 | 16:29 | 17:57 | 20:33 | 22:10 | 22:50 | 23:16 |
| | | | | 2:48 | 1:14 | 1:20 | 2:09 | 1:37 | 1:46 | 5:35 | 1:28 | 2:36 | 1:37 | 0:40 | 0:26 |
| 8 | Lutz TröBe SV TU Ilmenau | H65 | 24:42 | 2:51 | 3:48 | 5:09 | 7:19 | 9:12 | 10:56 | 16:01 | 17:36 | 20:07 | 23:32 | 24:19 | 24:42 |
| | | | | 2:51 | 0:57 | 1:21 | 2:10 | 1:53 | 1:44 | 5:05 | 1:35 | 2:31 | 3:25 | 0:47 | 0:23 |
| 9 | Wilfred Holloway MTK Bad Harzburg | H65 | 24:44 | 2:55 | 4:29 | 6:02 | 8:29 | 9:51 | 11:46 | 17:43 | 19:05 | 21:38 | 23:30 | 24:20 | 24:44 |
| | | | | 2:55 | 1:34 | 1:33 | 2:27 | 1:22 | 1:55 | 5:57 | 1:22 | 2:33 | 1:52 | 0:50 | 0:24 |
| 10 | Ira Funk OK Leipzig | D45 | 24:48 | 2:36 | 3:46 | 5:13 | 7:28 | 9:02 | 11:31 | 16:34 | 18:21 | 22:09 | 23:34 | 24:23 | 24:48 |
| | | | | 2:36 | 1:10 | 1:27 | 2:15 | 1:34 | 2:29 | 5:03 | 1:47 | 3:48 | 1:25 | 0:49 | 0:25 |
| | | | 21:22 | | | | | | | | | | | | |
| | | | *123 | | | | | | | | | | | | |
| 11 | Anke Müller Post SV Dresden | D45 | 24:54 | 2:32 | 3:39 | 5:10 | 7:47 | 9:25 | 11:10 | 17:17 | 18:43 | 20:55 | 23:29 | 24:26 | 24:54 |
| | | | | 2:32 | 1:07 | 1:31 | 2:37 | 1:38 | 1:45 | 6:07 | 1:26 | 2:12 | 2:34 | 0:57 | 0:28 |
| 12 | Karin Kraemer Post SV Dresden | D50 | 25:19 | 4:41 | 5:30 | 7:12 | 9:04 | 10:20 | 11:45 | 15:55 | 17:12 | 21:09 | 24:14 | 24:53 | 25:19 |
| | | | | 4:41 | 0:49 | 1:42 | 1:52 | 1:16 | 1:25 | 4:10 | 1:17 | 3:57 | 3:05 | 0:39 | 0:26 |
| | | | 9:39 | | 20:27 | | | | | | | | | | |
| | | | *101 | | *49 | | | | | | | | | | |
| 13 | Thomas Stöhr SG Dittersdorf | H65 | 25:24 | 3:08 | 6:02 | 7:25 | 9:42 | 11:12 | 13:01 | 18:33 | 20:00 | 22:41 | 24:11 | 24:57 | 25:24 |
| | | | | 3:08 | 2:54 | 1:23 | 2:17 | 1:30 | 1:49 | 5:32 | 1:27 | 2:41 | 1:30 | 0:46 | 0:27 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | |
|----------------------------|-----|-------|--|--------|--------|-------|-------|-------|--------|--------|-------|--------|---------|-------|
| Bahn 10 (68) | | | 2,2 km 50 Hm 11 Posten (Forts.) | | | | | | | | | | | |
| | | | 1(133) | 2(137) | 3(118) | 4(45) | 5(46) | 6(47) | 7(119) | 8(132) | 9(59) | 10(50) | 11(100) | Ziel |
| 14 Helmut Conrad | H65 | 25:25 | 2:34 | 3:34 | 4:50 | 8:10 | 9:31 | 11:00 | 15:42 | 19:20 | 21:57 | 24:15 | 25:02 | 25:25 |
| USV TU Dresden | | | 2:34 | 1:00 | 1:16 | 3:20 | 1:21 | 1:29 | 4:42 | 3:38 | 2:37 | 2:18 | 0:47 | 0:23 |
| | | | 22:53 | | | | | | | | | | | |
| | | | *138 | | | | | | | | | | | |
| 15 Sabine Juckelandt | D50 | 25:26 | 2:43 | 3:47 | 5:12 | 7:41 | 9:12 | 11:02 | 15:58 | 17:19 | 19:57 | 24:20 | 25:01 | 25:26 |
| USV TU Dresden | | | 2:43 | 1:04 | 1:25 | 2:29 | 1:31 | 1:50 | 4:56 | 1:21 | 2:38 | 4:23 | 0:41 | 0:25 |
| 16 Jürgen Ziesche | H65 | 26:01 | 4:40 | 5:33 | 6:52 | 9:07 | 10:44 | 13:54 | 19:44 | 20:58 | 23:23 | 24:55 | 25:36 | 26:01 |
| ESV Lok Berlin-Schöneweide | | | 4:40 | 0:53 | 1:19 | 2:15 | 1:37 | 3:10 | 5:50 | 1:14 | 2:25 | 1:32 | 0:41 | 0:25 |
| | | | 3:54 | | | | | | | | | | | |
| | | | *125 | | | | | | | | | | | |
| 17 Kirsten Kolbe | D50 | 26:03 | 2:48 | 3:58 | 5:24 | 7:40 | 9:14 | 12:23 | 17:38 | 19:47 | 22:47 | 24:38 | 25:37 | 26:03 |
| TuS Lübbecke | | | 2:48 | 1:10 | 1:26 | 2:16 | 1:34 | 3:09 | 5:15 | 2:09 | 3:00 | 1:51 | 0:59 | 0:26 |
| 18 Liisa Rihko-Struckmann | D50 | 26:51 | 3:13 | 4:56 | 6:26 | 9:09 | 10:38 | 12:31 | 18:00 | 20:54 | 23:38 | 25:34 | 26:25 | 26:51 |
| Braunschweiger MTV | | | 3:13 | 1:43 | 1:30 | 2:43 | 1:29 | 1:53 | 5:29 | 2:54 | 2:44 | 1:56 | 0:51 | 0:26 |
| 19 Dieter Schlaefke | H65 | 27:15 | 3:08 | 4:29 | 5:49 | 8:12 | 11:44 | 13:27 | 19:15 | 20:44 | 24:05 | 25:48 | 26:51 | 27:15 |
| DJK Adler 07 Bottrop | | | 3:08 | 1:21 | 1:20 | 2:23 | 3:32 | 1:43 | 5:48 | 1:29 | 3:21 | 1:43 | 1:03 | 0:24 |
| 20 Nikolaus Risch | H65 | 28:06 | 2:14 | 3:27 | 4:59 | 7:09 | 11:06 | 13:17 | 21:18 | 22:30 | 25:31 | 27:01 | 27:42 | 28:06 |
| ASG Teutoburger Wald | | | 2:14 | 1:13 | 1:32 | 2:10 | 3:57 | 2:11 | 8:01 | 1:12 | 3:01 | 1:30 | 0:41 | 0:24 |
| 21 Catrin Nitsche | D50 | 28:27 | 2:43 | 4:01 | 5:29 | 8:12 | 11:02 | 12:53 | 18:28 | 20:06 | 25:06 | 26:46 | 28:01 | 28:27 |
| Post SV Dresden | | | 2:43 | 1:18 | 1:28 | 2:43 | 2:50 | 1:51 | 5:35 | 1:38 | 5:00 | 1:40 | 1:15 | 0:26 |
| | | | 23:39 | | | | | | | | | | | |
| | | | *123 | | | | | | | | | | | |
| 22 Karin Vogl | D45 | 28:32 | 2:53 | 4:19 | 5:58 | 8:45 | 10:21 | 12:02 | 17:55 | 20:24 | 24:38 | 27:26 | 28:09 | 28:32 |
| SV Mietraching | | | 2:53 | 1:26 | 1:39 | 2:47 | 1:36 | 1:41 | 5:53 | 2:29 | 4:14 | 2:48 | 0:43 | 0:23 |
| 23 Bettina Holthoff | D45 | 28:40 | 3:13 | 4:36 | 6:18 | 9:21 | 11:23 | 13:13 | 18:57 | 20:34 | 23:24 | 27:11 | 28:12 | 28:40 |
| OLV Steinberg | | | 3:13 | 1:23 | 1:42 | 3:03 | 2:02 | 1:50 | 5:44 | 1:37 | 2:50 | 3:47 | 1:01 | 0:28 |
| 24 Annette Leonhardt | D45 | 28:45 | 2:49 | 4:03 | 5:32 | 7:42 | 13:29 | 15:12 | 21:10 | 22:42 | 25:27 | 27:34 | 28:19 | 28:45 |
| Treptower SV 1949 | | | 2:49 | 1:14 | 1:29 | 2:10 | 5:47 | 1:43 | 5:58 | 1:32 | 2:45 | 2:07 | 0:45 | 0:26 |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | | |
|---------------------|---------------------|-----|--|--------|--------|--------|-------|-------|-------|--------|--------|-------|--------|---------|-------|
| Bahn 10 (68) | | | 2,2 km 50 Hm 11 Posten (Forts.) | | | | | | | | | | | | |
| | | | | 1(133) | 2(137) | 3(118) | 4(45) | 5(46) | 6(47) | 7(119) | 8(132) | 9(59) | 10(50) | 11(100) | Ziel |
| 25 | Heike Leideck | D50 | 28:47 | 2:45 | 4:08 | 5:49 | 8:40 | 11:29 | 13:17 | 19:29 | 21:05 | 23:51 | 27:24 | 28:20 | 28:47 |
| | USV TU Dresden | | | 2:45 | 1:23 | 1:41 | 2:51 | 2:49 | 1:48 | 6:12 | 1:36 | 2:46 | 3:33 | 0:56 | 0:27 |
| 26 | Anke Kusber | D50 | 29:02 | 4:38 | 6:02 | 7:27 | 9:46 | 11:17 | 15:07 | 21:41 | 23:15 | 26:03 | 27:50 | 28:39 | 29:02 |
| | OK Mark Brandenburg | | | 4:38 | 1:24 | 1:25 | 2:19 | 1:31 | 3:50 | 6:34 | 1:34 | 2:48 | 1:47 | 0:49 | 0:23 |
| 27 | Anne-Katrin Klar | D50 | 29:24 | 3:20 | 4:47 | 6:26 | 8:36 | 11:01 | 14:20 | 19:43 | 21:07 | 23:55 | 28:13 | 28:58 | 29:24 |
| | OLF Mainz | | | 3:20 | 1:27 | 1:39 | 2:10 | 2:25 | 3:19 | 5:23 | 1:24 | 2:48 | 4:18 | 0:45 | 0:26 |
| 28 | Jürgen Schwanitz | H65 | 29:36 | 2:37 | 3:45 | 5:13 | 7:29 | 9:44 | 11:23 | 17:59 | 19:49 | 22:56 | 28:18 | 29:12 | 29:36 |
| | OLA TSV Deggendorf | | | 2:37 | 1:08 | 1:28 | 2:16 | 2:15 | 1:39 | 6:36 | 1:50 | 3:07 | 5:22 | 0:54 | 0:24 |
| 29 | Constanze Rathmann | D50 | 29:41 | 2:48 | 4:06 | 5:42 | 8:19 | 9:59 | 13:31 | 20:34 | 22:10 | 25:17 | 28:15 | 29:14 | 29:41 |
| | SV Schmalkalden 04 | | | 2:48 | 1:18 | 1:36 | 2:37 | 1:40 | 3:32 | 7:03 | 1:36 | 3:07 | 2:58 | 0:59 | 0:27 |
| 30 | Hermann Wollgarten | H65 | 29:57 | 2:22 | 3:19 | 4:42 | 6:40 | 9:41 | 11:17 | 16:15 | 21:28 | 24:19 | 28:37 | 29:34 | 29:57 |
| | Hansa Simmerath | | | 2:22 | 0:57 | 1:23 | 1:58 | 3:01 | 1:36 | 4:58 | 5:13 | 2:51 | 4:18 | 0:57 | 0:23 |
| 31 | Juliane Kohlmeyer | D50 | 30:05 | 3:00 | 4:25 | 6:10 | 8:47 | 11:15 | 13:30 | 19:47 | 21:20 | 24:39 | 28:34 | 29:39 | 30:05 |
| | SuS Vehrte | | | 3:00 | 1:25 | 1:45 | 2:37 | 2:28 | 2:15 | 6:17 | 1:33 | 3:19 | 3:55 | 1:05 | 0:26 |
| 32 | Monika Jensch | D50 | 30:28 | 2:42 | 4:06 | 5:43 | 8:09 | 9:48 | 11:40 | 17:48 | 19:18 | 22:28 | 29:10 | 30:02 | 30:28 |
| | OK Mark Brandenburg | | | 2:42 | 1:24 | 1:37 | 2:26 | 1:39 | 1:52 | 6:08 | 1:30 | 3:10 | 6:42 | 0:52 | 0:26 |
| 33 | Evi Drese | D45 | 30:31 | 3:11 | 4:30 | 5:54 | 7:58 | 9:36 | 11:12 | 21:13 | 22:42 | 26:28 | 29:23 | 30:06 | 30:31 |
| | OLV Uslar 1976 | | | 3:11 | 1:19 | 1:24 | 2:04 | 1:38 | 1:36 | 10:01 | 1:29 | 3:46 | 2:55 | 0:43 | 0:25 |
| | | | | 22:13 | 25:32 | 28:23 | | | | | | | | | |
| | | | | *139 | *123 | *131 | | | | | | | | | |
| 34 | Reinhard Wieland | H65 | 31:08 | 2:53 | 4:01 | 9:34 | 12:19 | 14:13 | 16:10 | 21:22 | 23:13 | 28:11 | 29:54 | 30:43 | 31:08 |
| | Ski-Club Lauf | | | 2:53 | 1:08 | 5:33 | 2:45 | 1:54 | 1:57 | 5:12 | 1:51 | 4:58 | 1:43 | 0:49 | 0:25 |
| 35 | Barbara Dresel | D50 | 31:19 | 3:32 | 4:57 | 6:55 | 10:14 | 12:59 | 15:21 | 22:22 | 24:05 | 26:48 | 29:51 | 30:47 | 31:19 |
| | SC Klecken | | | 3:32 | 1:25 | 1:58 | 3:19 | 2:45 | 2:22 | 7:01 | 1:43 | 2:43 | 3:03 | 0:56 | 0:32 |
| 36 | Kirsten König | D50 | 33:07 | 3:21 | 5:26 | 6:54 | 10:07 | 16:49 | 18:46 | 24:32 | 26:09 | 28:42 | 31:49 | 32:40 | 33:07 |
| | OLG Ortenau | | | 3:21 | 2:05 | 1:28 | 3:13 | 6:42 | 1:57 | 5:46 | 1:37 | 2:33 | 3:07 | 0:51 | 0:27 |
| 37 | Christian Haufe | H65 | 33:13 | 3:07 | 4:40 | 6:42 | 10:55 | 14:24 | 16:43 | 24:05 | 25:41 | 29:43 | 32:03 | 32:49 | 33:13 |
| | USV TU Dresden | | | 3:07 | 1:33 | 2:02 | 4:13 | 3:29 | 2:19 | 7:22 | 1:36 | 4:02 | 2:20 | 0:46 | 0:24 |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | | |
|---------------------|---|-----|--|---------------|--------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Bahn 10 (68) | | | 2,2 km 50 Hm 11 Posten (Forts.) | | | | | | | | | | | | |
| | | | | 1(133) | 2(137) | 3(118) | 4(45) | 5(46) | 6(47) | 7(119) | 8(132) | 9(59) | 10(50) | 11(100) | Ziel |
| 38 | Martina Willmann OLV Uslar 1976 | D50 | 35:02 | 3:50 3:50 | 5:24 1:34 | 7:13 1:49 | 10:12 2:59 | 15:19 5:07 | 17:51 2:32 | 25:45 7:54 | 27:30 1:45 | 31:10 3:40 | 33:39 2:29 | 34:34 0:55 | 35:02 0:28 |
| 38 | Sonja Gerhard TGM Budenheim | D45 | 35:02 | 4:05 4:05 | 5:23 1:18 | 7:02 1:39 | 10:46 3:44 | 13:28 2:42 | 16:39 3:11 | 25:17 8:38 | 27:00 1:43 | 30:06 3:06 | 33:13 3:07 | 34:32 1:19 | 35:02 0:30 |
| 40 | Bernd Wollenberg Berliner TSC | H65 | 35:07 | 4:00 4:00 | 5:36 1:36 | 7:34 1:58 | 12:13 4:39 | 14:47 2:34 | 17:18 2:31 | 24:34 7:16 | 26:52 2:18 | 30:06 3:14 | 33:01 2:55 | 34:26 1:25 | 35:07 0:41 |
| 41 | Elena Malkova Post SV Dresden | D50 | 35:19 | 3:13 3:13 | 5:25 2:12 | 7:07 1:42 | 10:05 2:58 | 12:01 1:56 | 17:56 5:55 | 24:35 6:39 | 26:21 1:46 | 31:35 5:14 | 33:47 2:12 | 34:50 1:03 | 35:19 0:29 |
| 42 | Ute Wiedenfeld SSV Planeta Radebeul | D50 | 35:26 | 4:16 4:16 | 5:36 1:20 | 7:43 2:07 | 11:16 3:33 | 13:14 1:58 | 17:00 3:46 | 24:28 7:28 | 26:46 2:18 | 30:38 3:52 | 33:53 3:15 | 34:56 1:03 | 35:26 0:30 |
| 43 | Bianca Dähnn MTK Bad Harzburg | D50 | 36:14 | 3:37 3:37 | 5:11 1:34 | 7:13 2:02 | 11:10 3:57 | 14:43 3:33 | 17:08 2:25 | 26:03 8:55 | 28:20 2:17 | 32:13 3:53 | 34:47 2:34 | 35:47 1:00 | 36:14 0:27 |
| 44 | Kirsten Röhrich USV Jena | D45 | 36:40 | 3:37 3:37 | 5:47 2:10 | 7:35 1:48 | 10:55 3:20 | 12:52 1:57 | 20:10 7:18 | 26:37 6:27 | 29:04 2:27 | 32:56 3:52 | 35:22 2:26 | 36:12 0:50 | 36:40 0:28 |
| 45 | Gabriele Kirchner SV Schmalkalden 04 | D50 | 36:41 | 4:19 4:19 | 5:44 1:25 | 11:33 5:49 | 14:11 2:38 | 16:03 1:52 | 19:33 3:30 | 26:07 6:34 | 27:57 1:50 | 31:02 3:05 | 35:11 4:09 | 36:12 1:01 | 36:41 0:29 |
| 46 | Ulrike Korff SC Achmer | D50 | 37:04 | 3:43 3:43 | 5:13 1:30 | 7:22 2:09 | 10:25 3:03 | 13:45 3:20 | 17:44 3:59 | 23:40 5:56 | 25:40 2:00 | 34:42 9:02 | 36:02 1:20 | 36:40 0:38 | 37:04 0:24 |
| | | | | 30:21 *123 | | | | | | | | | | | |
| 47 | Jana Gorecki USV Jena | D50 | 37:23 | 5:03 5:03 | 6:44 1:41 | 9:03 2:19 | 13:10 4:07 | 15:22 2:12 | 18:35 3:13 | 26:32 7:57 | 28:40 2:08 | 32:32 3:52 | 35:48 3:16 | 36:54 1:06 | 37:23 0:29 |
| 48 | Bärbel Blaschke TSV Nusse | D50 | 37:44 | 3:50 3:50 | 5:12 1:22 | 7:03 1:51 | 10:26 3:23 | 13:50 3:24 | 17:27 3:37 | 24:28 7:01 | 27:22 2:54 | 33:54 6:32 | 35:54 2:00 | 37:17 1:23 | 37:44 0:27 |
| 49 | Sabine Behling USC Magdeburg | D45 | 38:42 | 4:38 4:38 | 6:55 2:17 | 9:37 2:42 | 12:46 3:09 | 14:47 2:01 | 20:51 6:04 | 28:00 7:09 | 30:37 2:37 | 34:53 4:16 | 37:21 2:28 | 38:15 0:54 | 38:42 0:27 |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | | |
|---------------------|---|-----|--|-------------------------------|---------------|---------------|---------------|---------------|---------------|----------------|---------------|---------------|---------------|---------------|---------------|
| Bahn 10 (68) | | | 2,2 km 50 Hm 11 Posten (Forts.) | | | | | | | | | | | | |
| | | | | 1(133) | 2(137) | 3(118) | 4(45) | 5(46) | 6(47) | 7(119) | 8(132) | 9(59) | 10(50) | 11(100) | Ziel |
| 50 | Carmen Kucza TGV Horn | D50 | 38:46 | 4:00 4:00 26:34 *139 | 5:34 1:34 | 7:34 2:00 | 11:30 3:56 | 13:32 2:02 | 17:24 3:52 | 24:47 7:23 | 27:07 2:20 | 33:54 6:47 | 36:53 2:59 | 38:13 1:20 | 38:46 0:33 |
| 51 | Hans-Jürgen Busch Post SV Dresden | H65 | 39:34 | 2:51 2:51 | 4:07 1:16 | 5:34 1:27 | 8:29 2:55 | 14:19 5:50 | 19:47 5:28 | 31:49 12:02 | 33:18 1:29 | 36:13 2:55 | 38:03 1:50 | 39:06 1:03 | 39:34 0:28 |
| 52 | Esther Knoblauch MTK Bad Harzburg | D50 | 40:06 | 3:49 3:49 | 5:36 1:47 | 7:36 2:00 | 11:51 4:15 | 15:41 3:50 | 19:02 3:21 | 28:53 9:51 | 31:05 2:12 | 35:46 4:41 | 38:14 2:28 | 39:31 1:17 | 40:06 0:35 |
| 53 | Theresia Schulte SC Melle 03 | D50 | 42:02 | 4:11 4:11 | 6:05 1:54 | 8:36 2:31 | 12:57 4:21 | 15:40 2:43 | 19:18 3:38 | 27:07 7:49 | 29:48 2:41 | 36:24 6:36 | 39:54 3:30 | 41:27 1:33 | 42:02 0:35 |
| 54 | Heinz Friedrich Pape OL Team Lippe | H65 | 42:14 | 5:14 5:14 | 6:08 0:54 | 7:45 1:37 | 10:29 2:44 | 12:00 1:31 | 13:55 1:55 | 29:14 15:19 | 31:14 2:00 | 38:07 6:53 | 40:18 2:11 | 41:44 1:26 | 42:14 0:30 |
| 55 | Bettina Treibmann OK Leipzig | D50 | 43:46 | 3:27 3:27 35:53 *123 | 4:43 1:16 | 6:20 1:37 | 10:10 3:50 | 12:48 2:38 | 16:11 3:23 | 29:31 13:20 | 31:53 2:22 | 37:49 5:56 | 41:15 3:26 | 43:19 2:04 | 43:46 0:27 |
| 56 | Ulrike Neidiger-Pohl TV 1894 Coburg-Neuses | D50 | 44:38 | 9:32 9:32 20:36 *120 | 11:05 1:33 | 12:40 1:35 | 16:00 3:20 | 18:45 2:45 | 24:14 5:29 | 32:13 7:59 | 34:00 1:47 | 38:32 4:32 | 42:19 3:47 | 44:11 1:52 | 44:38 0:27 |
| 57 | Andrea Rau TV Aschbach | D45 | 45:08 | 6:45 6:45 | 8:17 1:32 | 10:05 1:48 | 13:49 3:44 | 16:56 3:07 | 20:37 3:41 | 31:26 10:49 | 33:34 2:08 | 39:48 6:14 | 43:28 3:40 | 44:43 1:15 | 45:08 0:25 |
| 58 | Birgit Buhler USV TU Dresden | D50 | 46:55 | 4:46 4:46 | 6:34 1:48 | 9:18 2:44 | 13:40 4:22 | 16:08 2:28 | 21:39 5:31 | 30:59 9:20 | 34:30 3:31 | 39:16 4:46 | 43:29 4:13 | 45:58 2:29 | 46:55 0:57 |
| 59 | Jacqueline Goericke Berliner TSC | D45 | 47:12 | 3:40 3:40 | 6:06 2:26 | 8:05 1:59 | 11:50 3:45 | 20:12 8:22 | 27:08 6:56 | 38:08 11:00 | 39:52 1:44 | 43:37 3:45 | 45:41 2:04 | 46:44 1:03 | 47:12 0:28 |
| 60 | Iris Hohberg ASG Teutoburger Wald | D50 | 48:43 | 8:07 8:07 | 9:55 1:48 | 12:24 2:29 | 16:16 3:52 | 19:39 3:23 | 25:45 6:06 | 35:02 9:17 | 38:01 2:59 | 43:21 5:20 | 46:26 3:05 | 48:12 1:46 | 48:43 0:31 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | |
|-----------------------------|-----|---------|--|--------|--------|-------|-------|-------|--------|--------|-------|---------|---------|---------|
| Bahn 10 (68) | | | 2,2 km 50 Hm 11 Posten (Forts.) | | | | | | | | | | | |
| | | | 1(133) | 2(137) | 3(118) | 4(45) | 5(46) | 6(47) | 7(119) | 8(132) | 9(59) | 10(50) | 11(100) | Ziel |
| 61 Johannes Müssen | H65 | 54:33 | 4:50 | 6:34 | 9:06 | 13:27 | 16:23 | 24:41 | 39:08 | 43:26 | 48:47 | 52:02 | 53:43 | 54:33 |
| SuS Vehrte | | | 4:50 | 1:44 | 2:32 | 4:21 | 2:56 | 8:18 | 14:27 | 4:18 | 5:21 | 3:15 | 1:41 | 0:50 |
| 62 Sylke Höfner | D45 | 1:02:16 | 11:20 | 13:49 | 15:51 | 19:55 | 28:54 | 34:39 | 46:55 | 49:38 | 56:21 | 59:44 | 1:01:39 | 1:02:16 |
| OLV Uslar 1976 | | | 11:20 | 2:29 | 2:02 | 4:04 | 8:59 | 5:45 | 12:16 | 2:43 | 6:43 | 3:23 | 1:55 | 0:37 |
| 63 Janna Mehrtens | D45 | 1:03:09 | 5:56 | 8:31 | 10:45 | 15:12 | 19:00 | 24:44 | 35:53 | 40:03 | 45:10 | 1:00:57 | 1:02:32 | 1:03:09 |
| ESV Lok Berlin-Schöneeweide | | | 5:56 | 2:35 | 2:14 | 4:27 | 3:48 | 5:44 | 11:09 | 4:10 | 5:07 | 15:47 | 1:35 | 0:37 |
| Milena Grifoni | D45 | Fehlst | 2:10 | 3:12 | 4:29 | 6:55 | 8:44 | ----- | 14:45 | 16:06 | ----- | 21:31 | 22:39 | 23:04 |
| OLG Regensburg | | | 2:10 | 1:02 | 1:17 | 2:26 | 1:49 | | 6:01 | 1:21 | | 5:25 | 1:08 | 0:25 |
| | | | 18:21 | | | | | | | | | | | |
| | | | *49 | | | | | | | | | | | |
| Birgit Spangenberg | D50 | Fehlst | 3:43 | 5:10 | 6:57 | 9:53 | 11:20 | 13:32 | 21:27 | 23:39 | ----- | 29:40 | 30:46 | 31:14 |
| OLG Regensburg | | | 3:43 | 1:27 | 1:47 | 2:56 | 1:27 | 2:12 | 7:55 | 2:12 | | 6:01 | 1:06 | 0:28 |
| | | | 27:30 | | | | | | | | | | | |
| | | | *49 | | | | | | | | | | | |
| Kristine Fritz | D50 | Fehlst | 3:36 | 4:47 | 6:39 | 11:46 | 14:46 | ----- | 22:37 | 25:52 | 28:51 | 33:49 | 35:09 | 35:38 |
| OL-Team Filder | | | 3:36 | 1:11 | 1:52 | 5:07 | 3:00 | | 7:51 | 3:15 | 2:59 | 4:58 | 1:20 | 0:29 |
| AK Anders Widén | H65 | 27:58 | 2:38 | 3:59 | 5:39 | 8:25 | 10:06 | 11:53 | 17:43 | 19:32 | 22:31 | 26:31 | 27:27 | 27:58 |
| OLG Säuliamt (SUI) | | | 2:38 | 1:21 | 1:40 | 2:46 | 1:41 | 1:47 | 5:50 | 1:49 | 2:59 | 4:00 | 0:56 | 0:31 |
| AK Natalia Kunitskaya | D45 | 30:24 | 2:56 | 4:07 | 5:44 | 8:48 | 12:26 | 14:30 | 20:49 | 22:26 | 25:02 | 28:51 | 29:54 | 30:24 |
| Titan St. Petersburg (RUS) | | | 2:56 | 1:11 | 1:37 | 3:04 | 3:38 | 2:04 | 6:19 | 1:37 | 2:36 | 3:49 | 1:03 | 0:30 |

| Pl. | Name | Kat | Zeit | 1(122) | 2(137) | 3(118) | 4(46) | 5(128) | 6(140) | 7(139) | 8(127) | 9(123) | 10(100) | Ziel | |
|---------------------|-----------------------------|-----|-------------------------------|--------|--------|--------|-------|--------|--------|--------|--------|--------|---------|-------|-------|
| Bahn 11 (59) | | | 2,0 km 40 Hm 10 Posten | | | | | | | | | | | | |
| 1 | Jan Rathje | OMS | 20:24 | 2:03 | 3:49 | 4:53 | 10:15 | 11:49 | 13:08 | 16:28 | 17:53 | 18:59 | 20:02 | 20:24 | |
| | TGM Budenheim | | | 2:03 | 1:46 | 1:04 | 5:22 | 1:34 | 1:19 | 3:20 | 1:25 | 1:06 | 1:03 | 0:22 | |
| 2 | Angelina Kuleva | D55 | 22:22 | 1:49 | 3:56 | 5:13 | 9:57 | 11:38 | 12:47 | 17:58 | 19:14 | 20:42 | 21:56 | 22:22 | 16:36 |
| | SSV Planeta Radebeul | | | 1:49 | 2:07 | 1:17 | 4:44 | 1:41 | 1:09 | 5:11 | 1:16 | 1:28 | 1:14 | 0:26 | *132 |
| 3 | Dieter Conrad | H70 | 23:29 | 1:41 | 3:50 | 5:17 | 10:26 | 12:26 | 13:53 | 18:15 | 20:22 | 21:33 | 23:01 | 23:29 | |
| | SV Wissenschaft Quedlinburg | | | 1:41 | 2:09 | 1:27 | 5:09 | 2:00 | 1:27 | 4:22 | 2:07 | 1:11 | 1:28 | 0:28 | |
| 4 | Thomas Rothkegel | OMS | 24:49 | 1:36 | 3:30 | 4:51 | 9:16 | 11:36 | 15:19 | 19:36 | 21:30 | 22:58 | 24:25 | 24:49 | |
| | Post SV Dresden | | | 1:36 | 1:54 | 1:21 | 4:25 | 2:20 | 3:43 | 4:17 | 1:54 | 1:28 | 1:27 | 0:24 | |
| 5 | Ninett Wolfram | OMS | 25:23 | 1:44 | 3:56 | 5:31 | 9:24 | 13:08 | 14:38 | 19:16 | 21:25 | 23:30 | 24:56 | 25:23 | |
| | USV TU Dresden | | | 1:44 | 2:12 | 1:35 | 3:53 | 3:44 | 1:30 | 4:38 | 2:09 | 2:05 | 1:26 | 0:27 | |
| 6 | Wilmar Kern | H70 | 25:26 | 3:33 | 5:35 | 7:06 | 12:27 | 14:24 | 15:48 | 20:09 | 22:19 | 23:36 | 24:58 | 25:26 | |
| | SV Bad Dübén | | | 3:33 | 2:02 | 1:31 | 5:21 | 1:57 | 1:24 | 4:21 | 2:10 | 1:17 | 1:22 | 0:28 | |
| 7 | Veronika Lange | D55 | 25:40 | 1:38 | 3:29 | 5:38 | 11:44 | 13:36 | 14:48 | 18:29 | 22:14 | 23:56 | 25:15 | 25:40 | |
| | USC Magdeburg | | | 1:38 | 1:51 | 2:09 | 6:06 | 1:52 | 1:12 | 3:41 | 3:45 | 1:42 | 1:19 | 0:25 | |
| 8 | Walter Gieseler | H70 | 26:53 | 3:57 | 6:20 | 7:57 | 12:36 | 15:12 | 16:32 | 20:46 | 23:11 | 24:56 | 26:29 | 26:53 | |
| | OLG Siegerland | | | 3:57 | 2:23 | 1:37 | 4:39 | 2:36 | 1:20 | 4:14 | 2:25 | 1:45 | 1:33 | 0:24 | |
| 9 | Jessica Drese | OMS | 27:01 | 2:33 | 4:56 | 6:20 | 12:23 | 14:37 | 17:04 | 21:15 | 23:05 | 25:15 | 26:37 | 27:01 | |
| | OLV Uslar 1976 | | | 2:33 | 2:23 | 1:24 | 6:03 | 2:14 | 2:27 | 4:11 | 1:50 | 2:10 | 1:22 | 0:24 | |
| 10 | Hans Lange | H70 | 27:26 | 2:14 | 4:37 | 6:18 | 11:20 | 13:56 | 17:00 | 21:48 | 23:56 | 25:21 | 26:56 | 27:26 | |
| | OLV Weimar | | | 2:14 | 2:23 | 1:41 | 5:02 | 2:36 | 3:04 | 4:48 | 2:08 | 1:25 | 1:35 | 0:30 | |
| 11 | Helmut Fillinger | H70 | 28:27 | 2:15 | 5:29 | 7:26 | 13:36 | 16:30 | 17:57 | 22:26 | 24:48 | 25:57 | 28:00 | 28:27 | |
| | SV IHW Alex 78 Berlin | | | 2:15 | 3:14 | 1:57 | 6:10 | 2:54 | 1:27 | 4:29 | 2:22 | 1:09 | 2:03 | 0:27 | |
| 12 | Olga Sonnenberg | D55 | 29:10 | 2:10 | 4:17 | 5:52 | 11:04 | 12:48 | 14:27 | 19:17 | 25:49 | 27:13 | 28:45 | 29:10 | |
| | Osnabrücker TB | | | 2:10 | 2:07 | 1:35 | 5:12 | 1:44 | 1:39 | 4:50 | 6:32 | 1:24 | 1:32 | 0:25 | |
| 13 | Gerrit Krause | H70 | 29:35 | 1:50 | 4:25 | 7:12 | 11:53 | 16:08 | 18:36 | 23:01 | 25:50 | 27:09 | 29:11 | 29:35 | |
| | SV Bayer Wuppertal | | | 1:50 | 2:35 | 2:47 | 4:41 | 4:15 | 2:28 | 4:25 | 2:49 | 1:19 | 2:02 | 0:24 | |
| 14 | Daniela Minner | OMS | 30:14 | 2:19 | 5:51 | 8:12 | 14:25 | 16:20 | 19:12 | 24:13 | 26:21 | 28:08 | 29:47 | 30:14 | |
| | OL Görlitz | | | 2:19 | 3:32 | 2:21 | 6:13 | 1:55 | 2:52 | 5:01 | 2:08 | 1:47 | 1:39 | 0:27 | |
| 15 | Galina Krassowizkaja | D55 | 31:09 | 2:42 | 5:12 | 6:55 | 12:49 | 15:42 | 19:51 | 24:47 | 27:16 | 28:44 | 30:38 | 31:09 | |
| | TGV Horn | | | 2:42 | 2:30 | 1:43 | 5:54 | 2:53 | 4:09 | 4:56 | 2:29 | 1:28 | 1:54 | 0:31 | |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | | |
|---------------------|-----------------------|--|-------|--------|--------|--------|-------|--------|--------|--------|--------|--------|---------|-------|-------|
| Bahn 11 (59) | | 2,0 km 40 Hm 10 Posten (Forts.) | | | | | | | | | | | | | |
| | | | | 1(122) | 2(137) | 3(118) | 4(46) | 5(128) | 6(140) | 7(139) | 8(127) | 9(123) | 10(100) | Ziel | |
| 15 | Bettina Schmidt | D55 | 31:09 | 2:14 | 4:31 | 6:08 | 13:09 | 14:53 | 16:32 | 21:21 | 27:49 | 29:16 | 30:46 | 31:09 | |
| | TSV 1859 Wehrsdorf | | | 2:14 | 2:17 | 1:37 | 7:01 | 1:44 | 1:39 | 4:49 | 6:28 | 1:27 | 1:30 | 0:23 | |
| 17 | Christian Gieseler | OMS | 31:29 | 2:45 | 5:22 | 7:26 | 14:31 | 17:05 | 18:44 | 23:53 | 26:18 | 28:22 | 30:35 | 31:29 | |
| | OLG Siegerland | | | 2:45 | 2:37 | 2:04 | 7:05 | 2:34 | 1:39 | 5:09 | 2:25 | 2:04 | 2:13 | 0:54 | |
| 18 | Karl-Heinz Huke | H70 | 32:48 | 2:37 | 5:09 | 7:16 | 12:53 | 15:24 | 18:39 | 24:07 | 28:18 | 30:33 | 32:19 | 32:48 | |
| | ESV Lok Bad Schandau | | | 2:37 | 2:32 | 2:07 | 5:37 | 2:31 | 3:15 | 5:28 | 4:11 | 2:15 | 1:46 | 0:29 | |
| 19 | Claus-Peter Rathje | H70 | 32:50 | 1:53 | 4:26 | 6:02 | 11:17 | 13:58 | 18:55 | 23:56 | 29:17 | 30:57 | 32:24 | 32:50 | |
| | TGM Budenheim | | | 1:53 | 2:33 | 1:36 | 5:15 | 2:41 | 4:57 | 5:01 | 5:21 | 1:40 | 1:27 | 0:26 | |
| 20 | Gudrun Brettschneider | D55 | 33:25 | 2:45 | 5:17 | 6:57 | 15:08 | 17:00 | 18:37 | 23:14 | 29:53 | 31:28 | 32:53 | 33:25 | 31:56 |
| | Kaulsdorfer OLV | | | 2:45 | 2:32 | 1:40 | 8:11 | 1:52 | 1:37 | 4:37 | 6:39 | 1:35 | 1:25 | 0:32 | *131 |
| 21 | Rolf Thiel | H70 | 33:34 | 2:23 | 6:55 | 9:28 | 16:25 | 19:05 | 20:39 | 26:34 | 29:36 | 31:26 | 33:05 | 33:34 | |
| | SV IHW Alex 78 Berlin | | | 2:23 | 4:32 | 2:33 | 6:57 | 2:40 | 1:34 | 5:55 | 3:02 | 1:50 | 1:39 | 0:29 | |
| 22 | Lisa Schwab | OMS | 33:43 | 3:28 | 7:33 | 9:46 | 15:45 | 17:59 | 20:16 | 26:04 | 29:42 | 31:31 | 33:16 | 33:43 | |
| | TUS Karlsruhe-Rüppurr | | | 3:28 | 4:05 | 2:13 | 5:59 | 2:14 | 2:17 | 5:48 | 3:38 | 1:49 | 1:45 | 0:27 | |
| 23 | Ulrike Friedrichs | D55 | 35:14 | 2:21 | 6:10 | 7:45 | 15:39 | 18:45 | 20:56 | 26:19 | 31:47 | 33:10 | 34:44 | 35:14 | |
| | MTV Seesen | | | 2:21 | 3:49 | 1:35 | 7:54 | 3:06 | 2:11 | 5:23 | 5:28 | 1:23 | 1:34 | 0:30 | |
| 24 | Udo Schindler | H70 | 35:50 | 1:58 | 8:17 | 9:48 | 15:03 | 17:10 | 18:40 | 26:26 | 30:41 | 32:56 | 35:24 | 35:50 | |
| | SSV Planeta Radebeul | | | 1:58 | 6:19 | 1:31 | 5:15 | 2:07 | 1:30 | 7:46 | 4:15 | 2:15 | 2:28 | 0:26 | |
| 25 | Peter Lange | OMS | 36:08 | 2:16 | 4:49 | 7:30 | 13:57 | 17:12 | 19:45 | 26:20 | 28:58 | 33:45 | 35:40 | 36:08 | 31:24 |
| | SV Mietraching | | | 2:16 | 2:33 | 2:41 | 6:27 | 3:15 | 2:33 | 6:35 | 2:38 | 4:47 | 1:55 | 0:28 | *131 |
| 26 | Rainer Müller | H70 | 36:21 | 3:15 | 6:35 | 9:19 | 14:50 | 17:22 | 20:45 | 27:54 | 31:46 | 33:30 | 35:41 | 36:21 | |
| | USV TU Dresden | | | 3:15 | 3:20 | 2:44 | 5:31 | 2:32 | 3:23 | 7:09 | 3:52 | 1:44 | 2:11 | 0:40 | |
| 27 | Frank Kohlmeyer | OMS | 36:27 | 3:06 | 5:59 | 7:49 | 13:45 | 16:53 | 21:20 | 29:03 | 32:14 | 34:19 | 36:02 | 36:27 | |
| | SuS Vehrte | | | 3:06 | 2:53 | 1:50 | 5:56 | 3:08 | 4:27 | 7:43 | 3:11 | 2:05 | 1:43 | 0:25 | |
| 28 | Viktor Jarkov | H70 | 37:16 | 5:55 | 8:12 | 9:44 | 14:22 | 16:53 | 18:25 | 22:47 | 32:46 | 34:53 | 36:45 | 37:16 | 26:01 |
| | OLG Regensburg | | | 5:55 | 2:17 | 1:32 | 4:38 | 2:31 | 1:32 | 4:22 | 9:59 | 2:07 | 1:52 | 0:31 | *49 |
| 29 | Viola Kaiser | D55 | 37:53 | 3:01 | 5:52 | 8:24 | 20:36 | 23:11 | 24:40 | 31:14 | 33:15 | 35:27 | 37:21 | 37:53 | |
| | ESV Lok Bad Schandau | | | 3:01 | 2:51 | 2:32 | 12:12 | 2:35 | 1:29 | 6:34 | 2:01 | 2:12 | 1:54 | 0:32 | |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | | |
|-----|------------------------------|-----|---|--------|--------|-------|--------|--------|--------|--------|--------|---------|-------|-------|-------|
| | | | Bahn 11 (59) 2,0 km 40 Hm 10 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(122) | 2(137) | 3(118) | 4(46) | 5(128) | 6(140) | 7(139) | 8(127) | 9(123) | 10(100) | Ziel | | |
| 30 | Sabine Bönig | OMS | 38:31 | 2:22 | 6:10 | 8:07 | 13:50 | 17:10 | 21:14 | 27:30 | 31:13 | 35:46 | 38:01 | 38:31 | |
| | OLV Uslar 1976 | | | 2:22 | 3:48 | 1:57 | 5:43 | 3:20 | 4:04 | 6:16 | 3:43 | 4:33 | 2:15 | 0:30 | |
| 31 | Claudia Leibrandt | D55 | 38:35 | 3:12 | 6:35 | 8:44 | 16:59 | 20:28 | 23:40 | 29:29 | 33:26 | 35:30 | 38:02 | 38:35 | |
| | TSV Malente von 1900 | | | 3:12 | 3:23 | 2:09 | 8:15 | 3:29 | 3:12 | 5:49 | 3:57 | 2:04 | 2:32 | 0:33 | |
| 32 | Elke Albrecht | D55 | 38:57 | 3:47 | 9:25 | 10:57 | 21:01 | 23:40 | 27:30 | 32:42 | 35:13 | 36:50 | 38:32 | 38:57 | |
| | OLV Weimar | | | 3:47 | 5:38 | 1:32 | 10:04 | 2:39 | 3:50 | 5:12 | 2:31 | 1:37 | 1:42 | 0:25 | |
| 33 | Hans Güth | H70 | 39:42 | 2:42 | 5:16 | 7:22 | 18:47 | 21:39 | 28:07 | 33:48 | 36:31 | 37:39 | 39:11 | 39:42 | 33:05 |
| | ESV Lok Dessau | | | 2:42 | 2:34 | 2:06 | 11:25 | 2:52 | 6:28 | 5:41 | 2:43 | 1:08 | 1:32 | 0:31 | *132 |
| 34 | Karl Keddy | H70 | 39:56 | 3:32 | 8:00 | 10:01 | 18:41 | 21:13 | 25:08 | 31:20 | 35:58 | 37:48 | 39:28 | 39:56 | |
| | TSC Eintracht Dortmund 48/9! | | | 3:32 | 4:28 | 2:01 | 8:40 | 2:32 | 3:55 | 6:12 | 4:38 | 1:50 | 1:40 | 0:28 | |
| 35 | Wolf Fehlig | H70 | 40:05 | 3:07 | 5:46 | 7:42 | 21:13 | 25:37 | 26:54 | 32:54 | 36:25 | 38:00 | 39:36 | 40:05 | |
| | MTV Gittelde | | | 3:07 | 2:39 | 1:56 | 13:31 | 4:24 | 1:17 | 6:00 | 3:31 | 1:35 | 1:36 | 0:29 | |
| 36 | Petra Lange | OMS | 40:58 | 2:43 | 5:40 | 7:38 | 16:12 | 20:49 | 23:20 | 32:07 | 35:48 | 37:32 | 40:19 | 40:58 | 13:52 |
| | SV Mietraching | | | 2:43 | 2:57 | 1:58 | 8:34 | 4:37 | 2:31 | 8:47 | 3:41 | 1:44 | 2:47 | 0:39 | *101 |
| 37 | Ute Boeck | OMS | 41:41 | 5:46 | 8:43 | 10:36 | 18:34 | 21:39 | 25:31 | 31:57 | 36:29 | 39:10 | 41:11 | 41:41 | |
| | Kaulsdorfer OLV | | | 5:46 | 2:57 | 1:53 | 7:58 | 3:05 | 3:52 | 6:26 | 4:32 | 2:41 | 2:01 | 0:30 | |
| 38 | Peter Nüs | H70 | 42:04 | 2:21 | 5:00 | 6:49 | 23:03 | 27:16 | 28:52 | 34:46 | 38:15 | 39:55 | 41:32 | 42:04 | |
| | OLG Siegerland | | | 2:21 | 2:39 | 1:49 | 16:14 | 4:13 | 1:36 | 5:54 | 3:29 | 1:40 | 1:37 | 0:32 | |
| 39 | Thomas Boeck | OMS | 42:05 | 5:02 | 7:22 | 12:55 | 19:06 | 22:29 | 25:05 | 34:32 | 37:57 | 39:37 | 41:34 | 42:05 | |
| | Kaulsdorfer OLV | | | 5:02 | 2:20 | 5:33 | 6:11 | 3:23 | 2:36 | 9:27 | 3:25 | 1:40 | 1:57 | 0:31 | |
| 40 | Björn Bönig | OMS | 43:12 | 3:39 | 8:13 | 10:30 | 24:21 | 26:21 | 30:59 | 36:07 | 39:30 | 40:56 | 42:48 | 43:12 | |
| | OLV Uslar 1976 | | | 3:39 | 4:34 | 2:17 | 13:51 | 2:00 | 4:38 | 5:08 | 3:23 | 1:26 | 1:52 | 0:24 | |
| 41 | Valentina Schlee | OMS | 45:11 | 11:42 | 14:41 | 17:03 | 24:27 | 26:30 | 29:06 | 34:43 | 38:42 | 40:33 | 44:37 | 45:11 | |
| | OLF Mainz | | | 11:42 | 2:59 | 2:22 | 7:24 | 2:03 | 2:36 | 5:37 | 3:59 | 1:51 | 4:04 | 0:34 | |
| 42 | Matthias Faber | OMS | 46:55 | 8:42 | 11:03 | 13:00 | 17:39 | 19:42 | 23:24 | 34:12 | 41:15 | 44:31 | 46:28 | 46:55 | |
| | USV TU Dresden | | | 8:42 | 2:21 | 1:57 | 4:39 | 2:03 | 3:42 | 10:48 | 7:03 | 3:16 | 1:57 | 0:27 | |
| 43 | Gisela Müller | OMS | 47:58 | 3:50 | 7:43 | 10:23 | 19:18 | 23:35 | 28:07 | 36:01 | 41:08 | 43:34 | 47:08 | 47:58 | |
| | TV Diedenbergen 1886 | | | 3:50 | 3:53 | 2:40 | 8:55 | 4:17 | 4:32 | 7:54 | 5:07 | 2:26 | 3:34 | 0:50 | |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | |
|-----|------------------------|-----|---|--------|--------|-------|--------|---------|---------|---------|---------|---------|---------|---------|
| | | | Bahn 11 (59) 2,0 km 40 Hm 10 Posten (Forts.) | | | | | | | | | | | |
| | | | 1(122) | 2(137) | 3(118) | 4(46) | 5(128) | 6(140) | 7(139) | 8(127) | 9(123) | 10(100) | Ziel | |
| 44 | Frank Finkenstädt | H70 | 48:29 | 2:48 | 6:22 | 8:53 | 15:01 | 18:00 | 20:54 | 31:17 | 43:26 | 45:15 | 47:45 | 48:29 |
| | OLV Uslar 1976 | | | 2:48 | 3:34 | 2:31 | 6:08 | 2:59 | 2:54 | 10:23 | 12:09 | 1:49 | 2:30 | 0:44 |
| 45 | Michaela Cionoiu | OMS | 49:01 | 3:04 | 5:56 | 12:22 | 20:40 | 26:51 | 31:22 | 39:22 | 42:46 | 45:30 | 48:32 | 49:01 |
| | TV 1894 Coburg-Neuses | | | 3:04 | 2:52 | 6:26 | 8:18 | 6:11 | 4:31 | 8:00 | 3:24 | 2:44 | 3:02 | 0:29 |
| 46 | Regine Strauß | OMS | 51:06 | 4:34 | 8:00 | 10:20 | 20:16 | 23:29 | 26:45 | 40:24 | 46:04 | 48:03 | 50:33 | 51:06 |
| | SV Hildesia Diekholzen | | | 4:34 | 3:26 | 2:20 | 9:56 | 3:13 | 3:16 | 13:39 | 5:40 | 1:59 | 2:30 | 0:33 |
| 47 | Frank Sperber | OMS | 51:19 | 8:29 | 11:50 | 14:18 | 22:21 | 26:12 | 28:47 | 37:08 | 46:21 | 48:03 | 50:39 | 51:19 |
| | WOLF Haltern | | | 8:29 | 3:21 | 2:28 | 8:03 | 3:51 | 2:35 | 8:21 | 9:13 | 1:42 | 2:36 | 0:40 |
| 48 | Uwe-Carsten Funk | OMS | 56:57 | 3:59 | 11:05 | 14:19 | 22:56 | 29:06 | 32:41 | 43:35 | 49:47 | 53:31 | 56:29 | 56:57 |
| | OK Leipzig | | | 3:59 | 7:06 | 3:14 | 8:37 | 6:10 | 3:35 | 10:54 | 6:12 | 3:44 | 2:58 | 0:28 |
| 49 | Thomas Freyer | OMS | 57:38 | 3:39 | 7:19 | 10:04 | 27:06 | 30:33 | 34:33 | 43:52 | 51:19 | 54:28 | 56:45 | 57:38 |
| | Laufen und Gutes Tun | | | 3:39 | 3:40 | 2:45 | 17:02 | 3:27 | 4:00 | 9:19 | 7:27 | 3:09 | 2:17 | 0:53 |
| 50 | Alfons Ebneith | OMS | 58:09 | 5:06 | 9:46 | 13:53 | 24:10 | 29:13 | 33:27 | 43:04 | 49:46 | 52:49 | 56:42 | 58:09 |
| | OLG Regensburg | | | 5:06 | 4:40 | 4:07 | 10:17 | 5:03 | 4:14 | 9:37 | 6:42 | 3:03 | 3:53 | 1:27 |
| 51 | Harald Ebbecke | OMS | 1:00:17 | 3:29 | 7:43 | 10:36 | 27:03 | 30:03 | 37:54 | 48:29 | 52:33 | 55:29 | 58:54 | 1:00:17 |
| | Skizunft Wiesbaden | | | 3:29 | 4:14 | 2:53 | 16:27 | 3:00 | 7:51 | 10:35 | 4:04 | 2:56 | 3:25 | 1:23 |
| 52 | Benedict Eberwien | OMS | 1:02:31 | 2:27 | 7:04 | 8:31 | 37:43 | 41:32 | 45:53 | 50:49 | 58:23 | 1:00:10 | 1:02:09 | 1:02:31 |
| | TG 1860 Münden | | | 2:27 | 4:37 | 1:27 | 29:12 | 3:49 | 4:21 | 4:56 | 7:34 | 1:47 | 1:59 | 0:22 |
| 53 | Evelyn Stöcker | OMS | 1:04:01 | 4:18 | 8:13 | 11:21 | 23:25 | 33:31 | 38:34 | 51:18 | 56:33 | 1:00:10 | 1:03:25 | 1:04:01 |
| | SV Vorwärts Leipzig | | | 4:18 | 3:55 | 3:08 | 12:04 | 10:06 | 5:03 | 12:44 | 5:15 | 3:37 | 3:15 | 0:36 |
| 54 | Lars Schäfer | OMS | 1:08:33 | 2:06 | 8:26 | 10:05 | 43:47 | 47:36 | 51:56 | 57:08 | 1:04:28 | 1:06:19 | 1:08:09 | 1:08:33 |
| | TG 1860 Münden | | | 2:06 | 6:20 | 1:39 | 33:42 | 3:49 | 4:20 | 5:12 | 7:20 | 1:51 | 1:50 | 0:24 |
| 55 | Ulrike Breckle | OMS | 1:10:32 | 4:51 | 14:40 | 18:24 | 32:38 | 36:23 | 41:39 | 50:02 | 54:47 | 57:53 | 1:09:18 | 1:10:32 |
| | Bielefelder TG | | | 4:51 | 9:49 | 3:44 | 14:14 | 3:45 | 5:16 | 8:23 | 4:45 | 3:06 | 11:25 | 1:14 |
| 56 | Stine Bruns | OMS | 1:33:29 | 28:57 | 38:26 | 42:14 | 53:22 | 58:49 | 1:05:37 | 1:16:42 | 1:27:06 | 1:28:21 | 1:32:52 | 1:33:29 |
| | MTK Bad Harzburg | | | 28:57 | 9:29 | 3:48 | 11:08 | 5:27 | 6:48 | 11:05 | 10:24 | 1:15 | 4:31 | 0:37 |
| 57 | Karl Drexhage | OMS | 1:43:14 | 4:47 | 9:12 | 13:38 | 36:41 | 1:05:55 | 1:20:42 | 1:28:55 | 1:33:30 | 1:39:47 | 1:42:32 | 1:43:14 |
| | OLG Siegerland | | | 4:47 | 4:25 | 4:26 | 23:03 | 29:14 | 14:47 | 8:13 | 4:35 | 6:17 | 2:45 | 0:42 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | | |
|---------------------|-----|--------|--|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Bahn 11 (59) | | | 2,0 km 40 Hm 10 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(122) | 2(137) | 3(118) | 4(46) | 5(128) | 6(140) | 7(139) | 8(127) | 9(123) | 10(100) | Ziel | | |
| Mara Stöcker | OMS | Fehlst | 5:25 | 8:57 | 11:43 | ----- | ----- | ----- | 30:03 | 34:34 | 37:17 | 39:16 | 39:45 | | |
| SG LVB Leipzig | | | 5:25 | 3:32 | 2:46 | | | | 18:20 | 4:31 | 2:43 | 1:59 | 0:29 | | |
| Friedrich Vischer | H70 | Aufg | 1:40 | 3:48 | 5:30 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | 4:20:03 | 3:58:47 | |
| OL-Team Filder | | | 1:40 | 2:08 | 1:42 | | | | | | | | 4:14:33 | *102 | |
| | | | 3:59:51 | 4:01:06 | 4:01:30 | 4:06:05 | 4:06:29 | 4:08:00 | 4:10:43 | 4:11:38 | 4:13:14 | 4:15:03 | 4:16:41 | 4:19:02 | 4:19:44 |
| | | | *103 | *43 | *34 | *38 | *31 | *104 | *50 | *105 | *48 | *40 | *107 | *51 | *100 |

| Pl. | Name | Kat | Zeit | 1(122) | 2(110) | 3(51) | 4(120) | 5(128) | 6(115) | 7(119) | 8(135) | 9(131) | 10(100) | Ziel | |
|---------------------|--|-----|-------------------------------|--------|--------|-------|--------|--------|--------|--------|--------|--------|---------|-------|-------|
| Bahn 12 (40) | | | 2,1 km 35 Hm 10 Posten | | | | | | | | | | | | |
| 1 | Fridolin Sperling USV TU Dresden | H14 | 16:21 | 1:25 | 2:26 | 4:26 | 5:25 | 6:54 | 9:04 | 11:23 | 12:47 | 14:50 | 16:00 | 16:21 | |
| | | | | 1:25 | 1:01 | 2:00 | 0:59 | 1:29 | 2:10 | 2:19 | 1:24 | 2:03 | 1:10 | 0:21 | |
| 2 | Matti Bruns MTK Bad Harzburg | H14 | 16:32 | 1:38 | 2:47 | 5:39 | 6:37 | 8:07 | 10:05 | 12:10 | 13:24 | 15:32 | 16:15 | 16:32 | |
| | | | | 1:38 | 1:09 | 2:52 | 0:58 | 1:30 | 1:58 | 2:05 | 1:14 | 2:08 | 0:43 | 0:17 | |
| 3 | Nico Pöhlmann USV Jena | H14 | 19:05 | 2:10 | 3:33 | 5:48 | 7:07 | 8:49 | 11:36 | 14:34 | 15:49 | 18:12 | 18:46 | 19:05 | |
| | | | | 2:10 | 1:23 | 2:15 | 1:19 | 1:42 | 2:47 | 2:58 | 1:15 | 2:23 | 0:34 | 0:19 | |
| 4 | Paul Hempel USV TU Dresden | H14 | 19:44 | 1:54 | 3:44 | 6:33 | 7:43 | 9:19 | 12:05 | 14:45 | 16:14 | 18:34 | 19:21 | 19:44 | |
| | | | | 1:54 | 1:50 | 2:49 | 1:10 | 1:36 | 2:46 | 2:40 | 1:29 | 2:20 | 0:47 | 0:23 | |
| 5 | Benedikt Lehner OLG Regensburg | H14 | 20:15 | 2:26 | 3:36 | 5:46 | 6:38 | 7:50 | 10:19 | 12:39 | 17:22 | 19:05 | 19:57 | 20:15 | |
| | | | | 2:26 | 1:10 | 2:10 | 0:52 | 1:12 | 2:29 | 2:20 | 4:43 | 1:43 | 0:52 | 0:18 | |
| 6 | Charlotte Leonhardt SV IHW Alex 78 Berlin | D14 | 20:46 | 2:06 | 3:17 | 5:30 | 6:53 | 9:56 | 12:35 | 15:19 | 17:45 | 19:40 | 20:26 | 20:46 | |
| | | | | 2:06 | 1:11 | 2:13 | 1:23 | 3:03 | 2:39 | 2:44 | 2:26 | 1:55 | 0:46 | 0:20 | |
| 7 | Ines Schikora OLG Regensburg | D14 | 20:48 | 1:42 | 3:04 | 5:26 | 6:47 | 8:33 | 11:05 | 14:32 | 16:47 | 19:13 | 20:28 | 20:48 | |
| | | | | 1:42 | 1:22 | 2:22 | 1:21 | 1:46 | 2:32 | 3:27 | 2:15 | 2:26 | 1:15 | 0:20 | |
| 8 | Moritz Vogt OL Görlitz | H14 | 21:00 | 1:24 | 2:44 | 4:55 | 6:00 | 7:41 | 10:00 | 12:26 | 14:00 | 19:55 | 20:38 | 21:00 | |
| | | | | 1:24 | 1:20 | 2:11 | 1:05 | 1:41 | 2:19 | 2:26 | 1:34 | 5:55 | 0:43 | 0:22 | |
| 9 | Cedric Kögler OSC Kassel | H14 | 21:08 | 2:02 | 3:26 | 6:06 | 8:16 | 10:51 | 13:34 | 16:14 | 17:40 | 19:58 | 20:46 | 21:08 | |
| | | | | 2:02 | 1:24 | 2:40 | 2:10 | 2:35 | 2:43 | 2:40 | 1:26 | 2:18 | 0:48 | 0:22 | |
| 10 | Daniel Kalkbrenner OK Mark Brandenburg | H14 | 21:19 | 2:37 | 4:11 | 7:02 | 8:25 | 11:22 | 14:07 | 16:54 | 18:21 | 20:18 | 21:00 | 21:19 | |
| | | | | 2:37 | 1:34 | 2:51 | 1:23 | 2:57 | 2:45 | 2:47 | 1:27 | 1:57 | 0:42 | 0:19 | |
| 11 | Thi Wongladon OLV Steinberg | H14 | 21:22 | 1:45 | 2:57 | 5:38 | 6:45 | 8:51 | 12:31 | 15:50 | 17:31 | 20:13 | 21:03 | 21:22 | |
| | | | | 1:45 | 1:12 | 2:41 | 1:07 | 2:06 | 3:40 | 3:19 | 1:41 | 2:42 | 0:50 | 0:19 | |
| 12 | Lukas Kukula OLV Steinberg | H14 | 22:18 | 2:10 | 3:30 | 6:20 | 7:32 | 9:28 | 13:31 | 16:58 | 18:46 | 21:11 | 21:57 | 22:18 | |
| | | | | 2:10 | 1:20 | 2:50 | 1:12 | 1:56 | 4:03 | 3:27 | 1:48 | 2:25 | 0:46 | 0:21 | |
| 13 | Katrin Hertel OLG Regensburg | D14 | 22:50 | 2:30 | 3:51 | 6:10 | 7:14 | 8:52 | 11:39 | 14:49 | 19:43 | 21:46 | 22:28 | 22:50 | |
| | | | | 2:30 | 1:21 | 2:19 | 1:04 | 1:38 | 2:47 | 3:10 | 4:54 | 2:03 | 0:42 | 0:22 | |
| 14 | Anton Holfeld USV TU Dresden | H14 | 23:08 | 1:59 | 3:41 | 5:53 | 7:35 | 9:11 | 11:42 | 14:28 | 16:04 | 22:01 | 22:46 | 23:08 | 17:16 |
| | | | | 1:59 | 1:42 | 2:12 | 1:42 | 1:36 | 2:31 | 2:46 | 1:36 | 5:57 | 0:45 | 0:22 | *123 |
| 15 | Tom Buchholz MTK Bad Harzburg | H14 | 23:19 | 2:34 | 4:10 | 6:57 | 8:28 | 10:05 | 13:34 | 16:33 | 19:15 | 21:49 | 22:54 | 23:19 | |
| | | | | 2:34 | 1:36 | 2:47 | 1:31 | 1:37 | 3:29 | 2:59 | 2:42 | 2:34 | 1:05 | 0:25 | |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | | |
|---------------------|------------------------|-----|--|--------|--------|-------|--------|--------|--------|--------|--------|--------|---------|-------|-------|
| Bahn 12 (40) | | | 2,1 km 35 Hm 10 Posten (Forts.) | | | | | | | | | | | | |
| | | | | 1(122) | 2(110) | 3(51) | 4(120) | 5(128) | 6(115) | 7(119) | 8(135) | 9(131) | 10(100) | Ziel | |
| 16 | Leonie Amann | D14 | 23:47 | 3:29 | 4:38 | 7:37 | 8:58 | 11:43 | 14:56 | 18:20 | 19:47 | 22:35 | 23:26 | 23:47 | 21:40 |
| | OLG Regensburg | | | 3:29 | 1:09 | 2:59 | 1:21 | 2:45 | 3:13 | 3:24 | 1:27 | 2:48 | 0:51 | 0:21 | *123 |
| 17 | Nilas Stamer | H14 | 23:50 | 1:52 | 3:26 | 6:17 | 7:41 | 9:24 | 12:15 | 14:53 | 20:42 | 22:39 | 23:25 | 23:50 | |
| | SV Hildesia Diekholzen | | | 1:52 | 1:34 | 2:51 | 1:24 | 1:43 | 2:51 | 2:38 | 5:49 | 1:57 | 0:46 | 0:25 | |
| 18 | Karol Kielb | H14 | 24:04 | 1:47 | 2:51 | 6:16 | 7:20 | 9:13 | 12:00 | 17:11 | 18:21 | 22:48 | 23:41 | 24:04 | |
| | SV Robotron Dresden | | | 1:47 | 1:04 | 3:25 | 1:04 | 1:53 | 2:47 | 5:11 | 1:10 | 4:27 | 0:53 | 0:23 | |
| 19 | Jasmin Hertel | D14 | 24:49 | 5:44 | 6:59 | 9:29 | 10:47 | 12:36 | 15:07 | 18:39 | 20:50 | 23:10 | 24:27 | 24:49 | |
| | OLG Regensburg | | | 5:44 | 1:15 | 2:30 | 1:18 | 1:49 | 2:31 | 3:32 | 2:11 | 2:20 | 1:17 | 0:22 | |
| 20 | Frederik Glanz | H14 | 25:19 | 2:01 | 3:17 | 6:00 | 7:10 | 13:04 | 16:38 | 19:59 | 21:32 | 23:57 | 24:58 | 25:19 | |
| | OLV Steinberg | | | 2:01 | 1:16 | 2:43 | 1:10 | 5:54 | 3:34 | 3:21 | 1:33 | 2:25 | 1:01 | 0:21 | |
| 21 | Lucas Imbsweiler | H14 | 25:42 | 2:14 | 3:36 | 7:07 | 8:30 | 10:19 | 13:33 | 16:56 | 22:44 | 24:45 | 25:21 | 25:42 | |
| | TV Oberbexbach 1894 | | | 2:14 | 1:22 | 3:31 | 1:23 | 1:49 | 3:14 | 3:23 | 5:48 | 2:01 | 0:36 | 0:21 | |
| 22 | Antonia Kerscher | D14 | 27:00 | 1:27 | 2:32 | 5:23 | 11:15 | 12:50 | 15:36 | 18:52 | 23:42 | 25:53 | 26:35 | 27:00 | 6:06 |
| | OLG Regensburg | | | 1:27 | 1:05 | 2:51 | 5:52 | 1:35 | 2:46 | 3:16 | 4:50 | 2:11 | 0:42 | 0:25 | *45 |
| | | | | 7:01 | | | | | | | | | | | |
| | | | | *101 | | | | | | | | | | | |
| 23 | Amelie Nürnberger | D14 | 27:25 | 2:20 | 4:58 | 7:52 | 9:35 | 12:54 | 16:10 | 20:02 | 22:12 | 25:16 | 27:00 | 27:25 | |
| | OLG Regensburg | | | 2:20 | 2:38 | 2:54 | 1:43 | 3:19 | 3:16 | 3:52 | 2:10 | 3:04 | 1:44 | 0:25 | |
| 24 | Rico Lösel | H14 | 27:39 | 1:49 | 3:15 | 5:51 | 7:13 | 10:25 | 14:29 | 17:28 | 23:45 | 26:28 | 27:19 | 27:39 | |
| | TUS Karlsruhe-Rüppurr | | | 1:49 | 1:26 | 2:36 | 1:22 | 3:12 | 4:04 | 2:59 | 6:17 | 2:43 | 0:51 | 0:20 | |
| 25 | Pia Schneider | D14 | 29:00 | 2:45 | 4:48 | 9:22 | 12:21 | 14:28 | 18:14 | 22:16 | 23:36 | 27:32 | 28:39 | 29:00 | |
| | TV Oberbexbach 1894 | | | 2:45 | 2:03 | 4:34 | 2:59 | 2:07 | 3:46 | 4:02 | 1:20 | 3:56 | 1:07 | 0:21 | |
| 26 | Laura Klar | D14 | 33:02 | 2:20 | 9:48 | 13:20 | 16:17 | 18:26 | 22:10 | 26:11 | 27:34 | 31:29 | 32:41 | 33:02 | |
| | OLF Mainz | | | 2:20 | 7:28 | 3:32 | 2:57 | 2:09 | 3:44 | 4:01 | 1:23 | 3:55 | 1:12 | 0:21 | |
| 27 | Janne Rupsch | H14 | 33:07 | 6:29 | 7:33 | 10:43 | 13:18 | 15:18 | 19:39 | 24:57 | 28:05 | 31:06 | 32:41 | 33:07 | |
| | USG Chemnitz | | | 6:29 | 1:04 | 3:10 | 2:35 | 2:00 | 4:21 | 5:18 | 3:08 | 3:01 | 1:35 | 0:26 | |
| 28 | Marlen Steinhoff | D14 | 33:28 | 2:49 | 4:30 | 7:46 | 13:17 | 14:56 | 18:01 | 21:55 | 29:07 | 31:50 | 32:59 | 33:28 | |
| | ESV Lok Magdeburg | | | 2:49 | 1:41 | 3:16 | 5:31 | 1:39 | 3:05 | 3:54 | 7:12 | 2:43 | 1:09 | 0:29 | |

| Pl. | Name | Kat | Zeit | 1(122) | 2(110) | 3(51) | 4(120) | 5(128) | 6(115) | 7(119) | 8(135) | 9(131) | 10(100) | Ziel |
|---------------------|------------------------|-----|--|--------|--------|-------|--------|--------|--------|---------|---------|---------|---------|---------|
| Bahn 12 (40) | | | 2,1 km 35 Hm 10 Posten (Forts.) | | | | | | | | | | | |
| 29 | Swenja Sickert | D14 | 33:34 | 5:01 | 7:08 | 10:23 | 11:56 | 14:52 | 19:39 | 23:36 | 28:47 | 32:10 | 33:10 | 33:34 |
| | SSV Planeta Radebeul | | | 5:01 | 2:07 | 3:15 | 1:33 | 2:56 | 4:47 | 3:57 | 5:11 | 3:23 | 1:00 | 0:24 |
| 30 | Till Geiler | H14 | 33:40 | 9:23 | 10:36 | 12:55 | 14:31 | 17:17 | 21:32 | 24:55 | 30:47 | 32:38 | 33:20 | 33:40 |
| | USV Jena | | | 9:23 | 1:13 | 2:19 | 1:36 | 2:46 | 4:15 | 3:23 | 5:52 | 1:51 | 0:42 | 0:20 |
| 31 | Leander Büskens | H14 | 35:14 | 2:51 | 4:59 | 8:28 | 10:59 | 14:30 | 18:03 | 21:32 | 31:21 | 34:11 | 34:53 | 35:14 |
| | TSV Worpsswede | | | 2:51 | 2:08 | 3:29 | 2:31 | 3:31 | 3:33 | 3:29 | 9:49 | 2:50 | 0:42 | 0:21 |
| 32 | Gregor Funk | H14 | 35:40 | 5:20 | 6:57 | 9:59 | 13:36 | 17:32 | 22:31 | 25:45 | 31:54 | 34:35 | 35:19 | 35:40 |
| | OL-Team Filder | | | 5:20 | 1:37 | 3:02 | 3:37 | 3:56 | 4:59 | 3:14 | 6:09 | 2:41 | 0:44 | 0:21 |
| 33 | Paula Wichmann | D14 | 36:20 | 12:21 | 13:52 | 17:00 | 19:27 | 21:56 | 25:58 | 29:57 | 31:44 | 34:39 | 35:51 | 36:20 |
| | OLV Weimar | | | 12:21 | 1:31 | 3:08 | 2:27 | 2:29 | 4:02 | 3:59 | 1:47 | 2:55 | 1:12 | 0:29 |
| 34 | Johanna Strobel | D14 | 37:12 | 5:38 | 6:46 | 10:14 | 12:48 | 21:55 | 26:06 | 30:18 | 31:42 | 35:40 | 36:50 | 37:12 |
| | USV Jena | | | 5:38 | 1:08 | 3:28 | 2:34 | 9:07 | 4:11 | 4:12 | 1:24 | 3:58 | 1:10 | 0:22 |
| 35 | Nils Blaschke | H14 | 38:52 | 3:08 | 5:21 | 8:47 | 10:22 | 14:17 | 20:32 | 26:30 | 28:14 | 37:04 | 38:18 | 38:52 |
| | OSC Kassel | | | 3:08 | 2:13 | 3:26 | 1:35 | 3:55 | 6:15 | 5:58 | 1:44 | 8:50 | 1:14 | 0:34 |
| 36 | Lotte Ritter | D14 | 39:16 | 2:56 | 5:40 | 11:01 | 15:56 | 19:19 | 23:48 | 28:44 | 33:54 | 37:30 | 38:54 | 39:16 |
| | OLF Mainz | | | 2:56 | 2:44 | 5:21 | 4:55 | 3:23 | 4:29 | 4:56 | 5:10 | 3:36 | 1:24 | 0:22 |
| 37 | Hanna Gunkel | D14 | 41:14 | 2:50 | 4:56 | 8:28 | 10:44 | 15:04 | 19:24 | 24:49 | 35:13 | 39:33 | 40:53 | 41:14 |
| | OSC Kassel | | | 2:50 | 2:06 | 3:32 | 2:16 | 4:20 | 4:20 | 5:25 | 10:24 | 4:20 | 1:20 | 0:21 |
| 38 | Anna Castilho Marcao | D14 | 42:02 | 3:43 | 9:38 | 13:47 | 15:12 | 25:54 | 30:05 | 34:20 | 35:48 | 39:39 | 41:36 | 42:02 |
| | SV Hildesia Diekholzen | | | 3:43 | 5:55 | 4:09 | 1:25 | 10:42 | 4:11 | 4:15 | 1:28 | 3:51 | 1:57 | 0:26 |
| 39 | Emanuel Betz | H14 | 46:09 | 3:22 | 5:05 | 8:11 | 9:33 | 11:43 | 17:06 | 21:25 | 42:21 | 44:25 | 45:45 | 46:09 |
| | OLV Steinberg | | | 3:22 | 1:43 | 3:06 | 1:22 | 2:10 | 5:23 | 4:19 | 20:56 | 2:04 | 1:20 | 0:24 |
| 40 | Leif Etter | H14 | 1:19:19 | 18:51 | 20:36 | 34:52 | 38:31 | 43:19 | 57:16 | 1:02:17 | 1:06:38 | 1:16:49 | 1:18:58 | 1:19:19 |
| | OLF Mainz | | | 18:51 | 1:45 | 14:16 | 3:39 | 4:48 | 13:57 | 5:01 | 4:21 | 10:11 | 2:09 | 0:21 |

| Pl. | Name | Kat | Zeit | 1(113) | 2(137) | 3(116) | 4(134) | 5(128) | 6(60) | 7(102) | 8(127) | 9(123) | 10(100) | Ziel |
|---------------------|--|-----|-------------------------------|--------|--------|--------|--------|--------|-------|--------|--------|--------|---------|-------|
| Bahn 13 (28) | | | 1,9 km 40 Hm 10 Posten | | | | | | | | | | | |
| 1 | Renate Tröbe SV TU Ilmenau | D60 | 22:26 | 1:21 | 4:20 | 5:12 | 8:33 | 10:30 | 12:45 | 18:22 | 19:01 | 20:22 | 21:55 | 22:26 |
| | | | | 1:21 | 2:59 | 0:52 | 3:27 | 1:57 | 2:15 | 5:37 | 0:39 | 1:21 | 1:33 | 0:31 |
| 2 | Gisela Tonn SSV Planeta Radebeul | D60 | 24:16 | 1:19 | 4:11 | 5:09 | 9:00 | 11:41 | 13:17 | 19:44 | 20:26 | 21:59 | 23:48 | 24:16 |
| | | | | 1:19 | 2:52 | 0:58 | 3:51 | 2:41 | 1:36 | 6:27 | 0:42 | 1:33 | 1:49 | 0:28 |
| 3 | Tassilo Schmalfeld SSV Planeta Radebeul | H75 | 24:23 | 1:17 | 4:14 | 4:56 | 9:25 | 11:01 | 12:41 | 20:13 | 21:00 | 22:34 | 23:56 | 24:23 |
| | | | | 1:17 | 2:57 | 0:42 | 4:29 | 1:36 | 1:40 | 7:32 | 0:47 | 1:34 | 1:22 | 0:27 |
| 4 | Antje Sobczak MTV Soltau | D60 | 24:33 | 1:50 | 5:45 | 7:17 | 10:42 | 12:36 | 14:42 | 20:28 | 21:10 | 22:30 | 24:09 | 24:33 |
| | | | | 1:50 | 3:55 | 1:32 | 3:25 | 1:54 | 2:06 | 5:46 | 0:42 | 1:20 | 1:39 | 0:24 |
| 5 | Peter Wichmann USC Magdeburg | H75 | 26:55 | 2:08 | 5:34 | 6:33 | 10:19 | 12:19 | 13:57 | 20:08 | 21:13 | 24:22 | 26:23 | 26:55 |
| | | | | 2:08 | 3:26 | 0:59 | 3:46 | 2:00 | 1:38 | 6:11 | 1:05 | 3:09 | 2:01 | 0:32 |
| 6 | Elfi Coppik OLV Steinberg | D65 | 26:58 | 1:30 | 4:45 | 5:51 | 10:32 | 13:07 | 14:47 | 22:10 | 22:55 | 24:30 | 26:27 | 26:58 |
| | | | | 1:30 | 3:15 | 1:06 | 4:41 | 2:35 | 1:40 | 7:23 | 0:45 | 1:35 | 1:57 | 0:31 |
| 7 | Siegmar Breckle Bielefelder TG | H75 | 30:18 | 1:30 | 6:35 | 7:48 | 12:38 | 16:33 | 18:18 | 25:36 | 26:27 | 27:48 | 29:53 | 30:18 |
| | | | | 1:30 | 5:05 | 1:13 | 4:50 | 3:55 | 1:45 | 7:18 | 0:51 | 1:21 | 2:05 | 0:25 |
| 8 | Susanne Thiel SV IHW Alex 78 Berlin | D65 | 32:09 | 1:34 | 5:06 | 6:58 | 11:27 | 15:11 | 17:34 | 26:38 | 27:21 | 29:05 | 31:37 | 32:09 |
| | | | | 1:34 | 3:32 | 1:52 | 4:29 | 3:44 | 2:23 | 9:04 | 0:43 | 1:44 | 2:32 | 0:32 |
| 9 | Irmela Bergt TSV Fischerhude | D65 | 33:43 | 1:48 | 6:16 | 7:42 | 13:49 | 17:35 | 20:16 | 27:34 | 28:44 | 31:02 | 33:11 | 33:43 |
| | | | | 1:48 | 4:28 | 1:26 | 6:07 | 3:46 | 2:41 | 7:18 | 1:10 | 2:18 | 2:09 | 0:32 |
| 10 | Irma Schwarzkopf TV 1894 Coburg-Neuses | D60 | 34:47 | 2:01 | 5:42 | 6:45 | 15:01 | 18:05 | 20:31 | 27:38 | 28:35 | 30:29 | 34:14 | 34:47 |
| | | | | 2:01 | 3:41 | 1:03 | 8:16 | 3:04 | 2:26 | 7:07 | 0:57 | 1:54 | 3:45 | 0:33 |
| 11 | Rudolf Lorenz OLA TSV Deggendorf | H75 | 35:23 | 3:16 | 6:44 | 7:48 | 12:55 | 16:03 | 18:12 | 30:37 | 31:17 | 33:06 | 34:54 | 35:23 |
| | | | | 3:16 | 3:28 | 1:04 | 5:07 | 3:08 | 2:09 | 12:25 | 0:40 | 1:49 | 1:48 | 0:29 |
| 12 | Ingrid Möser USV TU Dresden | D60 | 35:46 | 1:40 | 4:42 | 5:39 | 16:01 | 18:16 | 19:53 | 28:35 | 29:13 | 32:10 | 35:14 | 35:46 |
| | | | | 1:40 | 3:02 | 0:57 | 10:22 | 2:15 | 1:37 | 8:42 | 0:38 | 2:57 | 3:04 | 0:32 |
| 13 | Birgitt Michel TV Jahn Wolfsburg | D65 | 36:01 | 2:36 | 6:10 | 7:16 | 15:43 | 20:19 | 22:17 | 30:58 | 31:51 | 33:45 | 35:30 | 36:01 |
| | | | | 2:36 | 3:34 | 1:06 | 8:27 | 4:36 | 1:58 | 8:41 | 0:53 | 1:54 | 1:45 | 0:31 |
| 14 | Erika Lemnitzer Kaulsdorfer OLV | D65 | 36:35 | 4:49 | 8:20 | 9:14 | 18:53 | 21:45 | 23:28 | 30:59 | 32:04 | 34:01 | 36:05 | 36:35 |
| | | | | 4:49 | 3:31 | 0:54 | 9:39 | 2:52 | 1:43 | 7:31 | 1:05 | 1:57 | 2:04 | 0:30 |
| 15 | Rosemarie Fillinger SV IHW Alex 78 Berlin | D65 | 37:11 | 2:06 | 7:18 | 8:57 | 20:15 | 23:18 | 24:55 | 32:18 | 32:59 | 34:43 | 36:41 | 37:11 |
| | | | | 2:06 | 5:12 | 1:39 | 11:18 | 3:03 | 1:37 | 7:23 | 0:41 | 1:44 | 1:58 | 0:30 |

| Pl. | Name | Kat | Zeit | 1(113) | 2(137) | 3(116) | 4(134) | 5(128) | 6(60) | 7(102) | 8(127) | 9(123) | 10(100) | Ziel | |
|---------------------|---|-----|--|--------|--------|--------|--------|--------|-------|---------|---------|---------|---------|---------|-------|
| Bahn 13 (28) | | | 1,9 km 40 Hm 10 Posten (Forts.) | | | | | | | | | | | | |
| 16 | Helga Lucke Post SV Dresden | D65 | 37:37 | 1:44 | 6:55 | 8:44 | 14:21 | 17:34 | 19:15 | 29:25 | 30:23 | 34:08 | 37:01 | 37:37 | |
| 17 | Birge Kärger OK Leipzig | D65 | 38:01 | 2:16 | 7:25 | 8:41 | 14:57 | 17:39 | 20:17 | 31:52 | 32:51 | 34:54 | 37:23 | 38:01 | |
| 18 | Rolf Heinemann SV Robotron Dresden | H75 | 40:35 | 3:07 | 8:10 | 9:33 | 19:07 | 22:13 | 24:10 | 34:36 | 35:32 | 37:53 | 40:02 | 40:35 | |
| 19 | Ingrid Müssen SuS Vehrte | D60 | 40:38 | 2:28 | 5:59 | 7:07 | 20:37 | 22:51 | 24:59 | 35:47 | 36:37 | 38:13 | 40:08 | 40:38 | |
| 20 | Kornelia Mock TSC Eintracht Dortmund 48/9! | D60 | 40:59 | 5:30 | 10:52 | 12:21 | 19:09 | 24:16 | 26:28 | 34:45 | 35:56 | 37:56 | 40:16 | 40:59 | |
| 21 | Hildegard Rehorst TSC Eintracht Dortmund 48/9! | D60 | 42:46 | 1:59 | 7:12 | 8:28 | 17:08 | 20:08 | 22:35 | 37:06 | 38:02 | 39:38 | 42:11 | 42:46 | |
| 22 | Margit Reichert USV TU Dresden | D65 | 44:24 | 6:00 | 11:29 | 12:42 | 22:35 | 27:42 | 29:45 | 38:48 | 39:30 | 41:35 | 43:46 | 44:24 | |
| 23 | Bärbel Busch Post SV Dresden | D60 | 45:44 | 3:54 | 10:01 | 11:41 | 17:14 | 22:12 | 24:39 | 37:02 | 38:41 | 41:01 | 45:06 | 45:44 | |
| 24 | Beatrix Haenelt SV IHW Alex 78 Berlin | D65 | 46:33 | 1:34 | 5:14 | 6:34 | 13:42 | 21:16 | 23:38 | 40:20 | 41:22 | 43:52 | 45:58 | 46:33 | |
| 25 | Walter Rehbein TG 1860 Münden | H75 | 47:14 | 1:46 | 6:42 | 8:05 | 15:52 | 19:47 | 26:28 | 38:48 | 40:12 | 42:48 | 46:42 | 47:14 | |
| 26 | Sabine Bohl Ski-Club Unna | D65 | 1:34:31 | 4:31 | 12:06 | 14:35 | 48:28 | 53:59 | 57:49 | 1:14:27 | 1:16:05 | 1:28:28 | 1:33:16 | 1:34:31 | |
| | Eberhard Lemnitzer Kaulsdorfer OLV | H75 | Fehlst | 2:16 | ---- | 11:51 | 16:47 | 20:35 | 22:25 | 29:47 | 30:40 | 31:58 | 36:02 | 36:33 | 4:21 |
| | | | | 2:16 | | 9:35 | 4:56 | 3:48 | 1:50 | 7:22 | 0:53 | 1:18 | 4:04 | 0:31 | *133 |
| | | | | 7:08 | | | | | | | | | | | |
| | | | | *31 | | | | | | | | | | | |
| | Gerhard Horn TGV Horn | H75 | Fehlst | 2:42 | 7:49 | 9:05 | 29:23 | ----- | 37:07 | ----- | ----- | ----- | ----- | 56:50 | 15:55 |
| | | | | 2:42 | 5:07 | 1:16 | 20:18 | | 7:44 | | | | | 19:43 | *120 |

| Pl. Name | Kat | Zeit | | | | | | | | | | |
|----------------------------|-----|-------|------------------------------|--------|--------|--------|--------|--------|-------|--------|--------|-------|
| Bahn 14 (8) | | | 1,5 km 25 Hm 9 Posten | | | | | | | | | |
| | | | 1(113) | 2(130) | 3(116) | 4(121) | 5(115) | 6(139) | 7(59) | 8(123) | 9(100) | Ziel |
| 1 Georg Reischl | H80 | 19:05 | 1:36 | 5:41 | 7:29 | 10:01 | 11:24 | 13:33 | 16:05 | 16:53 | 18:34 | 19:05 |
| TV Osterhofen | | | 1:36 | 4:05 | 1:48 | 2:32 | 1:23 | 2:09 | 2:32 | 0:48 | 1:41 | 0:31 |
| 2 Klaus Schlittermann | H80 | 23:48 | 2:05 | 5:32 | 7:28 | 10:43 | 12:28 | 17:31 | 20:27 | 21:28 | 23:15 | 23:48 |
| ESV Lok Berlin-Schöneweide | | | 2:05 | 3:27 | 1:56 | 3:15 | 1:45 | 5:03 | 2:56 | 1:01 | 1:47 | 0:33 |
| 3 Edmund Keil | H80 | 26:08 | 1:55 | 6:00 | 8:14 | 11:52 | 14:12 | 17:04 | 22:35 | 23:29 | 25:38 | 26:08 |
| Bielefelder TG | | | 1:55 | 4:05 | 2:14 | 3:38 | 2:20 | 2:52 | 5:31 | 0:54 | 2:09 | 0:30 |
| 4 Wolfgang Wittiber | H80 | 31:24 | 2:18 | 7:30 | 9:50 | 15:57 | 18:16 | 21:24 | 27:17 | 27:58 | 30:44 | 31:24 |
| Bielefelder Ski-Club | | | 2:18 | 5:12 | 2:20 | 6:07 | 2:19 | 3:08 | 5:53 | 0:41 | 2:46 | 0:40 |
| 5 Ilse Eulitz | D75 | 31:50 | 1:57 | 7:54 | 10:03 | 14:14 | 16:54 | 20:00 | 23:55 | 28:40 | 31:09 | 31:50 |
| OLV Weimar | | | 1:57 | 5:57 | 2:09 | 4:11 | 2:40 | 3:06 | 3:55 | 4:45 | 2:29 | 0:41 |
| 6 Horst-Richard Mevius | H80 | 32:37 | 8:47 | 12:59 | 14:52 | 18:11 | 20:52 | 24:58 | 28:25 | 29:26 | 32:02 | 32:37 |
| Lübecker Turnerschaft | | | 8:47 | 4:12 | 1:53 | 3:19 | 2:41 | 4:06 | 3:27 | 1:01 | 2:36 | 0:35 |
| 7 Uta Breckle | D75 | 35:51 | 2:22 | 9:49 | 12:38 | 17:33 | 20:23 | 24:45 | 29:53 | 31:08 | 34:57 | 35:51 |
| Bielefelder TG | | | 2:22 | 7:27 | 2:49 | 4:55 | 2:50 | 4:22 | 5:08 | 1:15 | 3:49 | 0:54 |
| 8 Gisela Schubert | D70 | 57:39 | 2:59 | 23:19 | 28:27 | 36:11 | 40:10 | 46:20 | 51:22 | 52:52 | 56:36 | 57:39 |
| OLV Weimar | | | 2:59 | 20:20 | 5:08 | 7:44 | 3:59 | 6:10 | 5:02 | 1:30 | 3:44 | 1:03 |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | | |
|-----|---|-----|--|--------|--------|-------|--------|--------|--------|--------|--------|---------|---------|-------|-------|
| | | | Bahn 15 (53) 1,9 km 15 Hm 11 Posten | | | | | | | | | | | | |
| | | | 1(112) | 2(111) | 3(109) | 4(51) | 5(120) | 6(114) | 7(106) | 8(105) | 9(104) | 10(103) | 11(100) | Ziel | |
| 1 | Anton Knoll Bielefelder TG | H12 | 13:57 | 1:15 | 2:03 | 2:57 | 4:46 | 6:13 | 8:18 | 9:23 | 10:04 | 12:06 | 13:21 | 13:37 | 13:57 |
| | | | | 1:15 | 0:48 | 0:54 | 1:49 | 1:27 | 2:05 | 1:05 | 0:41 | 2:02 | 1:15 | 0:16 | 0:20 |
| 2 | Konrad Stamer Preetzer TSV | H12 | 14:04 | 1:18 | 2:05 | 3:03 | 4:38 | 5:49 | 7:44 | 9:07 | 9:38 | 12:06 | 13:22 | 13:42 | 14:04 |
| | | | | 1:18 | 0:47 | 0:58 | 1:35 | 1:11 | 1:55 | 1:23 | 0:31 | 2:28 | 1:16 | 0:20 | 0:22 |
| 3 | Daniel Cionoiu TV 1894 Coburg-Neuses | H12 | 14:30 | 1:01 | 1:50 | 3:20 | 5:14 | 6:30 | 8:14 | 9:27 | 10:06 | 12:38 | 13:47 | 14:06 | 14:30 |
| | | | | 1:01 | 0:49 | 1:30 | 1:54 | 1:16 | 1:44 | 1:13 | 0:39 | 2:32 | 1:09 | 0:19 | 0:24 |
| 4 | Theo Hennseler MTV Seesen | H12 | 14:48 | 1:43 | 2:27 | 3:29 | 5:20 | 7:55 | 9:25 | 10:48 | 11:19 | 13:05 | 14:15 | 14:29 | 14:48 |
| | | | | 1:43 | 0:44 | 1:02 | 1:51 | 2:35 | 1:30 | 1:23 | 0:31 | 1:46 | 1:10 | 0:14 | 0:19 |
| 5 | Luise Steinert SV Lengefeld | D12 | 15:03 | 1:42 | 2:26 | 3:42 | 5:33 | 7:00 | 9:07 | 10:32 | 11:04 | 13:02 | 14:24 | 14:41 | 15:03 |
| | | | | 1:42 | 0:44 | 1:16 | 1:51 | 1:27 | 2:07 | 1:25 | 0:32 | 1:58 | 1:22 | 0:17 | 0:22 |
| 6 | Jussi Bruns MTK Bad Harzburg | H12 | 15:12 | 2:14 | 3:01 | 4:08 | 5:47 | 7:01 | 9:24 | 10:42 | 11:22 | 13:12 | 14:35 | 14:51 | 15:12 |
| | | | | 2:14 | 0:47 | 1:07 | 1:39 | 1:14 | 2:23 | 1:18 | 0:40 | 1:50 | 1:23 | 0:16 | 0:21 |
| 7 | Wenke Heinemann SV Robotron Dresden | D12 | 15:17 | 1:20 | 2:08 | 3:22 | 5:11 | 7:05 | 8:41 | 10:07 | 10:59 | 12:54 | 14:30 | 14:57 | 15:17 |
| | | | | 1:20 | 0:48 | 1:14 | 1:49 | 1:54 | 1:36 | 1:26 | 0:52 | 1:55 | 1:36 | 0:27 | 0:20 |
| 8 | Benno Raupach OLV Steinberg | H12 | 16:43 | 1:23 | 2:19 | 3:41 | 5:39 | 7:13 | 9:32 | 10:54 | 12:17 | 14:45 | 16:03 | 16:19 | 16:43 |
| | | | | 1:23 | 0:56 | 1:22 | 1:58 | 1:34 | 2:19 | 1:22 | 1:23 | 2:28 | 1:18 | 0:16 | 0:24 |
| 9 | Till Buchberger MTV Seesen | H12 | 16:45 | 1:40 | 2:34 | 3:59 | 6:01 | 7:25 | 9:31 | 10:59 | 12:03 | 14:29 | 15:51 | 16:23 | 16:45 |
| | | | | 1:40 | 0:54 | 1:25 | 2:02 | 1:24 | 2:06 | 1:28 | 1:04 | 2:26 | 1:22 | 0:32 | 0:22 |
| 10 | Yannick Lieblich OLG Regensburg | H12 | 16:50 | 1:22 | 3:15 | 4:38 | 7:17 | 8:43 | 10:22 | 11:38 | 12:23 | 14:41 | 16:10 | 16:26 | 16:50 |
| | | | | 1:22 | 1:53 | 1:23 | 2:39 | 1:26 | 1:39 | 1:16 | 0:45 | 2:18 | 1:29 | 0:16 | 0:24 |
| 11 | Johannes Otto ESV Lok Magdeburg | H12 | 18:02 | 1:19 | 2:08 | 4:52 | 7:04 | 8:12 | 11:36 | 13:07 | 13:42 | 15:58 | 17:20 | 17:35 | 18:02 |
| | | | | 1:19 | 0:49 | 2:44 | 2:12 | 1:08 | 3:24 | 1:31 | 0:35 | 2:16 | 1:22 | 0:15 | 0:27 |
| 12 | Matti Niemann OLV Steinberg | H12 | 18:06 | 1:30 | 2:30 | 4:52 | 7:06 | 8:35 | 10:36 | 12:30 | 13:28 | 15:47 | 17:17 | 17:42 | 18:06 |
| | | | | 1:30 | 1:00 | 2:22 | 2:14 | 1:29 | 2:01 | 1:54 | 0:58 | 2:19 | 1:30 | 0:25 | 0:24 |
| 13 | Kristaps Grahl SSV Planeta Radebeul | H12 | 18:08 | 2:42 | 3:29 | 4:37 | 6:37 | 8:10 | 10:36 | 12:51 | 13:30 | 16:07 | 17:32 | 17:46 | 18:08 |
| | | | | 2:42 | 0:47 | 1:08 | 2:00 | 1:33 | 2:26 | 2:15 | 0:39 | 2:37 | 1:25 | 0:14 | 0:22 |
| 14 | Moritz Lucke Post SV Dresden | H12 | 18:41 | 1:36 | 2:31 | 3:48 | 6:02 | 9:05 | 11:50 | 13:27 | 14:12 | 16:38 | 17:58 | 18:15 | 18:41 |
| | | | | 1:36 | 0:55 | 1:17 | 2:14 | 3:03 | 2:45 | 1:37 | 0:45 | 2:26 | 1:20 | 0:17 | 0:26 |
| 15 | Lena Neumann SV Lengefeld | D12 | 18:42 | 1:09 | 2:03 | 3:39 | 5:36 | 7:05 | 9:56 | 12:09 | 12:55 | 16:32 | 18:01 | 18:20 | 18:42 |
| | | | | 1:09 | 0:54 | 1:36 | 1:57 | 1:29 | 2:51 | 2:13 | 0:46 | 3:37 | 1:29 | 0:19 | 0:22 |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | | |
|-----|--|-----|---|--------|--------|-------|--------|--------|--------|--------|--------|---------|---------|-------|-------|
| | | | Bahn 15 (53) 1,9 km 15 Hm 11 Posten (Forts.) | | | | | | | | | | | | |
| | | | 1(112) | 2(111) | 3(109) | 4(51) | 5(120) | 6(114) | 7(106) | 8(105) | 9(104) | 10(103) | 11(100) | Ziel | |
| 16 | Lisa Kästner TV Oberbexbach 1894 | D12 | 19:22 | 1:42 | 2:48 | 4:13 | 6:50 | 9:54 | 12:19 | 13:56 | 14:49 | 16:59 | 18:36 | 18:55 | 19:22 |
| | | | | 1:42 | 1:06 | 1:25 | 2:37 | 3:04 | 2:25 | 1:37 | 0:53 | 2:10 | 1:37 | 0:19 | 0:27 |
| 17 | Julius Wandelt MTV Seesen | H12 | 19:26 | 1:21 | 5:18 | 6:45 | 9:10 | 10:33 | 12:32 | 14:03 | 15:01 | 17:21 | 18:50 | 19:04 | 19:26 |
| | | | | 1:21 | 3:57 | 1:27 | 2:25 | 1:23 | 1:59 | 1:31 | 0:58 | 2:20 | 1:29 | 0:14 | 0:22 |
| 18 | Julika Funk OK Leipzig | D12 | 20:26 | 1:44 | 2:45 | 4:36 | 6:41 | 9:06 | 11:48 | 13:55 | 15:07 | 18:05 | 19:46 | 20:02 | 20:26 |
| | | | | 1:44 | 1:01 | 1:51 | 2:05 | 2:25 | 2:42 | 2:07 | 1:12 | 2:58 | 1:41 | 0:16 | 0:24 |
| 19 | Emma Caspari OL Team Lippe | D12 | 20:32 | 2:13 | 3:15 | 4:47 | 7:02 | 9:00 | 12:34 | 14:30 | 15:44 | 18:05 | 19:49 | 20:12 | 20:32 |
| | | | | 2:13 | 1:02 | 1:32 | 2:15 | 1:58 | 3:34 | 1:56 | 1:14 | 2:21 | 1:44 | 0:23 | 0:20 |
| 20 | Bennet Grote OLV Uslar 1976 | H12 | 20:52 | 4:43 | 5:33 | 6:40 | 9:05 | 11:01 | 13:44 | 15:44 | 16:28 | 18:38 | 20:13 | 20:29 | 20:52 |
| | | | | 4:43 | 0:50 | 1:07 | 2:25 | 1:56 | 2:43 | 2:00 | 0:44 | 2:10 | 1:35 | 0:16 | 0:23 |
| 21 | Ole Wittiber Skiclub Bonn | H12 | 22:47 | 2:48 | 3:34 | 5:35 | 7:48 | 9:22 | 16:48 | 17:52 | 18:45 | 20:43 | 22:06 | 22:24 | 22:47 |
| | | | | 2:48 | 0:46 | 2:01 | 2:13 | 1:34 | 7:26 | 1:04 | 0:53 | 1:58 | 1:23 | 0:18 | 0:23 |
| 22 | Malte Borrmann OL Görlitz | H12 | 22:57 | 2:41 | 6:25 | 7:47 | 10:08 | 12:31 | 15:25 | 16:42 | 18:06 | 20:47 | 22:15 | 22:33 | 22:57 |
| | | | | 2:41 | 3:44 | 1:22 | 2:21 | 2:23 | 2:54 | 1:17 | 1:24 | 2:41 | 1:28 | 0:18 | 0:24 |
| 23 | Marit Wersin TGM Budenheim | D12 | 23:00 | 4:28 | 5:27 | 6:46 | 9:23 | 11:11 | 14:45 | 16:25 | 17:11 | 20:22 | 21:50 | 22:36 | 23:00 |
| | | | | 4:28 | 0:59 | 1:19 | 2:37 | 1:48 | 3:34 | 1:40 | 0:46 | 3:11 | 1:28 | 0:46 | 0:24 |
| 24 | Elin Hochstetter USV Jena | D12 | 23:27 | 1:58 | 3:07 | 4:47 | 7:34 | 10:17 | 12:55 | 15:26 | 17:03 | 20:49 | 22:32 | 23:03 | 23:27 |
| | | | | 1:58 | 1:09 | 1:40 | 2:47 | 2:43 | 2:38 | 2:31 | 1:37 | 3:46 | 1:43 | 0:31 | 0:24 |
| 25 | Lynn Dautermann TV Oberbexbach 1894 | D12 | 25:08 | 1:36 | 2:27 | 7:29 | 9:39 | 15:58 | 18:22 | 19:54 | 20:42 | 23:05 | 24:31 | 24:49 | 25:08 |
| | | | | 1:36 | 0:51 | 5:02 | 2:10 | 6:19 | 2:24 | 1:32 | 0:48 | 2:23 | 1:26 | 0:18 | 0:19 |
| 26 | Yotimo Kwiet TV Oberbexbach 1894 | H12 | 25:12 | 2:07 | 3:24 | 4:51 | 7:22 | 13:30 | 16:35 | 18:25 | 19:12 | 22:34 | 24:28 | 24:46 | 25:12 |
| | | | | 2:07 | 1:17 | 1:27 | 2:31 | 6:08 | 3:05 | 1:50 | 0:47 | 3:22 | 1:54 | 0:18 | 0:26 |
| 27 | Merle Sihver Post SV Dresden | D12 | 25:48 | 10:37 | 11:22 | 12:24 | 14:25 | 16:42 | 18:47 | 20:19 | 21:03 | 23:20 | 24:57 | 25:21 | 25:48 |
| | | | | 10:37 | 0:45 | 1:02 | 2:01 | 2:17 | 2:05 | 1:32 | 0:44 | 2:17 | 1:37 | 0:24 | 0:27 |
| 28 | Jakob Jackisch SV TU Ilmenau | H12 | 25:52 | 10:02 | 10:51 | 12:06 | 14:10 | 15:37 | 17:57 | 19:21 | 20:09 | 23:42 | 25:08 | 25:27 | 25:52 |
| | | | | 10:02 | 0:49 | 1:15 | 2:04 | 1:27 | 2:20 | 1:24 | 0:48 | 3:33 | 1:26 | 0:19 | 0:25 |
| 29 | Ole Magnus Baath TSV Jetzendorf | H12 | 25:53 | 4:30 | 5:26 | 6:33 | 8:36 | 14:25 | 16:39 | 18:50 | 21:37 | 23:40 | 25:15 | 25:31 | 25:53 |
| | | | | 4:30 | 0:56 | 1:07 | 2:03 | 5:49 | 2:14 | 2:11 | 2:47 | 2:03 | 1:35 | 0:16 | 0:22 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | |
|---------------------------|-----|-------|--|--------|--------|-------|--------|--------|--------|--------|--------|---------|---------|-------|
| Bahn 15 (53) | | | 1,9 km 15 Hm 11 Posten (Forts.) | | | | | | | | | | | |
| | | | 1(112) | 2(111) | 3(109) | 4(51) | 5(120) | 6(114) | 7(106) | 8(105) | 9(104) | 10(103) | 11(100) | Ziel |
| 30 Frederik Osterburg | H12 | 26:00 | 1:59 | 3:42 | 5:46 | 8:44 | 11:35 | 17:11 | 19:11 | 20:07 | 23:00 | 25:00 | 25:34 | 26:00 |
| WOLF Haltern | | | 1:59 | 1:43 | 2:04 | 2:58 | 2:51 | 5:36 | 2:00 | 0:56 | 2:53 | 2:00 | 0:34 | 0:26 |
| 31 Katja Bönig | OKL | 26:07 | 2:19 | 3:37 | 5:39 | 8:32 | 11:06 | 16:03 | 18:27 | 19:42 | 23:06 | 25:13 | 25:42 | 26:07 |
| OLV Uslar 1976 | | | 2:19 | 1:18 | 2:02 | 2:53 | 2:34 | 4:57 | 2:24 | 1:15 | 3:24 | 2:07 | 0:29 | 0:25 |
| 32 Ben Reinert | H12 | 26:32 | 3:49 | 4:44 | 14:08 | 16:07 | 18:23 | 20:17 | 21:41 | 22:18 | 24:34 | 25:50 | 26:08 | 26:32 |
| TV Oberbexbach 1894 | | | 3:49 | 0:55 | 9:24 | 1:59 | 2:16 | 1:54 | 1:24 | 0:37 | 2:16 | 1:16 | 0:18 | 0:24 |
| 33 Francesca Thebes | D12 | 27:04 | 3:30 | 4:31 | 6:20 | 10:59 | 13:07 | 16:36 | 18:56 | 20:16 | 24:37 | 26:14 | 26:37 | 27:04 |
| OSC Kassel | | | 3:30 | 1:01 | 1:49 | 4:39 | 2:08 | 3:29 | 2:20 | 1:20 | 4:21 | 1:37 | 0:23 | 0:27 |
| 34 Severin Lehner | H12 | 27:47 | 2:39 | 4:21 | 6:47 | 10:10 | 12:50 | 15:52 | 18:46 | 19:51 | 24:11 | 26:41 | 27:15 | 27:47 |
| OLG Regensburg | | | 2:39 | 1:42 | 2:26 | 3:23 | 2:40 | 3:02 | 2:54 | 1:05 | 4:20 | 2:30 | 0:34 | 0:32 |
| 35 Ulrike Lehner | OKL | 28:35 | 2:17 | 3:41 | 5:44 | 8:52 | 14:05 | 16:52 | 19:16 | 20:50 | 25:16 | 27:29 | 27:59 | 28:35 |
| OLG Regensburg | | | 2:17 | 1:24 | 2:03 | 3:08 | 5:13 | 2:47 | 2:24 | 1:34 | 4:26 | 2:13 | 0:30 | 0:36 |
| 36 Lena Drawe | D12 | 28:49 | 3:01 | 4:52 | 6:28 | 9:07 | 13:24 | 17:05 | 19:37 | 23:05 | 26:13 | 27:53 | 28:25 | 28:49 |
| OL Team Lippe | | | 3:01 | 1:51 | 1:36 | 2:39 | 4:17 | 3:41 | 2:32 | 3:28 | 3:08 | 1:40 | 0:32 | 0:24 |
| 37 Wilma Dunay | OKL | 29:08 | 2:21 | 4:03 | 6:28 | 10:01 | 12:19 | 17:10 | 19:31 | 21:15 | 25:00 | 27:42 | 28:19 | 29:08 |
| TUS Karlsruhe-Rüppurr | | | 2:21 | 1:42 | 2:25 | 3:33 | 2:18 | 4:51 | 2:21 | 1:44 | 3:45 | 2:42 | 0:37 | 0:49 |
| 38 Merle Schrader | D12 | 30:56 | 1:57 | 3:19 | 6:51 | 10:22 | 15:04 | 19:49 | 22:44 | 24:26 | 28:12 | 30:00 | 30:27 | 30:56 |
| OLV Weimar | | | 1:57 | 1:22 | 3:32 | 3:31 | 4:42 | 4:45 | 2:55 | 1:42 | 3:46 | 1:48 | 0:27 | 0:29 |
| 39 Karla Breckle | OKL | 32:10 | 1:55 | 3:43 | 7:04 | 10:50 | 14:51 | 19:07 | 21:51 | 24:40 | 28:35 | 30:56 | 31:43 | 32:10 |
| Bielefelder TG | | | 1:55 | 1:48 | 3:21 | 3:46 | 4:01 | 4:16 | 2:44 | 2:49 | 3:55 | 2:21 | 0:47 | 0:27 |
| 40 Jan Otto Henneberg | H12 | 32:12 | 6:51 | 7:38 | 9:40 | 11:54 | 13:27 | 23:20 | 24:47 | 26:31 | 29:51 | 31:31 | 31:49 | 32:12 |
| OL Team Lippe | | | 6:51 | 0:47 | 2:02 | 2:14 | 1:33 | 9:53 | 1:27 | 1:44 | 3:20 | 1:40 | 0:18 | 0:23 |
| 41 Ulla Horst | OKL | 34:07 | 4:44 | 6:11 | 8:50 | 13:12 | 16:52 | 21:28 | 24:39 | 26:57 | 30:52 | 33:08 | 33:39 | 34:07 |
| TV 1898 Alsbach | | | 4:44 | 1:27 | 2:39 | 4:22 | 3:40 | 4:36 | 3:11 | 2:18 | 3:55 | 2:16 | 0:31 | 0:28 |
| | | | 1:29 | 7:29 | | | | | | | | | | |
| | | | *144 | *110 | | | | | | | | | | |
| 42 Kerstin Pischke | OKL | 34:29 | 3:06 | 5:01 | 7:22 | 11:35 | 15:08 | 20:46 | 23:57 | 25:57 | 30:09 | 32:40 | 33:37 | 34:29 |
| SV Turbine Neubrandenburg | | | 3:06 | 1:55 | 2:21 | 4:13 | 3:33 | 5:38 | 3:11 | 2:00 | 4:12 | 2:31 | 0:57 | 0:52 |

| Pl. Name | Kat | Zeit | | | | | | | | | | | | |
|--|-----|---------|--|--------|--------|-------|--------|--------|--------|--------|---------|---------|---------|---------|
| Bahn 15 (53) | | | 1,9 km 15 Hm 11 Posten (Forts.) | | | | | | | | | | | |
| | | | 1(112) | 2(111) | 3(109) | 4(51) | 5(120) | 6(114) | 7(106) | 8(105) | 9(104) | 10(103) | 11(100) | Ziel |
| 43 Carolina Bergmann Avila OLV Uslar 1976 | OKL | 37:03 | 2:05 | 11:03 | 12:54 | 16:53 | 20:15 | 25:17 | 27:52 | 30:00 | 33:27 | 36:06 | 36:32 | 37:03 |
| | | | 2:05 | 8:58 | 1:51 | 3:59 | 3:22 | 5:02 | 2:35 | 2:08 | 3:27 | 2:39 | 0:26 | 0:31 |
| 44 Maria Gierlach WOLF Haltern | OKL | 38:01 | 3:31 | 5:03 | 9:20 | 14:40 | 19:44 | 23:52 | 27:03 | 29:04 | 34:10 | 36:36 | 37:22 | 38:01 |
| | | | 3:31 | 1:32 | 4:17 | 5:20 | 5:04 | 4:08 | 3:11 | 2:01 | 5:06 | 2:26 | 0:46 | 0:39 |
| 45 Anna Blaschke OSC Kassel | D12 | 38:31 | 20:10 | 21:22 | 22:46 | 24:51 | 27:13 | 30:59 | 32:36 | 33:20 | 35:55 | 37:37 | 38:09 | 38:31 |
| | | | 20:10 | 1:12 | 1:24 | 2:05 | 2:22 | 3:46 | 1:37 | 0:44 | 2:35 | 1:42 | 0:32 | 0:22 |
| 46 Silke Herold Kaulsdorfer OLV | OKL | 41:28 | 4:15 | 7:25 | 14:31 | 19:25 | 22:59 | 28:51 | 32:02 | 33:45 | 37:39 | 40:08 | 40:51 | 41:28 |
| | | | 4:15 | 3:10 | 7:06 | 4:54 | 3:34 | 5:52 | 3:11 | 1:43 | 3:54 | 2:29 | 0:43 | 0:37 |
| 47 Bärbel Kloos TV Oberbexbach 1894 | OKL | 42:16 | 5:03 | 6:40 | 10:37 | 12:46 | 28:15 | 30:25 | 32:13 | 34:11 | 39:01 | 40:59 | 41:38 | 42:16 |
| | | | 5:03 | 1:37 | 3:57 | 2:09 | 15:29 | 2:10 | 1:48 | 1:58 | 4:50 | 1:58 | 0:39 | 0:38 |
| 48 Jana Knaup Braunschweiger MTV | OKL | 43:06 | 5:09 | 6:40 | 10:12 | 15:29 | 19:41 | 27:32 | 31:43 | 34:04 | 39:21 | 41:59 | 42:28 | 43:06 |
| | | | 5:09 | 1:31 | 3:32 | 5:17 | 4:12 | 7:51 | 4:11 | 2:21 | 5:17 | 2:38 | 0:29 | 0:38 |
| | | | 2:30 | | | | | | | | | | | |
| | | | *144 | | | | | | | | | | | |
| 49 Albrecht Bergt TSV Fischerhude | OKL | 46:54 | 7:29 | 10:23 | 13:23 | 18:14 | 22:00 | 30:08 | 34:22 | 36:35 | 41:15 | 44:33 | 45:42 | 46:54 |
| | | | 7:29 | 2:54 | 3:00 | 4:51 | 3:46 | 8:08 | 4:14 | 2:13 | 4:40 | 3:18 | 1:09 | 1:12 |
| 50 Bianca Meier SG LVB Leipzig | OKL | 50:53 | 9:03 | 10:55 | 14:01 | 19:13 | 25:55 | 33:20 | 36:50 | 39:56 | 44:46 | 47:32 | 49:56 | 50:53 |
| | | | 9:03 | 1:52 | 3:06 | 5:12 | 6:42 | 7:25 | 3:30 | 3:06 | 4:50 | 2:46 | 2:24 | 0:57 |
| 51 Robin von Gaza OLV Uslar 1976 | OKL | 1:10:08 | 0:00 | 0:00 | 0:00 | 20:42 | 41:51 | 47:01 | 50:46 | 57:53 | 1:05:52 | 1:08:50 | 1:09:30 | 1:10:08 |
| | | | | | | 20:42 | 21:09 | 5:10 | 3:45 | 7:07 | 7:59 | 2:58 | 0:40 | 0:38 |
| Linnea Müller Ski-Club Helsa | D12 | Aufg | 8:13 | 9:03 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | 37:18 |
| | | | 8:13 | 0:50 | | | | | | | | | | 28:15 |
| Arvid Wittiber Skiclub Bonn | H12 | Aufg | 5:12 | 6:51 | 9:06 | 12:11 | 16:03 | ----- | ----- | ----- | ----- | 41:22 | 41:46 | 42:19 |
| | | | 5:12 | 1:39 | 2:15 | 3:05 | 3:52 | | | | | 25:19 | 0:24 | 0:33 |

| Pl. Name | Kat | Zeit | 1(111) Ziel | 2(119) | 3(139) | 4(106) | 5(109) | 6(51) | 7(120) | 8(114) | 9(115) | 10(105) | 11(104) | 12(103) | 13(100) |
|---------------------------------------|-----|-------|-------------------------------|---------------|---------------|---------------|---------------|---------------|---------------|----------------|---------------|---------------|---------------|---------------|---------------|
| Bahn 16 (8) | | | 2,3 km 35 Hm 13 Posten | | | | | | | | | | | | |
| 1 Bastian Bloß OSC Kassel | OLL | 18:07 | 2:48 2:48 18:07 0:17 | 3:38 0:50 | 5:08 1:30 | 6:00 0:52 | 7:47 1:47 | 9:30 1:43 | 10:38 1:08 | 12:07 1:29 | 12:37 0:30 | 13:59 1:22 | 16:05 2:06 | 17:30 1:25 | 17:50 0:20 |
| 2 Ragnar Sihver Post SV Dresden | OLL | 25:05 | 2:17 2:17 25:05 0:27 | 3:25 1:08 | 4:55 1:30 | 6:03 1:08 | 9:24 3:21 | 11:42 2:18 | 13:25 1:43 | 17:06 3:41 | 17:50 0:44 | 20:29 2:39 | 22:49 2:20 | 24:19 1:30 | 24:38 0:19 |
| 3 Aurore Ribera Baiersdorfer SV | OLL | 37:34 | 6:33 6:33 37:34 0:26 | 9:39 3:06 | 11:59 2:20 | 13:58 1:59 | 16:18 2:20 | 20:15 3:57 | 23:08 2:53 | 26:50 3:42 | 29:03 2:13 | 31:48 2:45 | 34:49 3:01 | 36:41 1:52 | 37:08 0:27 |
| 4 Mark Reinert TV Oberbexbach 1894 | OLL | 37:47 | 6:34 6:34 37:47 0:22 | 8:07 1:33 | 13:26 5:19 | 14:47 1:21 | 16:40 1:53 | 19:12 2:32 | 21:27 2:15 | 26:38 5:11 | 28:32 1:54 | 30:14 1:42 | 32:21 2:07 | 36:51 4:30 | 37:25 0:34 |
| 5 Patrick Kohlmeyer SuS Vehrte | OLL | 38:06 | 2:09 2:09 38:06 0:24 | 5:43 3:34 | 6:58 1:15 | 8:18 1:20 | 9:53 1:35 | 12:10 2:17 | 13:51 1:41 | 30:09 16:18 | 31:19 1:10 | 33:42 2:23 | 36:02 2:20 | 37:25 1:23 | 37:42 0:17 |
| 6 Anne Winkelmann SC Klecken | OLL | 38:29 | 5:31 5:31 38:29 0:25 | 13:31 8:00 | 14:45 1:14 | 16:17 1:32 | 18:07 1:50 | 20:10 2:03 | 22:03 1:53 | 24:58 2:55 | 25:52 0:54 | 33:28 7:36 | 36:02 2:34 | 37:41 1:39 | 38:04 0:23 |
| 7 Mario Rex Berliner TSC | OLL | 56:31 | 6:29 6:29 56:31 0:39 | 14:32 8:03 | 19:15 4:43 | 22:22 3:07 | 25:20 2:58 | 28:10 2:50 | 32:24 4:14 | 38:13 5:49 | 42:35 4:22 | 49:31 6:56 | 53:16 3:45 | 55:25 2:09 | 55:52 0:27 |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | |
|---------------------|---------------------------------------|-----|-------------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|-------|
| Bahn 17 (31) | | | 1,5 km 10 Hm 10 Posten | | | | | | | | | | | |
| | | | | 1(112) | 2(111) | 3(110) | 4(109) | 5(114) | 6(106) | 7(105) | 8(104) | 9(103) | 10(100) | Ziel |
| 1 | Florian Weinert Post SV Dresden | H10 | 12:29 | 2:05 | 3:04 | 3:43 | 5:20 | 6:15 | 7:32 | 8:18 | 10:24 | 11:50 | 12:07 | 12:29 |
| | | | | 2:05 | 0:59 | 0:39 | 1:37 | 0:55 | 1:17 | 0:46 | 2:06 | 1:26 | 0:17 | 0:22 |
| 2 | Jonas Knaup Braunschweiger MTV | H10 | 14:25 | 1:37 | 2:32 | 3:20 | 4:12 | 5:35 | 8:59 | 10:00 | 12:02 | 13:31 | 13:53 | 14:25 |
| | | | | 1:37 | 0:55 | 0:48 | 0:52 | 1:23 | 3:24 | 1:01 | 2:02 | 1:29 | 0:22 | 0:32 |
| 3 | Louisa Kollenbach Ski-Club Helsa | D10 | 14:28 | 1:44 | 2:59 | 3:45 | 4:49 | 6:10 | 8:26 | 9:21 | 12:12 | 13:44 | 14:06 | 14:28 |
| | | | | 1:44 | 1:15 | 0:46 | 1:04 | 1:21 | 2:16 | 0:55 | 2:51 | 1:32 | 0:22 | 0:22 |
| 4 | Janne Tevini TUS Karlsruhe-Rüppurr | H10 | 15:25 | 2:04 | 3:23 | 4:56 | 6:02 | 7:24 | 9:30 | 10:41 | 13:09 | 14:37 | 14:58 | 15:25 |
| | | | | 2:04 | 1:19 | 1:33 | 1:06 | 1:22 | 2:06 | 1:11 | 2:28 | 1:28 | 0:21 | 0:27 |
| 5 | Mika Pikutzki TuS Lübbecke | H10 | 15:52 | 3:27 | 4:25 | 5:18 | 6:24 | 7:44 | 9:40 | 10:53 | 13:22 | 15:06 | 15:28 | 15:52 |
| | | | | 3:27 | 0:58 | 0:53 | 1:06 | 1:20 | 1:56 | 1:13 | 2:29 | 1:44 | 0:22 | 0:24 |
| 6 | Paul Neumann TG 1879 Traisa | H10 | 16:28 | 5:21 | 6:00 | 6:44 | 8:09 | 9:37 | 10:48 | 11:51 | 14:03 | 15:46 | 16:06 | 16:28 |
| | | | | 5:21 | 0:39 | 0:44 | 1:25 | 1:28 | 1:11 | 1:03 | 2:12 | 1:43 | 0:20 | 0:22 |
| 7 | Anne Kästner TV Oberbexbach 1894 | D10 | 16:46 | 1:56 | 3:57 | 5:11 | 6:17 | 7:53 | 10:03 | 10:55 | 14:04 | 15:49 | 16:23 | 16:46 |
| | | | | 1:56 | 2:01 | 1:14 | 1:06 | 1:36 | 2:10 | 0:52 | 3:09 | 1:45 | 0:34 | 0:23 |
| 8 | Kai Breckle TUS Karlsruhe-Rüppurr | H10 | 16:53 | 1:38 | 2:57 | 5:23 | 6:39 | 7:53 | 9:30 | 11:05 | 14:04 | 15:54 | 16:30 | 16:53 |
| | | | | 1:38 | 1:19 | 2:26 | 1:16 | 1:14 | 1:37 | 1:35 | 2:59 | 1:50 | 0:36 | 0:23 |
| 9 | Maxim Kögler OSC Kassel | H10 | 17:23 | 3:38 | 4:51 | 5:48 | 6:47 | 9:31 | 11:32 | 12:40 | 15:06 | 16:40 | 17:00 | 17:23 |
| | | | | 3:38 | 1:13 | 0:57 | 0:59 | 2:44 | 2:01 | 1:08 | 2:26 | 1:34 | 0:20 | 0:23 |
| 10 | Eline Kärger OK Leipzig | D10 | 18:09 | 3:37 | 4:55 | 5:53 | 6:53 | 8:42 | 10:39 | 11:45 | 14:49 | 17:11 | 17:44 | 18:09 |
| | | | | 3:37 | 1:18 | 0:58 | 1:00 | 1:49 | 1:57 | 1:06 | 3:04 | 2:22 | 0:33 | 0:25 |
| 11 | Johan Gertenbach Ski-Club Helsa | H10 | 18:35 | 1:56 | 3:12 | 4:37 | 5:36 | 7:50 | 9:55 | 11:54 | 15:37 | 17:24 | 18:07 | 18:35 |
| | | | | 1:56 | 1:16 | 1:25 | 0:59 | 2:14 | 2:05 | 1:59 | 3:43 | 1:47 | 0:43 | 0:28 |
| 12 | Timon Funk OK Leipzig | H10 | 18:53 | 3:39 | 5:03 | 7:28 | 8:33 | 9:47 | 11:25 | 13:08 | 16:07 | 17:42 | 18:31 | 18:53 |
| | | | | 3:39 | 1:24 | 2:25 | 1:05 | 1:14 | 1:38 | 1:43 | 2:59 | 1:35 | 0:49 | 0:22 |
| 13 | Felix Rathje TGM Budenheim | H10 | 20:57 | 2:51 | 4:56 | 6:33 | 7:36 | 10:25 | 12:30 | 14:35 | 18:09 | 20:13 | 20:31 | 20:57 |
| | | | | 2:51 | 2:05 | 1:37 | 1:03 | 2:49 | 2:05 | 2:05 | 3:34 | 2:04 | 0:18 | 0:26 |
| 14 | Anna Holfeld USV TU Dresden | D10 | 21:12 | 2:37 | 4:35 | 5:48 | 7:01 | 10:08 | 12:44 | 14:13 | 18:19 | 20:20 | 20:46 | 21:12 |
| | | | | 2:37 | 1:58 | 1:13 | 1:13 | 3:07 | 2:36 | 1:29 | 4:06 | 2:01 | 0:26 | 0:26 |
| 15 | Julia Fritz OL-Team Filder | D10 | 21:49 | 1:40 | 2:42 | 4:13 | 5:15 | 7:01 | 10:15 | 11:25 | 19:23 | 20:59 | 21:22 | 21:49 |
| | | | | 1:40 | 1:02 | 1:31 | 1:02 | 1:46 | 3:14 | 1:10 | 7:58 | 1:36 | 0:23 | 0:27 |

1:00
*144

| Pl. | Name | Kat | Zeit | | | | | | | | | | | |
|---------------------|-----------------------|--|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|-------|
| Bahn 17 (31) | | 1,5 km 10 Hm 10 Posten (Forts.) | | | | | | | | | | | | |
| | | | | 1(112) | 2(111) | 3(110) | 4(109) | 5(114) | 6(106) | 7(105) | 8(104) | 9(103) | 10(100) | Ziel |
| 16 | Jana Gebhardt | D10 | 22:08 | 7:55 | 8:58 | 9:54 | 10:56 | 12:47 | 14:43 | 15:47 | 18:53 | 21:15 | 21:44 | 22:08 |
| | OSC Kassel | | | 7:55 | 1:03 | 0:56 | 1:02 | 1:51 | 1:56 | 1:04 | 3:06 | 2:22 | 0:29 | 0:24 |
| 17 | Jule Wersin | D10 | 22:41 | 1:57 | 3:20 | 4:20 | 5:06 | 7:04 | 16:13 | 17:25 | 20:17 | 21:58 | 22:15 | 22:41 |
| | TGM Budenheim | | | 1:57 | 1:23 | 1:00 | 0:46 | 1:58 | 9:09 | 1:12 | 2:52 | 1:41 | 0:17 | 0:26 |
| 18 | Merle Niemann | D10 | 23:39 | 4:39 | 7:06 | 8:06 | 9:13 | 12:13 | 15:24 | 16:47 | 20:44 | 22:40 | 23:12 | 23:39 |
| | OLV Steinberg | | | 4:39 | 2:27 | 1:00 | 1:07 | 3:00 | 3:11 | 1:23 | 3:57 | 1:56 | 0:32 | 0:27 |
| 19 | Nils Gerhard | H10 | 24:06 | 2:29 | 4:15 | 5:28 | 6:54 | 9:52 | 12:42 | 15:05 | 20:15 | 23:14 | 23:43 | 24:06 |
| | TGM Budenheim | | | 2:29 | 1:46 | 1:13 | 1:26 | 2:58 | 2:50 | 2:23 | 5:10 | 2:59 | 0:29 | 0:23 |
| 20 | Hannah Pringnitz | D10 | 24:30 | 1:50 | 3:36 | 5:02 | 6:27 | 9:20 | 12:17 | 15:44 | 20:56 | 22:57 | 24:00 | 24:30 |
| | OSC Kassel | | | 1:50 | 1:46 | 1:26 | 1:25 | 2:53 | 2:57 | 3:27 | 5:12 | 2:01 | 1:03 | 0:30 |
| 21 | Helen Pringnitz | D10 | 24:38 | 2:42 | 3:43 | 4:40 | 7:05 | 8:50 | 18:20 | 19:24 | 22:14 | 23:56 | 24:15 | 24:38 |
| | OSC Kassel | | | 2:42 | 1:01 | 0:57 | 2:25 | 1:45 | 9:30 | 1:04 | 2:50 | 1:42 | 0:19 | 0:23 |
| 22 | Anja Breckle | D10 | 25:11 | 2:11 | 3:36 | 4:52 | 6:15 | 11:29 | 14:12 | 16:02 | 22:25 | 24:18 | 24:43 | 25:11 |
| | TUS Karlsruhe-Rüppurr | | | 2:11 | 1:25 | 1:16 | 1:23 | 5:14 | 2:43 | 1:50 | 6:23 | 1:53 | 0:25 | 0:28 |
| 23 | Marie Niemann | D10 | 25:53 | 7:22 | 8:48 | 10:05 | 11:11 | 15:14 | 17:46 | 19:46 | 22:48 | 24:44 | 25:16 | 25:53 |
| | OLV Steinberg | | | 7:22 | 1:26 | 1:17 | 1:06 | 4:03 | 2:32 | 2:00 | 3:02 | 1:56 | 0:32 | 0:37 |
| 24 | Robin Glanz | H10 | 26:01 | 2:37 | 4:10 | 5:26 | 6:46 | 9:18 | 12:57 | 16:00 | 22:08 | 24:39 | 25:35 | 26:01 |
| | OLV Steinberg | | | 2:37 | 1:33 | 1:16 | 1:20 | 2:32 | 3:39 | 3:03 | 6:08 | 2:31 | 0:56 | 0:26 |
| 25 | Marlene Fritz | D10 | 28:38 | 1:38 | 2:59 | 4:09 | 5:15 | 12:07 | 14:26 | 15:44 | 25:51 | 27:46 | 28:12 | 28:38 |
| | OL-Team Filder | | | 1:38 | 1:21 | 1:10 | 1:06 | 6:52 | 2:19 | 1:18 | 10:07 | 1:55 | 0:26 | 0:26 |
| 26 | Finnja Rupsch | D10 | 28:39 | 7:56 | 8:47 | 9:50 | 11:08 | 12:54 | 22:21 | 23:19 | 26:15 | 27:57 | 28:14 | 28:39 |
| | USG Chemnitz | | | 7:56 | 0:51 | 1:03 | 1:18 | 1:46 | 9:27 | 0:58 | 2:56 | 1:42 | 0:17 | 0:25 |
| 27 | Niklas Wetzel | H10 | 28:41 | 11:04 | 13:05 | 15:10 | 16:09 | 18:20 | 20:27 | 22:44 | 26:00 | 27:52 | 28:15 | 28:41 |
| | SV Robotron Dresden | | | 11:04 | 2:01 | 2:05 | 0:59 | 2:11 | 2:07 | 2:17 | 3:16 | 1:52 | 0:23 | 0:26 |
| 28 | Jakob Löhning | H10 | 28:53 | 4:07 | 5:55 | 7:04 | 8:52 | 13:58 | 19:03 | 22:27 | 25:58 | 28:10 | 28:30 | 28:53 |
| | USV TU Dresden | | | 4:07 | 1:48 | 1:09 | 1:48 | 5:06 | 5:05 | 3:24 | 3:31 | 2:12 | 0:20 | 0:23 |
| 29 | Arianna Lang | D10 | 30:44 | 9:54 | 10:57 | 11:59 | 13:03 | 15:09 | 24:19 | 25:26 | 28:12 | 30:00 | 30:18 | 30:44 |
| | OSC Kassel | | | 9:54 | 1:03 | 1:02 | 1:04 | 2:06 | 9:10 | 1:07 | 2:46 | 1:48 | 0:18 | 0:26 |

| Pl. | Name | Kat | Zeit | | | | | | | | | | | |
|---------------------|----------------------------------|-----|-------|---------------|--------------|------------------|----------|--------|--------|--------|--------|--------|---------|-------|
| Bahn 17 (31) | | | | 1,5 km | 10 Hm | 10 Posten | (Forts.) | | | | | | | |
| | | | | 1(112) | 2(111) | 3(110) | 4(109) | 5(114) | 6(106) | 7(105) | 8(104) | 9(103) | 10(100) | Ziel |
| 30 | Tim Weinert Post SV Dresden | H10 | 31:01 | 6:09 | 7:56 | 9:05 | 10:57 | 16:04 | 21:01 | 24:30 | 28:00 | 30:15 | 30:33 | 31:01 |
| | | | | 6:09 | 1:47 | 1:09 | 1:52 | 5:07 | 4:57 | 3:29 | 3:30 | 2:15 | 0:18 | 0:28 |
| AK | Florian Nödler Ski-Club Helsa | H10 | 13:43 | 1:57 | 3:04 | 4:57 | 5:54 | 7:04 | 8:29 | 9:23 | 11:25 | 12:49 | 13:18 | 13:43 |
| | | | | 1:57 | 1:07 | 1:53 | 0:57 | 1:10 | 1:25 | 0:54 | 2:02 | 1:24 | 0:29 | 0:25 |